THE AREA MAGAZINE FOR LEWDOWN, CHILLATON, CORYTON, STOWFORD, MARYSTOWE, THRUSHELTON, LEWTRENCHARD

August 2023 The magazine for all that's going on in your area



ARTISTS OF THE TAMAR VALLEY















REG. CHARITY NO. 1071808 FUNDED BY THE ADVERTISERS, SPONSORS, MEMBERSHIPS AND AREA CHURCHES

EMERGENCY NUMBERS FIRE, POLICE, AMBULANCE 999

For all other information and contact with Police stations call 101

Your local police contact for Lewdown. Chillaton. Stowford Lifton area is -

PCSO SEONIAD GREENWOOD Please contact via 101 For Neighbourhood & Farm Watches and crime prevention advice

For HORSE WATCH Gina. 01837 840716

Floodline

0345 988 1188

Parish Clerks

Lewdown Grouped Peter van Delft 01566 783023 lewdowngpc.clerk@gmail.com <u>www.lewdowngroupedpc.org.uk</u> Milton Abbot Grouped Jane Savage clerk.magpc@outlook.com <u>www.magpc.co.uk</u> Stowford Peter van Delft 01566 783023 stowfordclerk@gmail.com

stowfordclerk@gmail.com www.stowfordparishcouncil.org.uk

West Devon M.P.

Geoffrey Cox M.P.	01822 612925
County Councillor	
Lois Samuel	01837 851240
Borough Councillors	5
Milton Ford Ward	
Mr Neil Jory	01822 860342
Bridestowe Ward	
Terry Southcott	01566 783079
Caroline Mott	01837 861212
Tamarside Ward	
Chris Edmonds	01566 784794
SCHOOLS	
Lewtrenchard	01566 783273
Lifton	01566 784288
Milton Abbott	01822 870273
COLLEGES	

COLLEGES	
Tavistock	01822 614231
Page 2	

 Okehampton
 01837 650910

 Launceston
 01566 772468 / 773918

RING AND RIDE SCHEME

Okehampton Area	01837 55000
Tavistock Area	01822 618028

COMMUNITY GROUPS

Cricket Club 07847111330 Chillaton Football Club 01822 860476 Lamerton Pony Club 01822 860350 Lewdown Past 01566 783396 Lewdown Residents Assn 01566 783320 Lewtrenchard W.I. 01566 783779 Lifton Benefice Churches The Revd. Philip Conway 01566 784462 liftonpriest@yahoo.com 01566 784788 or 111 Lifton Surgery Red Spider Company 01566 783505 Recreation Field 01566 783367 Stowford Hall 01566 783223 Victory Hall 01566 783267 Youth Cricket 07847111330 Young Farmers 07443 461344

ADVICE HELPLINES

Citizen's Advice Bureau 08444 111444 West Devon Women's Aid 0183755228 Age Concern 01752 665424 Health Info Line 0800 665544 Homelessness Trust 01822 615259 Parentline 0800 8002222 Relate 01392 275681 Samaritans 08457 909090 Tavistock Area Support Services (TASS) (Age UK is at TASS) 01822 616958 Transport to Health 01822 617525 Victim Support 01822 820455 Youthwize Okehampton 01837 54004 **SHOP & POST OFFICE** Copper's Post Office & Stores Lewdown 01566 783218

Newslink Archive

Archive copies of the Newslink are available for viewing/download from:-

http://www.rawrationsplus.co.uk/ Iraarchive.html

The Community NewsLink

A MONTHLY MAGAZINE PROVIDING NEWS, INFORMATION AND ITEMS OF INTEREST FOR THE AREAS OF LEWDOWN, CHILLATON, CORYTON, STOWFORD AND MARYSTOWWE, THRUSHELTON, LEWTRENCHARD

Established January 1999 Issue No. 270 August 2023

Editor

Andrew McCarthy 3 Reddicliffe Mews, Lewdown, Devon. EX20 4BQ Telephone 01566 783093 E-Mail mccarthy.andy@gmail.com

Production, Distribution and Delivery Helpers.

Tim and Sarah Nash, Ruth Dawe, Audrey Jones, Tom Andrews, Mike Bickell Rita Squires, Terry Southcott, Simon and Monique Hedger, Bob Holland Julie Chick, Coppers Stores, Keith Abayomi-Turner and Kathy Lawrence

All news, photographs, reports, events etc. for the Newslink need to be handed in to the Editor by 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us, as some things will not reproduce in a good enough quality.

LEWDOWN RESIDENTS ASSOCIATION

Advertising in the Newslink is free for Charity events in our local areas.

Adverts for events outside of the area, and for businesses are priced as follows:-

	Black and White	Colour
1/4 page	£4/month or £40 per year	£6/month or £60 per year
1/2 page	£8/month or £80 per year	$\pounds 12$ /month or $\pounds 120$ per year
Whole page	£12/month or £120 per year	£16/month or £160 per year

Volunteers required for the L.R.A. Committee

Would you like to get involved in helping to run the Newslink magazine and helping publicise and fund local events? We are looking for new members to come forward to join the LRA Committee.

We usually have two meetings a year, and If you are interested in helping to run this valuable local resource in the community please contact our Chairman—Tim Nash on 01566 783320 or email the Editor of the Newslink at mccarthy.andy@gmail.com

Front Cover Picture- Drawn to the Valley—Open Studios 2023. From the 26th of August to the 3rd of September come and visit our wonderful artists in their studios throughout the Tamar Valley area. For more info see page 29 Page 3

Soupa Troopers

All welcome to this community event



2023

Wednesday August 9th Wednesday September 13th

Wednesday October 11th

From 12.30pm in Lewdown Victory Hall Soup and a Bread Roll, Tea or Coffee - £3



Followed by conversation & games



Patient to Doctor, i keep seeing an insect spinning in front of my eyes. Doctor, oh yes, there's a nasty bug going round at the moment.

Good evening and welcome to this pile of tripe for another month. I can distinctly remember eating tripe when i was growing up, as supplied to us by Mr Norman Woods. For those of you too young, or newish to the area, he used to have a butchers shop on the site of the new building opposite the war memorial, and before that it was a inn and staging post, to change horses for the stage coaches to London, and the was a jail there as well to hold felons on the way to trial in Exeter assizes.

Warning! all, some or none of this information, may or may not be correct, but my lonely brain cell has had enough for one night, it's telling me there is a urgent need for food, and who am i to argue.

How's the Sunflowers doing, there are classes in the produce show for those, and many other flowers and vegetables and handicraft. Schedules are available from the shop and other places.

Will close now as we have pancakes for tea, yes i do know it's a bit late for pancake day, but we are just rebels in our household.

Best wishes from Tim Nash.

P.S Patient. Since you fitted these new false teeth, can't pronounce my f's and th's properly.

Dentist. Well you can't say fairer than that then.

I know a man who taught his dog to play the trumpet on the London underground.

He went from Barking to tooting in less than a hour.



An Daras Trust Lew Trenchard Primary School



Baby / Toddler Session

Monday morning 9.30am to 10.30am. Justine welcomes you to come and join her at Lew Trenchard Primary School for lots of fun activities (some messy) and plenty of singing. A great opportunity to meet other parents / carers. £2.00 per session – please bring your own snack (we are unable to provide drinks for parents). We will be adhering to all current covid policies and procedures to keep you and

vour little one safe.

Monday to Friday 8.45am to 3.15pm 2-5 year olds Led by Lisa McMorrow Early Years Teacher Please phone for availability. Early Years Foundation Unit with plenty of safe outdoor space. We accept 2gether funding for 2 year olds and Early Years Education funding for 3 year olds.

NEW – Wrap around care

Available for 2-11 year olds £2 per hour (1/2 hour bookings available) 8am to 9am breakfast club. 3.30pm to 6pm after school care including snacks.

For more information contact the school office on 01566 783273.

www.lewtrenchard.devon.sch.uk Email lewtrenchard@andaras.org





Page 7



Medical Aesthetics Clinic Dr Sarah Michaels MBBS, BA (Hons), MRCGP

Discreet Clinic in Lifton Close to Launceston Free Parking



SEASONED HARD WOOD,

SPLIT TO YOUR REQUIREMENTS.

> DELIVERED LOCALLY

01566 783001

sarah@tamarcosmeticsdoctor.co.uk 07830888557 www.tamarcosmeticsdoctor.co.uk Find me on Facebook, WhatsApp and Instagram



Torridge, North, Mid & West Devo

Scams are all too prevalent and come in all shapes and sizes.

Mid & West Devon Unfortunately, scammers are always finding more sophisticated ways to trick shoppers including having some very legitimate looking

websites.

The Citizens Advice website has lots of information about scams, how to spot them and how to get your money back. Search - Citizens Advice (https://www.citizensadvice.org.uk/resources-and-tools/Search/?c=HOME&q=scams) People can also need emotional support when they have been scammed and there is information here about this too.

As you have parted with your money, your first step is to contact your bank and let them know. According to how you paid there are steps to be taken to get your money back. If you paid by debit card, your card provider can contact the seller's bank and ask for the money to be refunded. (The Chargeback Scheme). If you paid by credit card and the item cost more than £100 but less than £30,000 you might be able to claim under the Consumer Credit Act Section 75.

Scams should be reported to Action Fraud and Trading Standards can investigate a seller who refuses to deliver an item.

Citizens Advice has a consumer helpline (0808 223 1133) or people can ring their FREE, local AdviceLine on 0808 27 87 999 or log onto our website www.ruraldevoncab.org.uk and click on 'Get Advice'.

K. Moore & Son. PLANT HIRE

Specialising in all sitework, drives, sand schools, septic tanks hedging and all types of farmwork.

> Royal Oak, Newton Down, Lifton Tel:- 01566 784722 07785 540494



For all your Renovation, Conversion and Landscaping Needs! We don't just sell granite.....

* Slate: Flooring, Worktops, Sills, Hearths & Tables.
*Granite Quoins, Cobbles, Lintels, Steps, Gateposts & Troughs.
*Oak Beams, Oak Sleepers, Barrels & Boards (ideal for shelving)
*Natural Stone Paving & Cobbles. * Porcelain Paving & Flooring.
* Rustic Oak & Tables *Slate Cheese Boards & Placemats.









Tel. 01566 784289 Lifton Devon. www.markstonegranite.co.uk

Lewdown Grouped Parish Council Coryton, Lewtrenchard, Marystow and Thrushelton

Minute No 763 of Monday 26th June 2023

A site meeting was held at the Lewdown Recreation Ground commencing 7pm.

Discussion took place for the location of play equipment within the recreation ground, the area required and the current proposed positioning of the main play equipment pieces.

Meeting opened 7.30pm

Present: Cllrs Andrews, Southcott, Alexander, Metherell, Perkins, Wilkinson, Yeo

- 1. The chairs welcomed all those present
- 2. Apologies for absence Cllr McSmythurs
- 3. Members of the public open forum no one present
- 4. Declarations of Interest none
- 5. Minutes of previous meetings 761 and 762 being a true reflection of those meetings were approved and signed by the chair. Proposed by Cllr Southcott, seconded Cllr Yeo, all in favour
- Planning Application 1621/23/FUL Replacement slurry store, Wooda Farm, Lewdown, EX20 4PL, application withdrawn by applicant. Planning – Application 1948/23/HHO – Householder application for extension to dwelling. Manor House, Coryton, EX20 4PG. Council decision – Support, proposed by Cllr Alexander, seconded by Cllr Wilkinson, all in favour
- 7. Cllr Mott (WDBC) reported that business would commence once committees were set up in the new council this would take place during the current week.
- Finance Payments were authorised for outstanding invoices Dean Elliott – Grass cutting £110.00, Cllr Wilkinson – Repairs to noticeboard £21.98. Proposed by Cllr Yeo, seconded by Cllr Metherell, all in favour.
- New Councillors vacant seats at Coryton, Marystow and Lewtrenchard – Cllr Souhcott reported that he submitted an advertisement in the Newslink, no interest has been expressed yet.
- 10. Play area update Cllr Perkins provided 2 quotes for consideration, it was resolved that both quotations should be reviewed by the council and sub-committee members at the next meeting allowing time for

Page 10

councillors to assess and compare each one. Discussion took place on how best to assign the play area to a lease, Cllr Yeo suggested the play area could be sub-let from the Recreation Ground Committee, Cllr Southcott suggested that the sub-committee should look at the options available and report back at the next meeting. Cllr Perkins suggested that if the council did approve the recommendations, then a draft planning application can be presented to WDBC. Cllr Alexander suggested that Lewtrenchard School could be consulted to seek any recommendations for the type of play equipment best suited for local community.

- 11. Lewtrenchard Primary school re-wilding project Held over to the next meeting
- 12. Lewtrenchard Primary school Mini bus funding support Held over to the next meeting.
- 13. Village traffic speed reduction update Cllr Southcott reported that D.H. would be installing the poles for the VAS shortly. The speedwatch team have reported a continuation of many speeding offenders.
- 14. Cllr Reports Cllr Southcott reported that a volunteer group had been set up to clear an overgrown stretch of pathway from the village to the school. Cllr Alexander suggested a site visit of the village sewage works with South West Water, the purpose is to evaluate if the existing facilities meet the current and future requirements of the village. Cllr Wilkinson reported that the exit/entrance to Lewtrenchard Hotel no-longer has demarcation lines on the highway, the original lines were removed when resurfacing work to place.
- 15. Refunding of expenses incurred by volunteers for maintenance of kerb -side highway. Volunteers were not requesting a refund of expenditure on this occasion.

Meeting closed 9.03

Date, place and time of next meeting 31st July, at Lewdown Victory Hall, 7.30pm

Peter van Delft

Lewdown Grouped Parish Clerk Parish Councillors

Tom Andrews (chair): Terry Southcott (vice chair) Richard Alexander: Andrew McSmythurs: George Metherell: Nicola Perkins: Brian Wilkinson: Graham Yeo:

Parish Clerk: Peter van Delft Telephone: 01566 783023 Email: lewdowngpc.clerk@gmail.com. Portgate Chapel, Lewdown, Okehampton, EX20 4PZ <u>www.lewdowngroupedparishcouncil.org.uk</u>

Lewtrenchard WI July Report

We met on July 10 at Lewdown Victory Hall. Margaret greeted 15 Members and extended a warm welcome to our newest member, Jean Harris. We sang another beautiful rendition of Jerusalem.

It was 9pm by the time we had ploughed through our agenda. Audrey then entertained us with two very witty insights: recycling 'The Green Thing' touching the young & the old then a bit of 'Cornish Advice' on how to shop for a wedding hat. Together with a cup of tea and a biscuit, it was a very nice end to a good meeting.



Competition winners: Interesting item beginning with 'E'

1 st	Marion	Egg
2 nd	Julie	Engagement ring
3 rd	Margaret D	Elephant

Flower of the month winner: Audrey



Spring Council Torquay: Margaret D & Jean went along with two ladies from Lifton WI. Margaret presented an excellent report. Overall it was a good meeting with great speakers but nowhere near as many attendees as in past years.

Date and venue for next meeting: <u>Tuesday</u> August 15 Cream Tea at Lewdown Victory Hall, doors open 3pm, £5 with speaker & raffle.

August dates for your diary:

- 10 Walk
- 10 Okehampton Show
- 15 Cream Tea Lewdown Victory Hall, 3pm, £5 with speaker & raffle
- 17 Coffee morning at Roadford Lake

Don't feel left out, Mary E is always on hand to organise a lift. Page 12

Lewdown



Located in the roadside porch of the Blue Lion (EX20 **4DL**)

Please note it is not recognised by 999 calls if more than 200 meters away from it. When ringing 999 they will access code to open box.

Chillaton

Located in the Village Square on the wall of No. 1 Barn Cottages (PL16 0HS) The 999 operator will be able to give directions for its use.

Stowford Parish Hall Hire Charges

£3 per hour (Special rates for users of over 30 weeks per year £2 per hour)

Parties, Wedding, Funerals £20

General and Euro Elections £120

Tables £2 each (plus £20 Deposit) Any number of Chairs 25p each Contact Julie Chick on 01566 783223 for bookings and enquiries

Roger's Painting & Decorating Services

Interior & Exterior Work **Traditional & Modern Techniques** City & Guilds Qualified 30 years Experience



Mobile: 07783 819171

<u>Septic Tanks</u>

<u>Emptied</u>

Phone: 01805 601203 Mobile: 07831 241531

Leave a message, we will return your call, or email: hearnhaulageltd@outlook.com

> **Small Lorry** Available

Card payment accepted

Hearn Haulage Ltd



Lifton Cottage Garden Society and WI 40th ANNIVERSARY VILLAGE SHOW

Saturday 5th August

Pick up your copy of the Show Schedule with the classes and entry form from

S.T. Lanes, Lifton Stores or Arundell Delicatessen.

Encourage your family and friends to join in the fun. Help us make this 40th Anniversary Show the biggest and best in our history!

There is no limit to how many classes you enter but each person may only enter one item per class. Everyone is welcome to take part and to attend.

Entries for the classes should be brought to the Community Centre between 9.00am and 11.00am

Judging will take place between 11.30am and 1.00pm

Doors to the show will open at 2.30pm. Come and see what everyone in the village has entered.



Raffle with prizes donated by local businesses.



Refreshments available.

Cups and Awards for the Village Show and Winner of the Scarecrow Trail will be presented at 4.00pm



Revd Sabine Baring-Gould Centenary 1924-2024



100 years ago next year the Revd Sabine Baring-Gould the Squareson of Lewtrenchard died after a career that would have been difficult for 4 people to perform.

He started as a teacher and progressed to writing about archeology on areas like Dartmoor, Saints local and far flung, religious papers, hymns, carols and numerous gothic novels and legends (over

1000 publications) and is perhaps best known for collecting and publishing local folk songs such as Widecombe Fair. For the last 40years of his life he was the "Squareson" our parson and squire of Lewtrenchard. As such the church of Lewtrenchard, the Manor House which is now the Lewtrenchard Manor hotel and the village of Lewdown bare his mark. The Blue Lion public house is named after his coat of arms. The recreation field is on Baring-Gould land and the village hall and school were built on land from the estate.

Many local families will have interesting anecdotes of Sabine and many local groups may wish to help commemorate the year with events. If so the "Sabine Baring-Gould Centenary Committee" would like to hear from you, so that we can help publicise events and reduce the risk of competing for dates. A website is in preparation plus events are already marked in our diary for January, April and October. Contact - ffgLewtrenchard@aol.com

https://www.sbgcentenary.co.uk/

Holiday Let Housekeeper Required – Lewtrenchard Estate

The Estate is seeking a local person to act as Housekeeper/ Caretaker for Lew Quarry Cottage, a 2 bed holiday let. Tasks will include meeting and greeting guests, cleaning and general management of the property with changeovers on Fridays. The position is available from September onwards.

If this is of interest please contact George Greaves on 07826889601.

Stowford Parish Council



Stowford Parish Council are looking for new councillors, if you are looking for an interesting and rewarding experience and would like to put something back into your local community then please contact the clerk to learn more.

We look forward to hearing from you.

Contact: Parish Clerk, Telephone: 01566 783023, Email: stowfordclerk@gmail.com

	LEWDOWN 2 JULY DR	00 CLUB	
$ \stackrel{\diamond}{\scriptstyle \leftrightarrow} \pounds 15 \\ \stackrel{\diamond}{\scriptstyle \leftrightarrow} \pounds 5 \\ \stackrel{\diamond}{\scriptstyle \leftrightarrow} \pounds 5 \\ \stackrel{\diamond}{\scriptstyle \leftrightarrow} \pounds 5 $	Debbie Martin Alwyn Spry Kim Brook	No. 10 No. 37 No. 115	*****



The AGM at the Victory Hall, Lewdown on the 19 June went well with an interesting talk by local artist Katy Stoneman.

We are planning to have a **barbecue at the Forgotten Garden 2 - 4pm on Sat 19 August**. Barbecues are very weather dependent so check for updates on our website - https://www.forgottengarden.co.uk/category/news/

The Ark AT BRIDESTOWE METHODIST CHURCH



Is open for teas and coffee and a chat on Tuesdays From 10am to 12 noon And 2.00pm to 4.00pm Thursdays From 10.00am to 12 noon And 2.30pm to 4.30pm. Do come and join us, you will be made most welcome. You will find us on **Launceston** Road, Bridestowe.

Girl Friday – here to help you...

Do you struggle with home administration? Want to understand spreadsheets? Need a helping hand with letter writing, complaints, emails, proof reading, editing or copy typing? Do you quiver at the mere suggestion of organising something?

Traditionally trained, organised and efficient secretary. Contact Cathy on 07739 701555 or email catherinejdennis@icloud.com Confidentiality assured. DBS checked.



St. Peter's Church, Lewtrenchard.

Monday 28th August From 2.30 to 4.30 Warmly invite you all to a Delicious Cream Tea



*****FREE ADMISSION***** Donations Welcome

All proceeds to the church fabric fund



CHURCH NEWSLETTER

Ministers

United Benefice of Lifton, Broadwood, Stowford, Lewtrenchard with Thrushelton & Kelly with Bradstone

The Revd. Philip Conway, 01566 784462 liftonpriest@yahoo.com The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice **The Revd. Andy Atkins, 01822 870298 andya4jc@gmail.com** The Vicenage The Parade Milton Abbot PL 19 0NZ

Ouakers

Churchwardens

Churchwaruchs	The Vicarage. The	Parade, Milton Abbo	DT PLI9 UNZ
Lifton-St Mary's	8-,	, _,	
Mrs E Brown	01566 784386	Miss N Brimblecomb	e
Broadwood- St Nicholas			
Mr D Perkin	01566 776758		
Kelly with Bradstone-St Ma	ry's		
Mr W Kelly	01822 870393		
Marystowe—St Mary the Virgin			
Mrs B Dawe	01566 784797		
Coryton—St Andrews			
Mr G. Vicat	01822 820254	Mr R. Searight	01822 860148
Stowford—St John the Bapt	ist	-	
Mr C Chick	01566 783223		
Lewtrenchard—St Peters			
Mrs A Westlake	01566 783909	Mrs R. Dawe	01566 783127
Thrushelton—St George			
Mr A J Nash	01566 783274	Mr T Nash	01566 783320

Roman Catholic Services

TavistockSunday 9.15 am Holy Days 10amFr. Greatbatch 01822 612645(P. Sparling 01822 860355)	Meeting for Worship <u>Tavistock</u> every Sunday 10.00am. 4 Canal Road, Tavistock. Contact – Kay Nicholson
OkehamptonSaturday 6pm Sunday 11amFr M. Darline Joseph 01837 52229LauncestonSunday 10.30 am Holy Days 7.30pmCanon John Deeny 01566 773166	01822 614596 <u>Okehampton</u> Every Sunday 10.30am. Children's Meeting 2nd Sunday Community Centre, Okehampton Community College, Mill Road, Okehampton. Contact - Eleanor Flack 01837 53475

St. Mary the Virgin, Marystowe

Please see the church website <u>www.southtamar.church</u> for details about services. Services are also available online from 6pm on Sundays.

North Tamar Mission Community Service times for August 2023

At going to Print, the following services are arranged in the Mission Community

Sundays and Festivals

6th August The Feast of the Transfiguration of our Lord Lammastide **Eucharist at Stowford** 8am: 9.30am **Parish Eucharist at Lifton** 11.15am Lammas Sunday Festival Eucharist at Kelly with Origin Voices Festal Choral Evensong at Thrushelton with Origin 4pm. Voices 13th August The Tenth Sunday after Trinity 9.30am Parish Eucharist at Broadwoodwidger **Morning Prayer at Thrushelton** 11.15am Parish Eucharist at Lewtrenchard **Evening Prayer with Holy Baptism at Lifton** 4pm 20th August The Eleventh Sunday after Trinity 9.30am Parish Eucharist at Lifton 11.15am Parish Eucharist with Holy Baptism at Stowford **Morning Prayer at Kelly** 27th August The Twelfth Sunday after Trinity 9.30am **Parish Eucharist at Thrushelton Morning Prayer at LIfton** 11.15am Parish Eucharist at Lewtrenchard Flower Festival Service 6.30pm

3rd September *The Thirteenth Sunday after Trinity*

8am:	Eucharist at Stowford
9.30am	Parish Eucharist at Lifton
11.15am	Parish Eucharist at Kelly

Wednesday Morning Eucharist: 10.30 at Lifton

There will be some occasions when the Wednesday Morning Service will be a service of Morning Prayer.

Page 20

From The Parish Priest

In the Autumn we will all be busy preparing for our Harvest Festival services. Nothing could be more traditional than Harvest Festival in a well decorated church with all the trimmings of favourite hymns, Harvest auctions and lots of Marrows!



Actually, Harvest Festival as we know it is a relatively recent invention. It was developed in the 19th Century and has become an essential part of our national life, particularly in rural communities.

With the advance of Harvest Festival in Autumn, so the church and society has forgotten what we used to do before. In the Old Testament there is a Harvest Festival, but not at the end when "all is safely gathered in," but right at the beginning, when the first fruits of the Harvest were offered to God. This festival is known as Lammas, and was, and in some places still is, celebrated on the first Sunday in August.

This year we are going to celebrate Lammas, with our Festival Eucharist at Kelly on Sunday 6th August. We give thanks to God for his gifts and pray for his continued generosity to us and care for those who work the land on our behalf.

We will be marking the occasion both with a special service and with a celebration lunch, and everyone is welcome.

With love and prayers,

Philip

Bridestowe Methodist Church Preachers for August

6th Drop in the Ark 10.30 to 12.30
13th Bridestowe Worship Group 11.00 am
20th Rev J Cook S US 11.00am
27th D Sutcliffe 11.00am

Milton Abbot Grouped Parish Council

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas, along with a list of the local Parish Councillors

www.magpc.co.uk

COLOUR PRINTING & COPYING

This service is available for a minimum of 10 copies at a charge of 5p per single copy or 7p per double sided copy.

FOR SALE COPIER PAPER £4.75 per ream

The Community Newslink purchases its paper in bulk and as such is able to access competitively priced materials. We can currently offer our readers copier paper for the special price of £4.75 per ream, a vast saving on High Street prices. We recommend you phone to check availability and arrange a convenient time to collect.

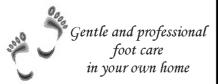
Please Contact: Terry Southcott, Fairview Bungalow, Lewdown Phone 01566 783079. or M 07831309666

All proceeds will go to The Lewdown Residents Association and The Community Newslink.



Mobile Foot Care

Sally Isaac S.A.C. Dip. FHPT/FHPP



If you suffer discomfort from

- corns
 • cracked heels
- callus
 ingrown toenails
- thickened/tough nails

or just have difficulty cutting your toenails then please ring me

I'll come to you!

Telephone Sally 07961 076 168 WELCOME TO LOBHILL FARMHOUSE BED AND BREAKFAST and HOLIDAY COTTAGE



Lobhill Farmhouse, Lewdown, EX20 4DT Tel: 01566 783542

0781 724 4687 Jane Colwill www.lobhillbedandbreakfast.co.uk



Les sort it!

Gardeners available. Hard working and honest Reliable Many skills to offer.



If interested call Les **07591761096**

PLUMBER

EST 40 Years

Lewdown & District

Tel: 01566 783562

Mobile: 07731878510



STOWFORD COMMUNITY COFFEE MORNING

Support this new venture and come and meet your neighbours for a coffee, cake and catch up!

When? 10am-12 noon on the first Tuesday of every month.

> Where? Stowford Parish Hall.

Cost? £3 per person (cash only) which includes a hot drink and cake.

Profits will be donated to a charity chosen by SCCM.

All friends and family welcome.

If you need help with transport, please contact Sarah on 07801106702 or Tracy on 07973327161



R Mears & Sons Chimney Sweeps & Stove Installation

Established over 30 years Vac Brush. Full CCTV investigations. Pots, Cowlings & Bird Protection fitted. Chimneys Lined. Solid Fuel Appliances, Rayburns, Woodburners, Stoves, etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554 Mob: 07737 533392 www.sweepdevon.com



St Mary the Virgin, Marystowe

From my study window in front of me I see the Church tower basking in sunshine with a blue sky and white fluffy clouds. However, if I look to my right the sky is almost purple with the rain in the clouds and under my desk there is a lingering odour of wet spaniel, a smell memory of October not July. This is an interesting reflection on our prayers of intercession at the start of the month of July:-

Gracious Father, once again we are praying for rain for the reservoirs, for the farmers, and for the gardeners. Yet when it does come, many of us will then pray for the sun to ripen the fruit, open the flower buds and top up our suntans. There are many more places with extreme need, where the reservoirs are empty, the farms barren and a garden an unimaginable luxury. Father as we pray, help us to balance our local pleas with a Thank You for our piece of heaven in Devon as we remember somewhere in greater need than us.

As always Marystowe Church is welcoming – welcome dog water bowls in the heat of June and welcome shelter for dog walkers in the downpours of July!

If you are panicking about rainy days with visiting family then do remember our jigsaws and books in the bell-tower, we have over 2,000 books both fact and fiction, and a fabulous selection of over 100 jigsaws. We request a minimum donation of £1 for Hardback books and jigsaws, 50p for paperbacks. For the bargain hunters out there we

have decided to have another **Three for** morning, Saturday 30th September 10am to midday.

Three paperbacks £1 Three hardbacks £2 Three Jigsaws £2



There will be coffee and cakes and also a Bring and Buy stall, we look forward to seeing you.

While you are putting the "Three for" in your diary, please also save the **25th November** as we are having a family day in Marystowe of Midsummer Madness – afternoon and evening entertainment more details to follow.

Now

It is easy to report on what has happened and what we are planning and miss being in the present when there is so much to be thankful for in our heavenly corner of Devon. The snowdrops around the Church are nearly over, but being quickly followed by the wild daffodils and the primroses. Therefore this report ends with an extract from our prayers on 5^{th} March:

"We have the contrast of the world's suffering with our beautiful Marystowe and South Tamar Mission Community. we ask for you to be with all of us that we may feel our faith deepening during our Lent journey."

Joy McSmythurs 01822 860630 Page 26



Marystowe Books, Jigsaw Puzzles and Pot Luck Readers

The Bookshop/Puzzle collection in the Bell Tower at Marystowe Church has a strong catalogue of fact and fiction with over 2,000 titles and a steady turnover of books; most weeks we have new donations and the ins and outs are running at up to 100 per month. So there is usually something fresh to browse and be tempted by....

The church at Marystowe is always open, so you can pop in for books and puzzles at anytime. We request a minimum donation of 50p for paperback books and £1 for hardback books and jigsaws.

The **PotLuck** Reads are now in their third year. It is just as it says on the label, every month a random book is picked for you, it will be a stand alone book – not midway through a series – perhaps a classic or a modern best seller. We do ask for some guidance, for example the Reverend Andy was keen to emphasise he did not want anything gory nor sloppy romance! Since 2021 we have selected and wrapped over 300 books. If you don't like a book, or have read it before, it is pot luck (!) and you can always pass it on, or back to us. Subscription is £10 per annum and we are happy to deliver books locally, we are also happy to post books but will charge the postage.

The fun is trying new authors and also the pleasure of rediscovering some old favourites.

Please contact Barbara (01566 784797) or Joy (01822 860630) if you would be interested in more information about our books and puzzles.



Some books that have been Pot Luck reads:

Gardeners

Enjoy the Winners Circle For that champion veg Collect your own FREE Proper Well Rotted The Only Local Source of Pedigree Fell Pony Plops 01566 783471 Free Bags Available! Trailers welcome!



Apples Juicing Have you got too many apples? We can crush them, press, bottle & sterilise for Juice Contact - George Bellamy Woolacott Farm, Lewdown 01566 783266

TOP SOIL

TOP QUALITY TOP SOIL FOR SALE

SEA SAND · ROAD PLANINGS VARIOUS DECORATIVE GRAVEL CHIPPINGS & BUILDING AGGREGATES

No VAT

01566 784645 or 07771 823414



Drawn to the Valley Open Studios 26th August to 3rd September

For those interested in Art,

"Drawn to the Valley" is a collection of local artists working within the extended Tamar Valley area stretching from north Cornwall to as far as the Plymouth area.

During the above mentioned period, venues will be open to visit and view art works on display and for sale.

Your nearest local artists based in West Devon Villages group will be exhibiting their work at Lydford, Coryton, Mary Tavy, Peter Tavy, Long Cross and Tavistock Hamlets.

WHY NOT FOLLOW THE TRAIL AND MAKE IT A DAY OUT

Venues will be well signposted.

Details available at Lewdown Post Office and Lifton Post Office

Details of the full wide range of Open Studios, further afield is available at

www.drawntothevalley.com

TORQUAY TAXIS Ltd

AIR AND SEA PORT TRANSFERS

luxury comfortable transport

Door to door service

All air and sea ports covered

Reliable service

Competitive prices

18 years established

Call Jared Spencer 07830360341 01566 451442



- GENERAL GARDEN MAINTENANCE
- SERVICES RENEWED & REPLACED
- LEAK REPAIRS & TROUBLESHOOTING
- MOLE / GRUNDOMAT WORK UNDERTAKEN
- MOLE & COMPRESSOR AVAILABLE



COMPLETE JOB PRICING OR HOURLY RATES
 FULLY INSURED & BASED NEAR LAUNCESTON





supplier of HARDWOOD LOGS cut and split to your requirements Tel. Colin Bennett: 01822 487259 Mobile: 07523172369 Lewdown Victory Hall Bookings contact

Roy Stacey On 01566 783267

Broadbury Landcare

All Aspects of Garden Maintenance and Landscaping Fully Qualified Fully Insured Free Estimates 10 Years Experience Andrew Barton 07532 216216

For Dogs & Cats Raw Meat Animal Feed Convenient (400g blocks) Frozen to preserve

Natural, just meat or meat and bone

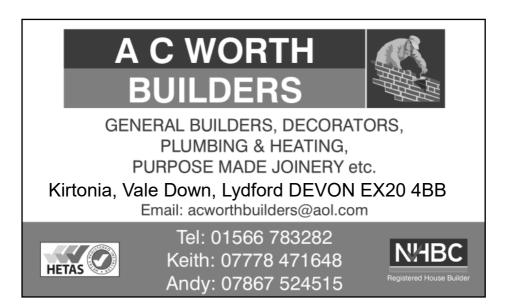
No Preservatives, No Artificial Colouring's (both can be harmful to your animal)

For information or to order



website: www.rawrationsplus.co.uk Phone: 07831309666 Email: sales@rawrationsplus.co.uk Post: Fairview Bungalow, Lewdown, Okehampton, Devon EX20 4DL





Lewdown Grouped Parish Council

Coryton, Lewtrenchard, Marystow and Thrushelton

Councillor Vacancies

At the resent election on 4th May, 3 seats remain vacant on Lewdown Grouped Parish Council. These places can now be filled by co-option. If you would like to become a councillor representing the parish of <u>Coryton, Mary Stow or</u> <u>Lewtrenchard</u> please contact the clerk for details.

The basic qualifications are as follows (you only need to meet one of the list.)

- 1. you are registered as a Local Government Elector for the area of Coryton, Mary Stow or Lewtrenchard Parish Council. or
- 2. During the whole of the last 12 months have you resided in the Civil Parish of Coryton, Mary Stow or Lewtrenchard **or within 3 miles (4.8 kilometres). or**
- 3. During the whole of the last 12 months have you occupied as owner or tenant land or premises in the Civil Parish of Coryton, Mary Stow or Lewtrenchard, or
- 4. During the whole of the last 12 months your main place of work has been within the Civil Parish of Coryton, Mary Stow or Lewtrenchard.

Parish Clerk: Peter van Delft, Portgate Chapel, Portgate, Lewdown. Okehampton, Devon, EX20 4PZ

Telephone: 01566 783023 Email: lewdowngpc.clerk@gmail.com. www.lewdowngroupedparishcouncil.org.uk



Page 32



in association with Lifton Cottage Garden Society and WI Annual Village Show

Competition

<u>Saturday 29th July</u> <u>to</u> Sunday 6th August

Take a walk around the village and see how many scarecrows you can find.

Choose your favourite and vote for your top three. Voting slips can be found in the Lifton Village Shop, Arundell Deli & at Lanes Garage

Take your voting slips to the Community Centre before 2pm on Saturday 5th August. The winners will be announced at the prize giving in the afternoon.





Page 34

The North Tamar Mission Community

Are delighted to present ORIGIN VOICES

"a dynamic new vocal ensemble based in Cardiff."

In Residence

Sunday 6th August 2023

11.15am: Festival Eucharist

at the Parish Church of St. Mary the Virgin, Kelly

4pm: Choral Evensong

at the Parish Church of St. George, Thrushelton

Monday 7th August 2023

7pm: Summer Concert and Barbecue

at Upcott Barton, Broadwoodwidger. PL16 0JR

Tickets:£10 (children free)

www.originvoices.com



TCM Plumbing

Burst pipes? Tap dripping? Overflow running? Valves Leaking? Radiators not getting hot? Gutters blocked or leaking? Based locally at Inwardleigh we cover the surrounding areas Helping you with your plumbing needs no matter how small

Contact Tim Morgan Tel: 01837 810599 Mobile: 07838 901803 Or visit our website www.tcmplumbing.org.uk to see what we can do for you

J.D. HALL <u>CARPENTER AND JOINER</u> (OVER 30 YEARS EXPERIENCE.) FOR ALL YOUR WOODWORKING NEEDS CALL 01566 783566 OR 07881 752822 www.jdhalloakconstruction.co.uk



Page 36

Tim Dixon

Domestic Plumbing & Bathroom Fitting

01566 784028 07903535881

careful & reliable service

timdixonplumbing.co.uk

Megan's Home Cleaning!

10+ years in the Business Earth Friendly Cleaning solutions Weekly & bi-weekly Slots available Tel: 07955 805 271



The Blue Lion, Lewdown Charlie, Nicky, Charlotte, Georgia, Jonty & Alfie

Welcome you to our Family Friendly Pub

Public House offering good food, real ales, líve musíc, pool, skíttles, darts and BT Sports

01566 783238

For upcoming live music & quizzes etc follow us on Facebook Search for 'blue lion inn'

Spears Fishleigh Sanctuary Lane Hatherleigh **EX20 3LH**

2

2

2

 $\stackrel{\frown}{\sim}$

\$

\$

5 5

P. S. Electrical

Office - 01837 811112 / Mobile - 07792 163156

Email - enguiries@pselectricians.co.uk Website - Okehampton.pselectricians.co.uk All electrical work undertaken



2

 $\frac{1}{2}$

2

 $\stackrel{\frown}{\sim}$

25

 $\overset{\frown}{\mathcal{X}}$

5

55

Part P approved

S H Joinery

Granite and Quartz worktop cutting and fitting Cut roofs Traditional A frames Kitchen fitting External bi fold doors Joinery

Steve Hunt 01566 783228 07974 799062 shjoinery@hotmail.com





Caroline Harris MIAB

Owner & Bookkeeper

 Tel:
 01566 783 502

 Mob:
 07866 953 708

 cmhbookkeeping@btinternet.com

www.cmhbookkeeping.co.uk

- + Bookkeeping
- + Self Assessments
- + Accounts Preparation
- + VAT Returns

Lewtrenchard WI Cream Tea



Tuesday August 15th £5 per person £2 per dependent child Speaker Raffle





Doors open at 3pm Pay at the door Lewdown Victory Hall



All proceeds to Okehampton Foodbank No reservation needed, just come along and enjoy our famous WI welcome

Page 40