

THE AREA MAGAZINE FOR LEWDOWN, CHILLATON, CORYTON,
STOWFORD, MARYSTOWE, THRUSHELTON, LEWTRENCHARD

April 2024

The magazine for all that's going on in your area

RRP
50p

Community



Newslink

Published by the Lewdown Residents Association

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Neighbourhood & Farm Watch

Horse Watch
Gina 01837 840716
Floodline 0345 988 1188

Parish Clerks

Lewdown Grouped
Peter van Delft 01566 783023
lewdownnpc.clerk@gmail.com
www.lewdowngroupednpc.org.uk

Milton Abbot Grouped
Jane Savage
clerk.magpc@outlook.com
www.magpc.co.uk

Stowford
Peter van Delft 01566 783023
stowfordclerk@gmail.com
www.stowfordparishcouncil.org.uk

West Devon MP

Geoffrey Cox 01822 612925

County Councillor

Lois Samuel 01837 851240

Borough Councillors

Milton Ford Ward
Neil Jory 01822 860342

Bridestowe Ward
Terry Southcott 01566 783079
Caroline Mott 01837 861212

Tamarside Ward
Chris Edmonds 01566 784794

Schools

Lewtrenchard 01566 783273
Lifton 01566 784288
Milton Abbott 01822 870273

Colleges

Tavistock 01822 614231
Okehampton 01837 650910
Launceston 01566 772468
01566 773918

Ring & Ride

Okehampton Area 01837 55000
Tavistock Area 01822 618028

Community Groups

Cricket Club 07847111330
Chillaton Football Club 01822 860476
Lamerton Pony Club 01822 860350
Lewdown Past 01566 783396
Lewdown Residents Assoc. 01566 783320
Lewtrenchard WI 01566 783779

Lifton Benefice Churches
Revd Philip Conway 01566 784462
liftonpriest@yahoo.com

Lifton Surgery 01566 784788
01566 784111

Red Spider Company 01566 783505
Recreation Field 01566 783367
Stowford Hall 01566 783223
Victory Hall 01566 783267
Youth Cricket 07847111330
Young Farmers 07443 461344

Advice Helplines

Citizen's Advice Bureau 08444 111444
West Devon Women's Aid 01837 55228
Age Concern 01752 665424
0800 665544
Health Information Line 0800 665544
Homelessness Trust 01822 615259
Parentline 0800 800222
Relate 01392 275681
Samaritans 08457 909090
Tavistock Area Support Svcs. 01822 616958
Age UK 01822 616958
Transport to Health 01822 617525
Victim Support 01822 820455
Youthwise Okehampton 01837 54004

Shop & Post Office

Copper's PO & Stores 01566 783218
Lifton PO & Stores 01566 784211

Front Cover Picture

*Drawing: by Ashley Age 5
Winner of our Under 8 Easter Bunny
Colouring Competition - Well done Ashley*

NewsLink Archive

www.rawrationsplus.co.uk/lraarchive.html

For us to be able to print and distribute the Community NewsLink it costs approximately £500 a month.

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Thank you for your support

The Community NewsLink

Produced by Lewdown Residents Association

A monthly magazine providing news, information & items of interest for the areas of Lewdown, Chillaton, Coryton, Stowford, Marystowe, Thrushelton & Lewtrenchard

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Editor

Simon Hedger

St. Anthony's, Stowford, Lewdown, Okehampton EX20 4BY

Telephone: 01566 783765 Email: newslink@hedger.biz

Production, Distribution and Delivery Helpers:

Tim & Sarah Nash, Andy McCarthy, Ruth Dawe, Audrey Jones, Tom Andrews, Mike Bickell, Rita Squires, Terry Southcott, Simon & Monique Hedger, Bob Holland Julie Chick, Coppers Stores, Keith Abayomi-Turner and Kathy Lawrence

All news, photographs, reports, events, etcetera for NewsLink need to be sent to the Editor by the 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us.

Advertising in the NewsLink is free for Charity events in our local areas.

Adverts for events outside of the area and for businesses are priced as follows:

	Black & White	Colour
1/4 page	£4/month or £40/year	£6/month or £60/year
1/2 page	£8/month or £80/year	£12/month or £120/year
Whole page	£12/month or £120/year	£16/month or £160/year

Please note that advertising prices are subject to VAT at 20%

Dear Readers of this appalling tripe...

Sad news everyone, The inventor of the throat lozenge has sadly passed away.

To mark the occasion there will by no coffin during the service.

...it's only me, here to give you the benefits of my limited knowledge again.

Well what to say that's vaguely interesting... by the time you read this, Easter will be nearly here. All of you who gave up chocolate for Lent, your suffering is almost over, you can help the kiddies eat their chocolate, so that they learn a wonderful life lesson, sharing is an excellent thing to do honest, if they don't believe you, then do what I do, which is to lie through my teeth 🍷

Just in case you haven't done your Easter egg shopping, there's a bingo at the Victory hall on the 26th of March, where most of the prizes are chocolate. If you were part of Lewdown youth club in the 1990s you will remember the excitement of a chocolate bingo, and at the end of the evening , we could hand the hyperactive chocolate fuelled children back to their loving parents much to their delight.

As some of you may know Andy McCarthy is handing over the editorial of the link to Simon Hedger. We on the committee, and many in the wider community would like to thank Andy for the 20ish years he has done this job. The link has definitely moved forward under him. Andy is still remaining on the committee though, to help when it is needed. In truth his life was a whole lot easier before I became chairman, because now he has to try and make some sense of my tosh every month, so that you can at least understand some of the content I put in. Many thanks. From us all.

Anyway will close now as the antiques road trip is just started, my wife likes to see if I might be worth something (anything really).

Best wishes to all of you from Tim Nash, Chairperson.

PS. Did you hear about the elderly man who got stuck outside in his allotment during a recent spell of snowy weather?.

When they eventually dug him out , they found him frozen to the marrow.

Recently someone has been coming into my garden taking the beetroot. He was eventually caught red handed.

The Ark



AT BRIDESTOWE METHODIST CHURCH

Is open for teas and coffee and a chat on
Tuesdays From 10am to 12 noon And 2.00pm to 4.00pm
Thursdays From 10.00am to 12 noon And 2.30pm to 4.00pm.
Do come and join us, you will be made most welcome.
You will find us on **Launceston Road**, Bridestowe.



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An Daras Trust
Igniting Curiosity Growing Capabilities

Low Trenchard C of E Primary School



Monday to Friday
8.45am to 3.15pm
2-5 year olds

Led by Lisa Broadbridge
Early Years Teacher

Please phone for availability
Early Years Foundation Unit with plenty
of safe outdoor space.
We accept 2gether funding for 2 year
olds and Early Years Education Funding
for 3 year olds.

Respect
Kindness
Responsibility

FLS

Friends of Low Trenchard C of E Primary School

We have an amazing team that
fundraise to enhance our children's
learning journey. Please see our FLS
Facebook page, school website and
local adverts to support our fantastic
school.

Bingo ~ Bake sale ~ summer/winter fair ~ raffles ~
jumble sale ~ sponsored activities and much more!

Wrap around care

Available for 3-11 year olds

£2 per hour (1/2 hour bookings available)

8am to 8.40 am breakfast club £2 per session

3.15pm to 5.15pm (4.15pm Fridays) after school care including snacks.

For more information, contact the school office on
01566 783273

www.lewtrenchard.devon.sch.uk

Email lewtrenchard@andaras.org



Stowford Parish Council



We invite you to a Presentation on 9th April 7.30pm at Stowford Parish Hall
by Tamer Energy Community based in Tavistock.

Help and advice is available on actions you can take to help with reducing your energy costs, including draught busting and glazing measures. Also, information on possible grants which you may be eligible for.



**Tamar Energy
Community**

Further details and get in touch here:

hello@tamarenergycommunity.com 07969-569-444

<https://tamarenergycommunity.com> @TamarEnergyCommunity

For more details contact the clerk - Peter van Delft, Tel: 01566 783023 Email: stowfordclerk@gmail.com

Sign-up to Mailchimp to hear more about events in Stowford subscribe to our newsletter:

www.stowfordparishcouncil.org.uk



Some Weather News



Rainfall for 2023

Jan 178.5 mm

Feb 14 mm

Mar 175.5 mm

Apr 1 mm



May 0 mm

June 49 mm



July 87.5 mm

Aug 29 mm

Sep 130 mm

Oct 128.5 mm

Nov 175 mm

Dec 211 mm



Year average 1,179mm - Ten year average 1,121 mm

So far this year Jan 130 mm, Feb 264 mm. so it could be a wet year!!!



The wettest Feb we have recorded was 2014 at 326 mm



Stowford's



at Stowford Parish Hall

Thursday 11th April 7.30pm

£3 per person at the door Teams of 2 – 6 people

Bring your own drinks, we provide the nibbles (All profits go to charity)



STOWFORD COMMUNITY COFFEE MORNING

Support this new venture and come and meet your neighbours for a coffee, cake and catch up!

When?

10am-12 noon on the first Tuesday of every month.

Where?

Stowford Parish Hall.

Cost?

£3 per person (cash only) which includes a hot drink and cake.

Profits will be donated to a charity chosen by SCCM.

All friends and family welcome.

If you need help with transport, please contact Sarah on 07801106702 or Tracy on 07973327161



From the Mountains of Japan

No.1 - Ceremony Season

In Japan, the school year runs from April to March, so spring is ceremony season. School graduations usually occur around mid-March, elementary (6-11), junior (12-15), and high school (16-18) all slightly staggered to accommodate parents with multiple graduating children.

Graduation day follows a pretty strict routine. Everything is rehearsed beforehand, tape is stuck on the gym floor to show students where to stand, and the event's timing is planned to the minute. Everything involves lots of bowing, singing of the national anthem and the school song as well as a couple of regular graduation songs, then lots of speeches. The school principal makes a speech, the head of the PTA makes a speech, the head of the student council makes a speech, and there could be other speeches from "guests", who can include former students, local residents' association members, and sometimes the local fire and police chiefs, who often show up in full ceremonial regalia.

Following the giving out of the certificates, a manicured regime of synchronised bowing, walking at a certain pace, following a route around the gym back to their chairs, the students exit to another song, and return to their rooms. Following this, all the other students have to go home, and they have to be gone before the graduates leave. Once gone, the graduates run the "teacher gauntlet" with their parents, passing all their teachers for one last photo, a few tears, a last goodbye.

Then they're out of the school, never to return, onwards to their next school, which starts at the beginning of April. For the last ten years, I've worked at a different school every day, and due to overlapping, usually attend a couple of graduations every year, from massive schools with hundreds of graduates to tiny mountain schools with only three or four, where they'll often make them all do a speech just to pad out the running time a little.

What is actually more interesting is to be part of the rehearsals, where you see behind the scenes. This is where you hear them counting how long to bow, checking microphones for charged batteries, polishing the runners on old gym doors to make sure they open smoothly, and you can hear the laughter that peers through the cracks of what is a very outwardly a very formal tradition.

Chris Ward

Lewdown

The Lewdown defibrillator was non-functional and has been removed from the roadside porch of the Blue Lion, a replacement is being sought urgently.

Chillaton

Located in the Village Square on the wall of No. 1 Barn Cottages, PL16 0HS. The 999 operator will be able to give directions for its use.



Lewtrenchard WI March Report

We met on March 11 at Lewdown Victory Hall. Margaret welcomed two visitors, both called Rosemary, our speaker Ann and 20 members. We sang Jerusalem.

Speaker: Ann Marcer - Training Teachers in Nepal Ann a primary school head teacher who planned to travel the world with her husband once retired. When he very sadly died, she didn't know what to do. She knew about the Voluntary Service Overseas (VSO) organisation, who send professional volunteers to train and advise in developing countries, and decided to apply. She was snapped up and sent to Nepal for 2½ years. School, education & life in general is far removed from ours. Girls are largely ignored & not encouraged to go to school, instead helping on the land or looking after siblings. Often boys are sent to boarding school at huge expense to the parents. Ann's task was to encourage girls to go to school and learn in a fun and supportive way. She taught teachers how to make lessons enjoyable & educational, showed them methods of creating learning resources (there is no money for resources, maintenance, cleaning etcetera). Not an easy task for a western lady with grey hair (Nepalese woman don't let their hair go grey) and being a widow (widows are ignored), men don't shake hands with women and there she was, in charge of a male dominated work force. When Ann arrived, attendance for girls was 10%, when she left it was 90%! Academic achievement for girls also rose steeply. What an achievement. Ann has been back since but not after COVID. Nepal's only income is tourism and they really struggled during COVID asking for money to prevent them from starving. 80% of under 5's are malnourished. Ann showed us beautiful photos she took herself, her talk was captivating, interesting, shocking and uplifting, no notes, straight from the heart. If you want to know what she did when encountering a large monkey on the way to work, you are just going to have to invite her to do a talk.

Table Top Sale: Was a great success raising £301.05 for our funds - well done all.

Date and venue for next meeting: Monday April 08, 2024 at 7.30pm.

Genevieve - The Hog Hospital.

April dates for your diary:

08 - April meeting 7.30pm start

15 - Tamar Group Meeting 6pm

18 - Coffee morning at Roadford Lake

22 - Monday Walk

theWI
INSPIRING WOMEN

St Mary the Virgin, Marystowe



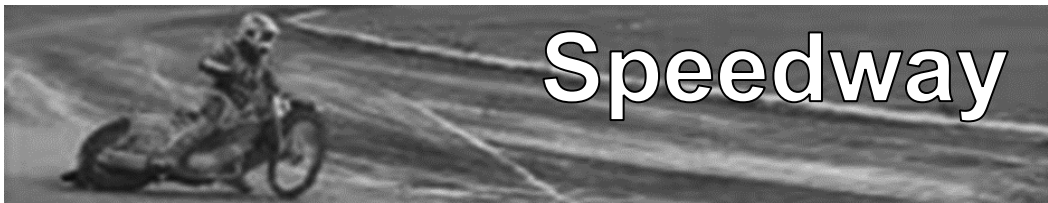
The contrast between inside and outside the Church is always thought-provoking during Lent, with only the memorial vase having flowers whilst outside the snowdrops in the Churchyard have given way to the primroses and daffodils. The bluebells leaves are beginning to sprout in readiness to have their turn.

Many thanks are due to James and Chris for their work on clearing the Churchyard, and we had another very productive day in January with our army of volunteers; it certainly felt like an army as 18 bacon butties were prepared! There is a lovely space to the east of the Churchyard 'the orchard' overlooking Dartmoor, and we had a lovely wassail service with Reverend Phill, who blessed our apple trees. We are looking forward to our Sunrise service on Easter morning the in the Orchard.

We have completed our early Spring Clean of the Bell Tower books, with a notebook for anyone to leave a message about any books they are looking for, or (if you are vertically challenged like me) unable to reach. Whilst the Church is always open, on the first Tuesday of every month we are putting on the coffee and someone is around to help reach books and puzzles, to have a chat, and share favourite authors.

We wish you all a very happy and peaceful Easter.

Joy McSmythurs and Amy Harrowell



Speedway

The new Speedway at Plymouth season is upon us on Saturday 30th March - weather permitting. The Stadium is at the Coliseum, Coypool Road, Plymouth PL7 4NW.

You can park for free in the Coypool Park and Ride and it is a short walk to the track.

Telephone: 07766700810 Web: plymouth-speedway.com

Admission from 5.45pm tapes up at 7pm

Plymouth Gladiators v Poole Pirates

Team is Nico Covatti, Ben Barker, Alfie Bowtell, Dan Thompson, Joe Thompson, Jacob Hook and Kyle Newman.

Home Fixtures April 6th Plymouth v Oxford Cheetahs, April 13th Plymouth v Scunthorpe Scorpions.

April 27th Plymouth v Berwick Bandits.

No Brakes No Gears No Fear

Tom



Quakers

Meeting for Worship:

Tavistock

Every Sunday 10.00am.

4 Canal Road

Tavistock

Contact: Kay Nicholson

01822 614596

Okehampton

Second Sunday 10.30am.

Fourth Sunday 10.30am

Second Sunday Children's Meeting

Ockment Centre

North Street

Okehampton

Contact: 01837 55805

Roman Catholic Services

Tavistock

Sunday 9.15am

Holy Days 10am

Fr. Greatbatch 01822 612645

(P. Sparling 01822 860355)

Okehampton

Saturday 6pm

Sunday 11am

Fr M. Darline Joseph 01837 52229

Launceston

Sunday 10.30am

Holy Days 7.30pm

Canon John Deeny 01566 773166



CHURCH NEWSLETTER

Ministers

United Benefice of Lifton, Broadwood, Stowford,
Lewtrenchard with Thrushelton & Kelly with Bradstone

The Revd. Philip Conway, 01566 784462

liftonpriest@yahoo.com

The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice

The Revd. Andy Atkins, 01822 870298

andya4jc@gmail.com

The Vicarage, The Parade, Milton Abbot PL19 0NZ

Churchwardens

Lifton - St Mary's

Mrs E Brown 01566 784386

Sarah Chandler

Broadwood - St Nicholas

Mr D Perkin 01566 776758

Kelly with Bradstone - St Mary's

Mr W Kelly 01822 870393

Marystowe - St Mary the Virgin

Amy Harrowell 01822 860181

Joy McSmythurs 01822 860630

Coryton - St Andrews

Mr G. Vicat 01822 820254

Mr R. Searight 01822 860148

Stowford - St John the Baptist

Mr C Chick 01566 783223

Lewtrenchard - St Peters

Mrs A Westlake 01566 783909

Mrs R. Dawe 01566 783127

Thrushelton - St George

Mr A J Nash 01566 783274

Mr T Nash 01566 783320

Bridestowe Methodist Church

Preachers for April 2024

7th Drop in the Ark 10.30 - 12.30

14th B Searle 11.00

21st V Penfould / B Dalton 11.00

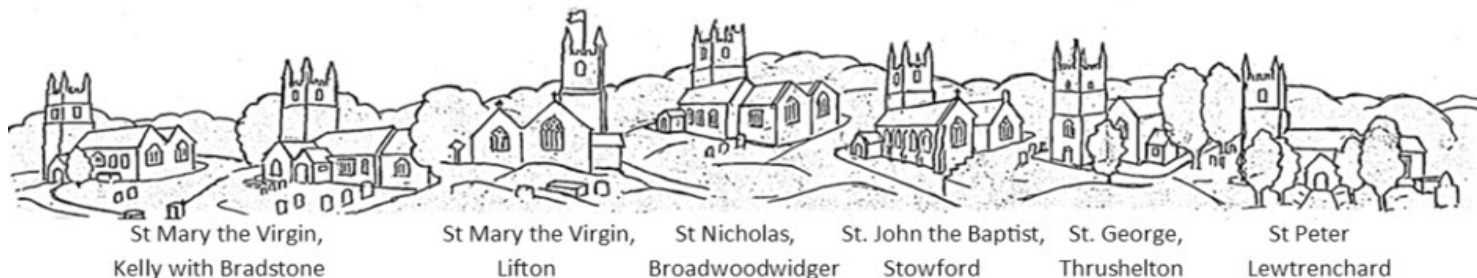
28th Bridestowe Worship Group 11.00

St. Mary the Virgin, Marystowe

Please see the church website **www.southtamar.church** for details about services.

Services are also available online from 6pm on Sundays.

The North Tamar Mission Community



Service times for April 2024

Any updates will be posted on the Mission Community Website north-tamar-churches.org.

7th April Second Sunday of Easter

8am Eucharist at Stowford
9.30am Parish Eucharist at Lifton
11.15am Parish Eucharist at Kelly

14th April Third Sunday of Easter

10am Mission Community Confirmation Service at Broadwoodwidge
See separate notice.

21st April Fourth Sunday of Easter

9.30am Parish Eucharist at Lifton
11.15am Parish Eucharist at Stowford
Morning Prayer at Kelly

28th April Fifth Sunday of Easter

9.30am Parish Eucharist at Thrushelton
Morning Prayer at Broadwoodwidge
11.15am Parish Eucharist at Lewtrenchard

Wednesday Morning Eucharist: 10.30 at Lifton

There will be some occasions when the Wednesday Morning Service will be a service of Morning Prayer.

From the Parish Priest

Dear friends,

This edition of the magazine will probably reach your home in Holy Week, as Easter Day is the very last day of March.

However, It is still utterly right that I should be discussing Easter in my April Letter, as Eastertide lasts for forty days, and so we have more than the whole of April to think about and enjoy the resurrection of Jesus.



This year we have a very special celebration or the Joy of the resurrection, as the Bishop of Plymouth is coming to Baptise and confirm a number of candidates on Sunday 14th April at 10am at Broadwoodwidge.

This is always a special event in the life of any church as we rejoice in the grace of God at work in the Holy Spirit and the public confession of faith of those who have come forward for confirmation.

My confirmation took place 45 years ago, but I do not like to say: "I was confirmed" or "I have been confirmed", just as we do not say "Jesus was risen" or "Jesus did rise". "Jesus is Risen", and "I am confirmed", and the power of that sacrament is as real now as it was in Ripon Cathedral on the 1st April 1979.

As we celebrate the Resurrection during the season of Eastertide, let us be aware of the power of the Resurrection and the grace of the Holy Spirit in our own lives and in our worship, and work to ensure that all our actions are full of Resurrection Joy.

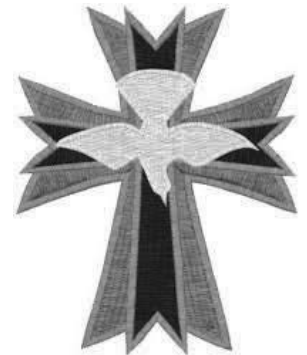
With love and prayers,

Philip

Come and Join us for our Celebration of Baptism and Confirmation

**Sunday 14th April 2024,
at 10am**

**The Parish Church of St. Nicholas,
Broadwoodwidge**



**President and Preacher:
The Rt. Revd. James Grier.
Bishop of Plymouth.
*Followed by celebratory light refreshments***

Stowford Parish Council



Abbreviated minutes of Ordinary meetings held on 12th March 2024

These minutes are provisional until they are signed by the chair at the next meeting of the parish council.

Meeting No 724

Present: Cllrs Leroy St Louis (Chair), Alexander, Law (Vice chair), Govett, Lorna St Louis, Cllr Chris Edmonds (WDBC), Cllr Lois Samuel (DCC), Peter van Delft (clerk).

1. Members of the public open forum – One parishioner – The parishioner reported that on the 3rd March a medical emergency incident occurred in her vicinity, however parked cars opposite the entrance seriously hindered the services resulting in additional police assistance being required to help with the patient and the medical service's needs. Had a fire taken place then that service would also have been severely hindered. The parishioner requested if some form of parking restrictions could be applied in the near vicinity in Stoney Lane, Lewdown. Cllr Samuel reported that Cllr Mott of WDBC had already contacted her on the issue, however she requested if the clerk could also write in to her so that a more substantive approach to resolve the issue could take place. Clerk to action.
2. Reports from Councillors. Cllr Samuel (DCC) reported on the latest devolution proposals for Devon and Torbay, including proposals for various funding opportunities. Public encouragement to report 'Pot-holes' and other highways issues on the Devon Highways website. Cllr Leroy St Louis reported that the D.H. website worked well, in particular for the Pot-Holes and flooding related issues. Cllr Govett asked Cllr Samuel what were the long-term plans and support for rural villages including the existing policy to phase out oil and gas heating systems in the future, in response Cllr Samuel said that current funding was secure. Cllr Govett reported that conflicting correspondence from Airband was cause for concern especially regarding the role out of the broadband service, however Cllr Samuel was informed that the service would be live from March. Cllr Alexander reported that WDBC planning dept. had improved the processing of applications, also he reported that he attended a 'Planning' training event hosted by C.P.R.E. Cllr Govett asked Cllr Edmonds what changes if any may take place in the Local Development Plan, in response Cllr Edmonds said that the plan is being reviewed at regular intervals and that no major amendments are taking place, all existing policies remain in place. Cllr Edmonds (WDBC) reported that the council had now approved the doubling of Council Tax for holiday and second homes from April 2025, this measure would potentially yield an extra £171k in receipts. Also, Cllr Edmonds reported that in response to the housing crisis, WDBC have purchased 8 properties using funding from the Governments Local Authority Housing Fund with 5 being used to house Ukrainian and Afghanistan families and 3 used as temporary accommodation to support homeless West Devon residents.
3. Dispensations & declarations of interest – none.
4. Minutes of previous meeting 723 were signed as a true and accurate record of that meeting. Proposed Cllr Law, seconded Cllr Lorna St Louis, motion carried.
5. Finance - 5.1 Payments were approved for – Peter van Delft – clerk salary (Jan- Feb) £334.25, HMRC – PAYE for clerk £9.00, P van Delft – Admin expenses £47.82, Stowford Parish Hall – Hall hire Oct-March £40.00. Proposed Cllr Law, seconded Cllr Alexander, motion carried. 5.2 R.F.O. reported a credit balance after payment of £4,316.65, proposed Cllr Govett, seconded Cllr Lorna St Louis, motion carried.
6. Planning – App. 0472/24/FUL – Change of use of land for siting of a Shepherds hut & pod as holiday lets. Spry Farm, Spry Lane, Lifton, PL16 0AZ Council decision – Support – Proposed Cllr Leroy St Louis, seconded Cllr Alexander, motion carried. Planning – App. 0690/24/HHO – Householder application for proposed extension and alterations including erection of a double garage. Gingerbread Cottage, Lifton, PL16 0AT Council decision – Support, Proposed Cllr Lorna St Louis, seconded Cllr Law, motion carried.
7. Bus shelter request – After much discussion it was resolved that a public consultation/survey would take place at the Annual Parish Meeting on 9th April. Cllr Govett to produce a survey/ consultation proposal that includes a bus shelter amongst other initiatives from which the community as a whole could benefit from. Cllr Edmonds informed that grant funding for some capital improvements were available from WDBC, D.C.C and U.K Property Fund.
8. Councillor vacancies – two councillor seats are still vacant.
9. Broadband update. The executive PA of Airband had informed that their service will become available from March.
10. Newslink' support – Cllr Leroy St Louis reported that he attended a meeting held by L.R.A, discussion took place over the future of the magazine including an improved layout and content. A plan to address the future funding of the magazine included an annual subscription, details are in the current edition. Cllr Leroy St Louis wished to convey the Parish Councils continued support for the magazine and the importance of it for all the communities in the local parishes.

Date time and place of next Annual Parish meeting – 9th April 2024 – 7.30pm at Stowford Parish Hall

Current Reservoir Levels

Week ending: 10 March 2024

Reservoir	Current level (%)	Current storage (MI)	Net capacity (MI)
Stithians	100	4,967	4,967
Drift	100	1,200	1,200
Argal	100	1,302	1,302
College	100	246	246
Crowdy	99	1,010	1,022
Colliford	93	26,606	28,540
Siblyback	100	3,182	3,182
Upper Tamar	100	1,477	1,477
Roadford	100	34,500	34,500
Burrator	100	4,210	4,210
Wistlandpound	100	1,550	1,550
Meldon	100	3,020	3,020
Wimbleball	100	21,320	21,320
Fernworthy	100	1,765	1,765
Kennick, Tottiford and Trenchford	100	2,011	2,011
Avon	100	1,313	1,313
Venford	100	740	740

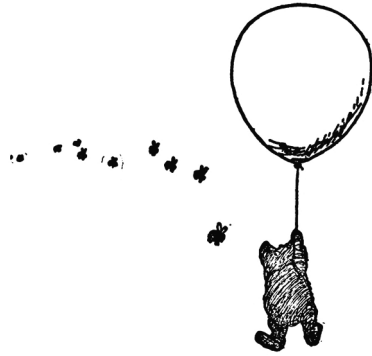


South West Lakes provide the perfect setting for a day out in Cornwall, Devon and on Exmoor. With miles of footpaths and cycles trails to explore, woodlands to discover and play areas to burn off energy, everyone can get involved and benefit from being outdoors at the lakes. It's your outdoors - go and explore!

Under 8 Colouring Competition

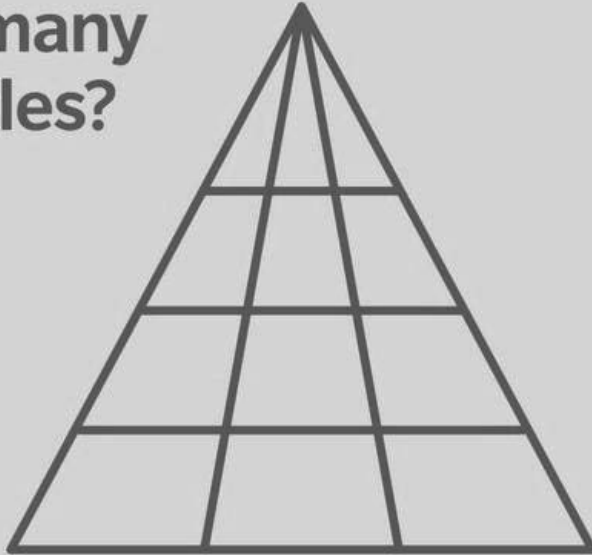
Book Character Draw your favourite Book Character (mine was Winnie-the-Pooh). Scan and email to the editor by the 15th of April. The winner will be announced in May's edition. Don't forget to give us your name and age.

Good luck 😊



How many triangles can you see?

How many triangles?



Answer next month

Recipe of the Month - Pancake Rabbits

First: Melt 40g of butter in a small pan, put aside to cool

Ingredients

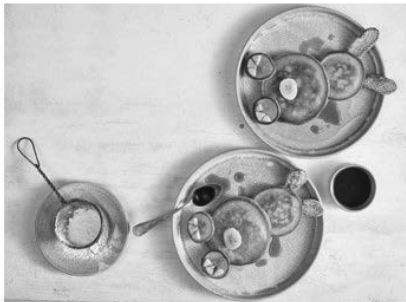
250g plain flour
3 tbs sugar
1 tsp baking powder
¼ tsp bicarbonate of soda
¼ tsp salt
350ml milk
1 egg

Method

In a bowl, mix the flour, sugar, baking powder, bicarbonate of soda & salt. Add milk and egg to the melted butter and mix, add milk mix to the flour mix and stir until you get a smooth batter.

Make 3 sizes of round pancakes: larger one for the body, smaller one for the head, 2 small ones for the feet plus 2 oval shapes for the ears.

Chop up a small banana into rounds for the tail, assemble everything on a plate, drizzle with a little maple syrup, dust the ears with a little bit of icing sugar and EAT 😊



Chair Yoga for Seniors

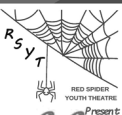
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Cinderella
By Peter Bond

12th & 13th April 2024

Lewdown Victory Hall

7pm

TICKETS: Adults: £8.00
Under 12s: £4.00

Online: Seaty.co.uk/April2024

Email: RSYTheatre@gmail.com

Tel: 07423 705088

Tickets on the door, subject to availability

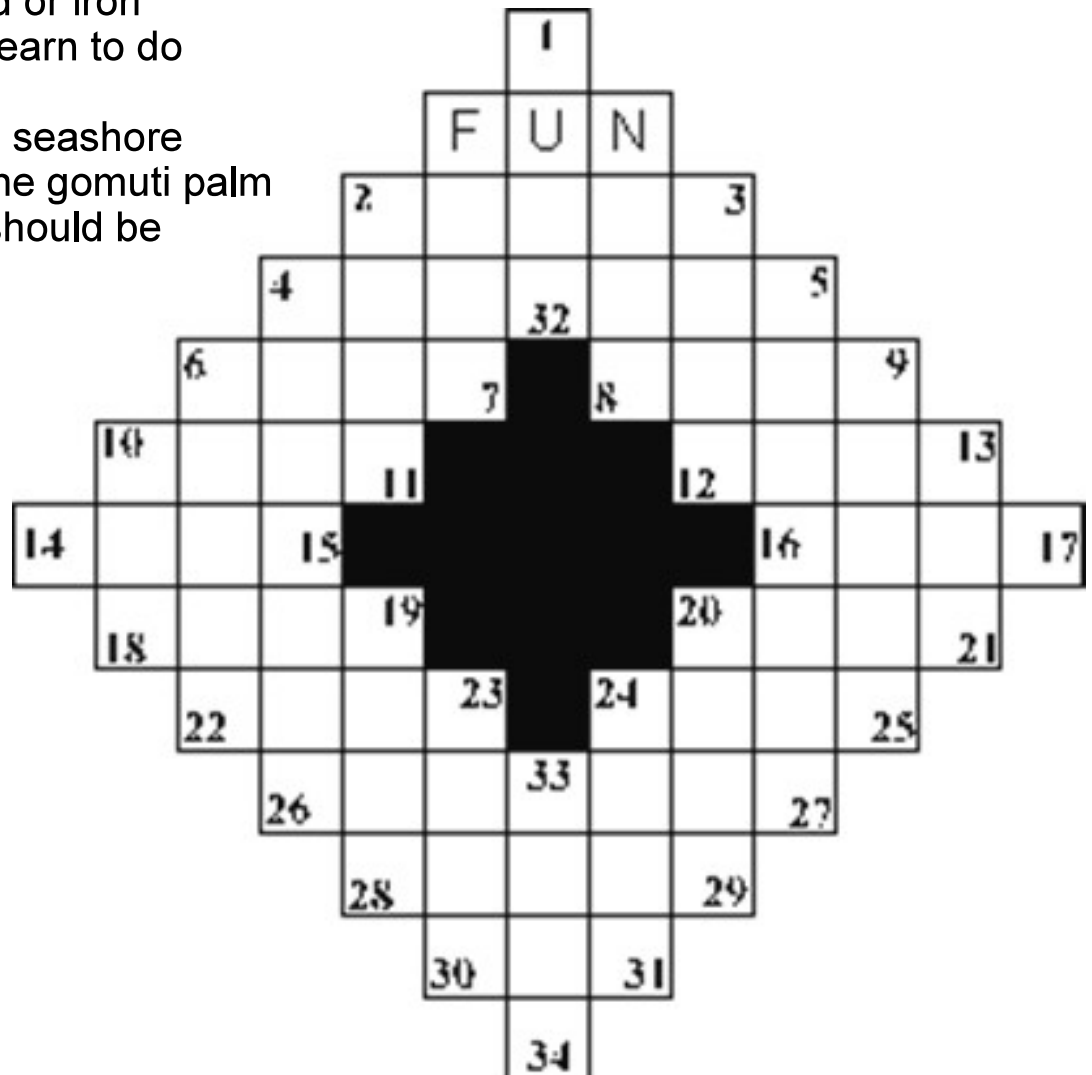
By arrangement with Lazy Bee Scripts



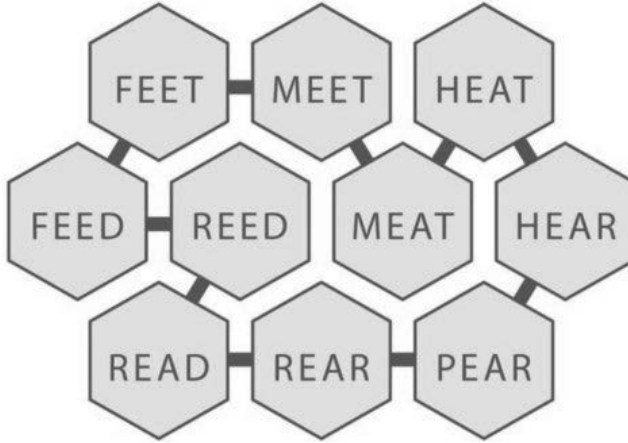
On December 21, 1913 Arthur Wynne published the worlds first crossword called “Word-cross”.

The puzzle looked a bit different to the crossword puzzles we see today as the boxes were arranged in a diamond shape, not a square, with an open space in the middle. However, the rules were almost exactly the same. Each row of boxes, horizontal and vertical, corresponded to one word, and a short clue was given for each word. Even over 100 years later, Wynne’s puzzle is still totally solvable for 21st-century word nerds. Have a try! Doing crossword puzzles can make your brain younger, so why not!

- | | |
|-------------------------------------|--------------------------|
| 2-3. What bargain hunters enjoy | F-7. Part of your head |
| 4-5. A written acknowledgment | 23-30. A river in Russia |
| 6-7. Such and nothing more | 1-32. To govern |
| 10-11. A bird | 33-34. An aromatic plant |
| 14-15. Opposed to less | N-8. A fist |
| 18-19. What this puzzle is | 24-31. To agree with |
| 22-23. An animal of prey | 3-12. Part of a ship |
| 26-27. The close of a day | 20-29. One |
| 28-29. To elude | 5-27. Exchanging |
| 30-31. The plural of is | 9-25. To sink in mud |
| 8-9. To cultivate | 13-21. A boy |
| 12-13. A bar of wood or iron | |
| 16-17. What artists learn to do | |
| 20-21. Fastened | |
| 24-25. Found on the seashore | |
| 10-18. The fibre of the gomuti palm | |
| 6-22. What we all should be | |
| 4-26. A day dream | |
| 2-11. A talon | |
| 19-28. A pigeon | |



Last Months Word Worm Solution



Book of the Month for March 2024 *This Family* by Kate Sawyer

Mary has raised her daughters in this house. Watched them play and fight and grow up in this house. Today it is the house where she will get married.

The wedding celebrations have brought the fractured family together for the first time in years: There is Phoebe and her husband Michael, children in tow.

The young and sensitive Rosie, with her new partner. Irene, Mary's ex-mother-in-law. And Emma. There, despite all that has gone before.

Set over the course of an English summer's day and punctuated with memories from the past forty years of love and betrayal, hope and joy, heartbreak and grief, this is the story of a family.

Told by a chorus of characters, it is an exploration of the intimacies and transgressions that bring us to where we are, the changes that are brought about by time, and what, despite everything, stays the same.

Publisher: Hodder & Stoughton
ISBN: 9781529340754

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7pm Friday 10th May



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Rose Pruning

Prune Roses in April

Spring pruning does wonders for roses. That's nice information, but when you're facing a rose bush with pruning shears in hand, where exactly do you cut?

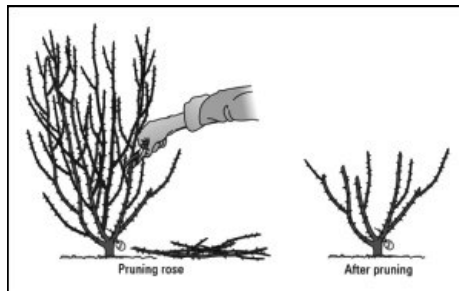
The best season for pruning rose bushes is spring, rather than fall, because fall pruning leaves unhealed cuts exposed to frigid temperatures all winter, which can cause greater branch dieback. April is a good month for rose pruning after winter's worst temperatures are past, and before roses begin to leaf out.

Why prune roses? Most roses bloom most prolifically on fresh new growth. Old, woody, less vigorous canes don't flower as abundantly. Pruning stimulates and forces rose bushes to burst forth with fresh new growth capable of better bloom. In the first 2 seasons after planting, roses can be left unpruned, if desired, because growth is still relatively fresh and capable of good flowering. But after that, pruning is important for continued strong bloom.

Principles of pruning are generally the same, whether roses are hardy shrub types or tender hybrid teas.

Here's how to prune

- Prune all dead or winter-injured canes, down to the base, or down to live tissue. Live portions versus dead portions are easily recognized.
- Old, less-productive canes growing in the middle of the shrub can be removed to ground level.
- Remove canes that crowd or crisscross, so the bush is more open in the center to increase



airflow and sunshine penetration.

- Prune out weak, thin canes pencil-size in diameter.
- Reduce height by cutting back by one-half or two-thirds.
- Make pruning cuts above out-ward facing buds.
- Make pruning cuts at a 45-degree slant about 1/4 inch above the bud, slanted away from the bud.

Happy Rose Growing!



Red Spider News

Following the success of Entertaining Angels & the youth theatre production of A Christmas Carol, the stage at Lewdown Victory Hall is getting ready to host our

next production. Cinderella on Friday 12th and Saturday 13th April at 7pm.

Tickets available on the door, or online in advance from seaty.co.uk/ April 2024.

Social playreading: 23rd April - 7pm - Lewdown Victory Hall
Wyrd Sisters from Terry Pratchett.

Auditions for autumn adult show: 30th April - 7pm - Lewdown Victory Hall
A comedy murder mystery

If you would like to help with our forthcoming shows in any way - whether on stage or not. As well as actors, we need a crew of front of house, costume, backstage, technical, set building or publicity, please do get in touch.

RSYTheatre@gmail.com (**secretary/tickets**)

Martin Perry 01409 221376 (**membership**)

www.redspidercompany.co.uk



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Please Contact: **Terry Southcott, Fairview Bungalow, Lewdown**
Phone 01566 783079. or M 07831309666

All proceeds will go to The Lewdown Residents Association
who produce The Community NewsLink.

Milton Abbot Grouped Parish Council

Please see our website for lots of information
about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding
areas, along with a list of the local Parish Councillors

www.magpc.co.uk

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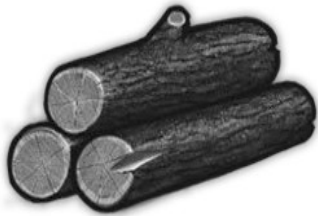
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Soupa Troopers



2024

Wednesday April 10th

Wednesday May 08th

Wednesday June 12th

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Forgotten Garden

OF LEWTRENCHARD

St Lukes (Plymouth) will have an Open Gardens involving the Forgotten Gardens of Lewtrenchard and the Parish church of St Peter's with its Exhibition of the Centenary of the death of the Reverend Sabine Baring-Gould on Wednesday 1st May 12 to 4pm. It is hoped that the Bluebells will be in good condition after our wet start to the year.

Our own annual Bluebell event with its cream teas and Pixie Hunt at the Forgotten Garden is on Saturday 11th May 2pm to 4pm.

The Annual General Meeting of the Friends of the Forgotten Garden of Lewtrenchard is being held at 7.30pm on Monday 17 June at the Lewdown Victory Hall followed with a talk.

For more details and updates see our website.

<https://www.forgottengarden.co.uk/category/news/>

