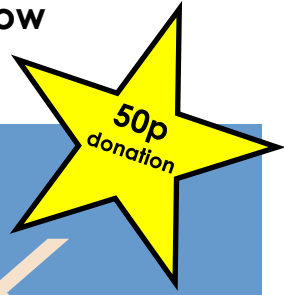


The Area Magazine for Lewdown, Stowford, Thrushelton,
Lewtrenchard, Chillaton, Coryton & Marystow

March 2026



community newslink

for all that's going on in your area...



Published by the Lewdown Residents Association

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Emergency 999**

All other contact with Police 101

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PCSO Seoniad Greenwood 101

Neighbourhood & Farm Watch

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Floodline 0345 988 1188

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www.lewdowngroupedpc.org.uk

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Bridestowe Ward
Terry Southcott 01566 783079
Caroline Mott 01837 861212
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Okehampton 01837 650910
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Ring & Ride

Okehampton Area 01837 55000
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Chillaton Football Club 01822 860476
Lamerton Pony Club 01822 860350
Lewdown Past 01566 783396
Lewdown Residents Assoc. 01566 783320
Lewtrenchard WI 01566 783765
Lifton Benefice Churches
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liftonpriest@yahoo.com
Lifton Surgery 01566 784788
01566 784111
Red Spider Company 01409 221376
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Age Concern 01752 665424
Health Information Line 0800 665544
Homelessness Trust 01822 615259
Parentline 0800 8002222
Relate 01392 275681
Samaritans 08457 909090
Tavistock Area Support Svcs. 01822 616958
Age UK 01822 616958
Transport to Health 01822 617525
Victim Support 01822 820455
Youthwise Okehampton 01837 54004

Shop & Post Office

The Shop @The Blue Lion 01566 783238
Lifton PO & Stores 01566 784211
Bridestowe PO & Stores 01837 861321

Front Cover Picture

Description

The Shop @The Blue Lion, A new venture by Charlie and Nicky offering essentials to the village.

Photo: Charlie

newslink archive

www.rawrationsplus.co.uk/lraarchive.html

For us to be able to print and distribute the community **newslink** it costs approximately £500 a month.

Please make an annual donation of £5+ for yours to:

Account name: **Lewdown Residents Assoc.**
Sort code: **090154**
Account number: **97666081**

Thank you for your support

community newslink

Produced by Lewdown Residents Association

A magazine providing news, information & items of interest for the areas of Lewdown, Stowford, Thrushelton, Lewtrenchard, Chillaton, Coryton & Marystowe

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All news, photographs, reports, events, etcetera for NewsLink need to be sent to the Editor by the 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us.

B&W advertising in newslink is free for Charity events in our local areas.

Adverts for events outside of the area and for businesses are priced as follows:


	Black & White	Colour
1/4 page	£4/month or £40/year	£6/month or £60/year
1/2 page	£8/month or £80/year	£12/month or £120/year
Whole page	£12/month or £120/year	£16/month or £160/year

Please note that advertising prices are subject to VAT at 20%

Dear readers, I'm starting to invest in stocks, first chicken, then beef and now vegetable. I know it's risky, but I know one day it'll pay off, and I will be a bouillonare.

Good evening to you all, and welcome to this month's steaming heap of rubbish.

With St Valentine's Day just gone I thought I'd share with you some facts about this saint.

St Valentine was a 3rd century Roman who is not only the patron saint of courtly love  , but also of sufferers of epilepsy, and bee keepers. Here's another interesting fact, the name Melissa is from the Greek meaning honey bee, this must be true, as I read it in a book, and there were no pictures in it before you ask, well other than on the cover anyway .

The present Mrs Nash, doesn't think I have a romantic bone in my body. She seems to think that a trip to the recycle centre, and then onwards to pick up bags of chicken food does not constitutes a romantic day out, and she definitely draws the line at going to watch rugby at Okehampton. Can't understand why myself, even the incentive of a bag of peppermint Aero, doesn't seem to make any difference.

Will close now. The Winter Olympics is on the tele, and you watch with fascination as to why people can get enjoyment out of trying to kill themselves in so many different ways.

We have been to the top of the ski jump at Innsbruck In Austria, in the summer, and you have to wonder who would ever launch yourself off the top of a 70 degree slope, with a view of the cemetery to greet you at the bottom.

Best wishes to you all. From Tim Nash. Still your chairperson.

*PS. How much does it cost to swim in a tank full of hungry sharks?
An arm and a leg.*

*Did you hear about the man who drank a gallon of invisible ink!
He's now at the hospital waiting to be seen.*

Lewdown Victory Hall

Spring Supper

Saturday 7th March @ 7pm

£15 per person

Meal Choices:

Cottage Pie

Vegetarian Curry & Rice

Chicken Casserole

Choice of Homemade Desserts

Tea, Coffee & Mints

BYO Bottle

Tickets: Sarah Nash 01566 783274 / 07852 403571

Soupa Troopers

All welcome to this community event



Wednesday March 11th

From 12.30pm in Lewdown Victory Hall

Soup and a Bread Roll, Tea or Coffee - £4

Followed by conversation & games



From the Editor:

Subscriptions are slowly arriving - many thanks. **Please send your annual subscription** to Sarah so we can continue to publish community **newslink**. See Page 3 for BACS payment details.

If you haven't already done so please visit **The Shop @The Blue Lion** as it is important we all support this new venture. Charlie and Nicky are doing a fab job and can also offer tea/coffee and perhaps cake in the not too distant future.

Finally **an update on Openreach...** who say they are still aiming to complete work by the end of February 2026. They are currently building in the Lewdown area for delivery of up to 1600 Mbps download/115 Mbps upload speeds this year. Victory Hall pledged it's Gigabit Voucher and notification has just been received inviting the committee to place an order for Gigabit with the chosen provider - progress at last!!!

Ed 😊

The Shop @The Blue Lion, Lewdown

Here is a selection of some items the shop offers:

Fruit & Veg

Fresh Bakery

Drinks & sweets

Fresh meats (to order)

Foxcombe Bakery

Local Jams, Chutneys & Honey

Local bottled/canned beers

Cleaning products

Newspapers & magazines (to order)

If there is anything you would like us to stock please let us know and we will do our best to get it.

Opening Hours:

Mon-Fri 09:00-11:00 & 15:00-16:00

Sat 10:00-12:00

Sundays Closed

We will also open during quieter times when the pub is open

Farming Report

Well I don't think we've really had one dry day these last few weeks, we've certainly had enough rain particularly with the muck stored filling up with only a few weeks storage left until we will need to get it out on the fields. Hopefully the weather will sort itself out!



We sold the first of the fat lambs at the start of February sending 125 to the abattoir and considering the weather in January they all came back very well and with the price strengthening due to Ramadan and Easter on the horizon hopefully the lamb trade will remain strong. More lambs will be picked to go for the start of March.

Becky Dennis

Gardening Jobs For March

This month's article is all about seeds, from top tips for sowing to some thoughts on different varieties, hopefully this will help get you ready for the season ahead.



Seed sowing top tips

The most important thing for seed germination is warmth, not light, but as soon as seeds appear they need to be in a bright spot to avoid getting leggy.

This is particularly a problem with early sowings, so don't rush as for everything other than chillies, peppers & aubergines there is still plenty of time to sow.

Be careful not to over water seedlings & young plants, if the compost is made too wet the little roots can easily rot and try to avoid crushing/soaking small plants from above.

Varieties I'd recommend

- ✓ Shallot 'Longor' - a productive variety, the bulbs have great colour and store well into the new year (we are just finishing off last years crop)
- ✓ Chilli 'Hungarian Hot Wax' - a good all round chilli, ripening from yellow/orange to red, fruit have a sweet tangy flavour that is not too hot
- ✓ Pumpkin 'Jack O Lantern' - produces a few nice sized fruit per plant, they are ideal for carving at Halloween but the flesh is also tasty when roasted
- ✓ Tomato 'Cream Sausage' - one of my favourite tomato varieties, plants produce an abundance of plum fruit on medium sized bushes

Other seed considerations

The seeds of some vegetables keep well for years, and so open packets can be kept and re-used. However, both onion and parsnip seeds don't germinate so well when they are more than a year old and so it can be better to get fresh seed every year.

There are so many places to get seeds, from online retailers, to garden centres and even the supermarkets. You can either find a reliable source and stick with them, or shop around and pick up good deals and different varieties from a number of sources.

Home saved seeds from F1 varieties won't be true to type, so whilst you might get an exciting hybrid variety you may also get a horrible mutant. This year I will be planting my own shallot bulbs from last summer along with some home saved pea and tomato seeds. The tomatoes are all open pollinated (not F1 varieties) so should grow true



May the weather be with you!

Liam

Secrets of the Past Beneath Our Feet

] found this hoard in 2012, near Mary Tavy, close to a highway, was it stolen and buried, or was it someone's savings? Being less than three hundred years old it was not classed as treasure.



1x George 4th Sovereign 6x George 3rd Shillings 7x George 3rd Sixpence 2x William 4th Sixpence
1x William 4th Groat (pence) - The Groat is the only silver coin with Britannia on reverse.



Cornish Penny. 1811
found near Rock, Cornwall

Sovereign from the hoard



Unknown coin set in stone



King David 1st Scotland 1125
first Scottish coinage to be minted

Iron age coin, bronze stater
Durotriges Tribe of
Dorset. 50 BC 50 AD time of
Christ. The Durotriges. coin
was cast as opposed to being hammered, they
were also made in silver and gold.



Interesting coin - the Groat

Tony Butland



STOWFORD COMMUNITY COFFEE MORNING

Come and meet your neighbours for a coffee, cake and catch up!

We meet on the first Tuesday of every month at Stowford Parish Hall.
10am - 12noon. All friends and family welcome.

£3 per person (cash only) which includes a hot drink and homemade cake.

All profits are donated to a charity chosen by villagers.
If you need help with transport, please contact Tracy on 07973 327161



Stowford's



at Stowford Parish Hall

Thursday 12th March 7.30pm

and then Thursday 9th April 7.30pm

£4 per person at the door Teams of 2 - 6 people

Bring your own drinks, we provide the nibbles.

(All profits go to charity)

Recognise this?



Lewdown Grouped Parish Council

Coryton, Lewtrenchard, Marystow and Thrushelton

Councillor Vacancies

Would you like to become a councillor representing one of the parishes?

Would you like to help shape the future of the area where you live?

If so, why not come along and see what is involved in being a parish councillor, your contribution will make a difference.

Contact the clerk for more details:

Email: clerk@lewdowngroupedpc.org.uk Web: www.lewdowngroupedpc.org.uk

From Delft to Devon

My family history by Peter van Delft - Part Four
Hendrik 1745-1815, 4 x Great grandfather

Hendrik lived with his wife Cornelia and seven children in a farmhouse called Sixenburg (see below) built around 1647.

Before the advent of motorised vehicles, most horse tracks were uneven and poorly maintained (a bit like the roads today). People and goods travelled for long periods of time to their destinations in uncomfortable conditions. A new canal system needed to be built to cope with the expanding population and to help move produce around much more quickly.



Soon after the start of the British Industrial revolution and its building of waterways, the Dutch also started to build a network of canals. This was to link up with neighbouring countries and the North Sea.

The location of Sixenburg was, in late 1600, to be of great importance. A new waterway was to be constructed from Amsterdam to Leiden. This would pass virtually alongside Sixenburg and would have great benefits for Hendrik and his family. Travellers using the new canal would be able to stop and rest, move their goods from there to Noordwijkerhout and vice versa. Hendrik and 3 x Great Grandfather Pieter and 2 x Great Grandfather Cornelis would benefit from the passing trade.



Left - Map showing some of the proposed main waterways in Holland 1631. Hendrik in his later years became a 'Burgemeester (mayor) of Noordwijkerhout' and he would also become a church warden of the Witte Kerk.

Despite strong local objections to the demolition of a 17th century historical property, in 1993 the Dutch government permitted Sixenburg to be bulldozed down to build a motorway.



With the new season rapidly approaching we have organised Winter Nets at Launceston College for current and new players (AGE 13+). This is a great chance to get your body moving without braving the cold and stormy weather :

2026 WINTER NETS

Wednesday 25th February (20.00-21.00)

Thursday 19th March (20.00-21.00)

Thursday 26th March (20.00-21.00)

There will be a small charge to cover the cost of the hall hire. For further details about the net

sessions please call or message Keith Maynard 07368 654932

GET SET WEEKEND: Date to be announced (likely to be early April)

The Get-Set Weekend has for many seasons been the pre-season focal point for clubs up and down the country to get set for the cricket season. There are many jobs that need to be done and we will give more information in the next Link and via our club social media pages. We will need some tradesmen to help and supervise so if you can contribute please let us know. Bacon Rolls and hot drinks will be provided!

CLUB HANDBOOK: ADVERTISING OPPORTUNITIES

Our Club Handbook offers the opportunity for local businesses to place an advert from as little as £50 whilst supporting the club at the same time. If this is something that is of interest please get in touch with Geraint on 07850 786310 or gw@aldersportswear.com

MATCH BALL SPONSORSHIP

Like all community clubs we rely heavily on the generosity of local people and businesses. We passionately believe that sport can be a power for good in our community. One relatively low-cost way of supporting us is through match ball sponsorship. Every Saturday we have to use a brand new ball for each innings and at £15 per match this is a great way to support our club. Your name or business will be displayed on A-board at the game and on social media over that weekend. Make contact on the number below if you interested.

Club Contact:

Geraint Williams 07850 786310

Junior Cricket Coordinator:

Mike Maynard 07974 756136



Stowford Parish Council



Meeting No 739 Minutes of Ordinary meeting held on 13th January 2026

These minutes are provisional until they are signed by the chair at the next meeting of the parish council.

Present: Cllrs Leroy St Louis (Chair), Alexander, Chick, Lorna St Louis, Terry,
Cllr Chris Edmonds (WDBC), P. van Delft (clerk) Meeting opened 7.35pm

1. Apologies - Cllr Law.
2. Members of the public open forum - One member present
3. Councillor vacancy - Mr Simon Jackson wished to be considered for the position of councillor. Cllr Lorna St Louis resolved to propose Mr Jackson on to the council, the motion was seconded by Cllr Alexander, motion carried, Mr Jackson was duly co-opted onto the council.
4. Dispensations & declarations of interest - none
5. Minutes of previous meeting 738 was signed as a true and accurate record of that meeting, proposed Cllr Alexander, seconded Cllr Lorna St Louis, motion carried.
6. Planning app. 3268/25/HHO - Householder application to redevelop the rear lean-to extension to form a family bathroom & extend the kitchen space & redevelop the garage. Rose Cottage, Sprytown, PL16 0AY Council decision - Support- Proposed Cllr Lorna St Louis, seconded Cllr Alexander, motion carried
Planning app. 3141/25/LBC - Listed building consent to redevelop the rear lean-to extension to form a family bathroom and extend the kitchen space. Rose Cottage, Sprytown, PL16 0AY Council decision - Support - Proposed Cllr Terry, seconded Cllr Alexander, motion carried.
7. Finance:
 - 7.1 Payments were authorised for the following invoices - P. van Delft - clerk salary (Nov/Dec) £334.10, HMRC - PAYE clerk pay £36.40, Refund clerk expenses £88.49. Proposed Cllr Chick, seconded Cllr Jackson, motion carried.
 - 7.2 R.F.O. reported a combined credit balance of £4783.76 after payments, a motion proposed by Cllr Lorna St Louis, seconded Cllr Alexander, carried.
 - 7.3 Draft budget for 2026-27 - Approval of anticipated receipts and expenses. After providing a detailed expenditure and receipts forecast it was resolved to request and set a precept of £4059, motion proposed Cllr Leroy St Louis, seconded Cllr Lorna St Louis, motion carried
 - 7.4 The following grant applications were approved - Stowford Church - Graveyard maintenance £100.00, Lewdown Res. Assoc.- Newlink printing costs £250.00. Motion proposed Cllr Alexander, seconded Cllr Laura St Louis, motion carried.
8. Cllr Edmonds of WDBC reported that no significant information had been released since the Christmas break.
9. Reports from Councillors - Cllr Alexander reported that he recently inspected the grit bins around the parish, due to recent weather conditions some usage had occurred, he would re-order replacement sacks to top up the bins. Cllr Chick also confirmed that grit had been used in the village, Cllr Lorna St Louis requested some grit sacks for Townleigh.
10. Councillor training - The chair suggested that councillors may wish to attend courses for 'planning' and 'new councillors'. Councillors would benefit from training so that they are ofay with the latest planning legislation reviews.
11. Table Tennis - promotion and organisation. The chair reported that 6 successful evening events had taken place, with more people attending the evening sessions every time. averts will go in the Newlink and Facebook page for future events.
12. Parish Questionnaire - The chair informed that 90% of the questions had been drafted, the questionnaire should be ready for the next meeting.
13. Highways reports - The clerk reported that D.H. had inadvertently issued the wrong details on recent work near Stowford Cross A30.
14. Dog fouling:
 - 14.1 Nuisance dog(s), dog(s) of leads - no new reports since last meeting
 - 14.2 Mobile Liaison Officer report - This service will be continued for the time being
 - 14.3 Dog fouling in church grounds - no reports since last meeting.
15. Mobile phone training - Training programme for parishioners. The chair informed that around 15 parishioners expressed an interest. Devon Learning the training provider will provide dates for the training sessions soon, once the dates have been agreed, the chair will place an advert in the Newlink.
16. V.E. Day 75yr commemoration tree - Replacement of existing dead tree. The chair suggested that the replanting should take place in March.

Date time & place of next meeting: 10th March 2026 - 7.30pm at Stowford Parish Hall

LAMERTON PRE: Point 2 Point Horse Racing 2026 □



DIG OUT YOUR DABBERS!!
MONDAY 2nd MARCH 2026

LEWDOWN VICTORY HALL
Lewdown Devon

**Grab your seat! Doors Open 7pm
Eyes Down 7.30pm**

£10 for 8 Game Card • Extra Games • Raffle
Win Fresh Chickens for Full House
With prizes for 1 line & 2 lines!!

WIN 3 PICNIC HAMPERS

to include p2p passes for the P2P at Kilworthy nr Brentor



on 22nd MARCH 2026 □

Village Skies by The Watcher on the Hill

As I write, the weather has been grim for weeks, although clear patches have cropped up at night from time to time. Star watchers in the UK, more so than our luckier counterparts abroad, need to make the most of every opportunity.

The fine display of aurora borealis on January 19th occurred after the previous column went to print. We were blessed with some clear skies and a moonless night, and were treated to quite a magnificent show of colour and movement. From my own garden I saw curtains of green light pulsating overhead, and nearby residents posted some impressive photos.

Last month I described some of the prominent constellations in the Winter sky - Orion, Taurus and Gemini. They are still visible towards the south-west, but will be setting ever earlier as the year progresses. Taking their place, rising in the east, are constellations characteristic of Spring, including Leo, the lion, and Bootes, the herdsman.

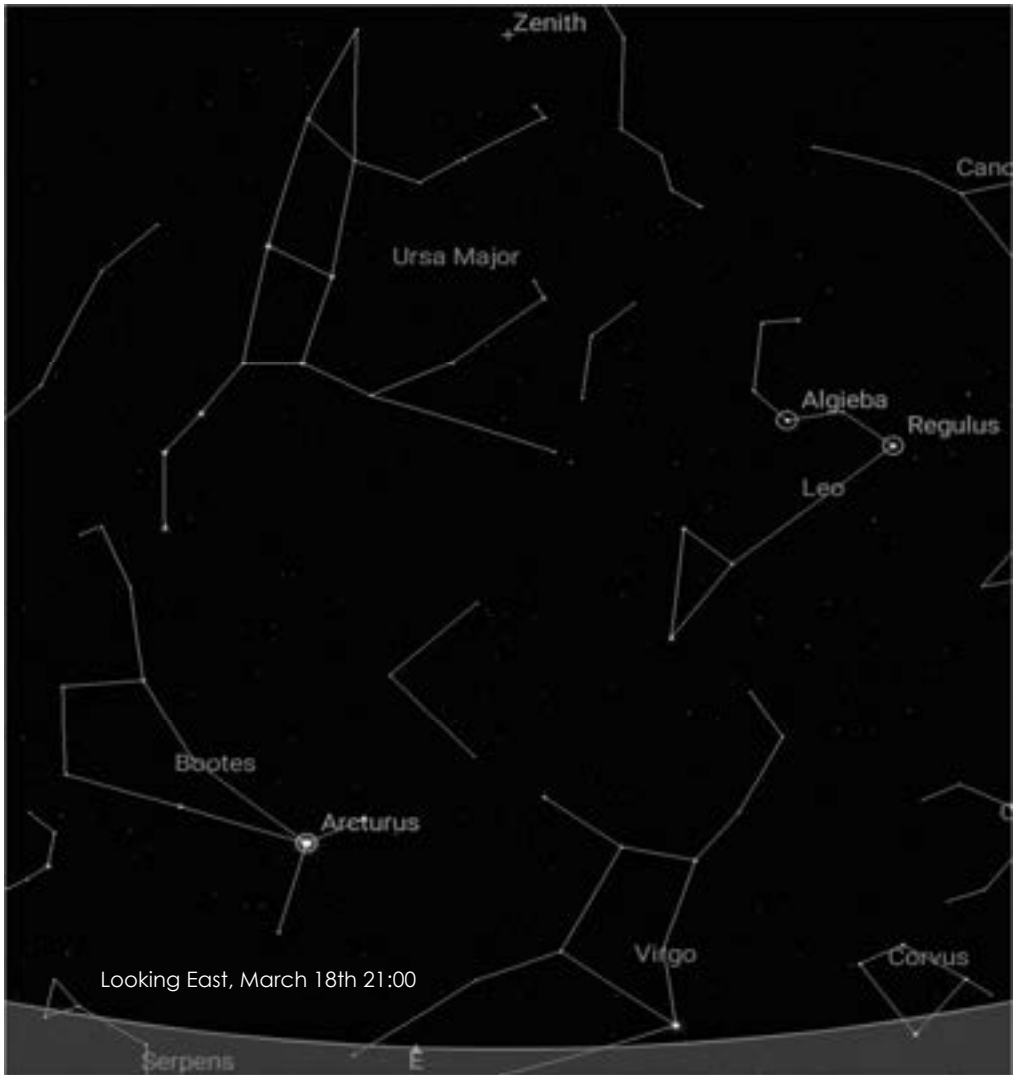
The distinctive shape of Leo is seen well in our darker rural skies, with its tail to the left and its head to the right. The stars of its "mane" and "chest" form a sickle shape, with the brightest at the bottom being Regulus (meaning "prince"). It lies very close to the route taken by the sun, moon and planets as they slowly traverse the background sky. As such, it is occasionally blocked out by them (Regulus being much further away from us than they are).

Further up in Leo's sickle is the star Algieba (Arabic: "forehead"). A reasonable amateur telescope shows it as a close pair of stars, orbiting each other over hundreds of years. There is a slight colour difference - to my eye, one of them seems a little more yellow.

The shape of Bootes is a little harder to make out. It is one of the earliest of the current 88 constellations to have been recognised (by Ptolemy, in the second century). Its brightest star, Arcturus, ranks second only to Sirius in our night skies. The star's name means "bear watcher", since it follows the Great Bear (Ursa Major) in its nightly journey around the celestial pole. It can be found easily enough by following the arc of the bear's "tail" down towards the horizon. It has a noticeably orange tinge, being a "red giant" some 25 times larger than our sun, although cooler, and further along in its lifespan.

The more distant planets (Jupiter, Saturn, Uranus, Neptune) have moved

only a little among the constellations since last month. Brilliant Jupiter still dominates the sky in the south, remaining within Gemini. Saturn is now getting too close to the setting sun to be seen, and will be lost to us for a few months before reappearing as an early morning object. Venus is



gradually moving away from the sun as we see it, setting about an hour after sunset.

The moon is full during the first week of March, and new on the 19th, so my fingers are crossed for some clearer nights by then.

Fun Story About the Relative Uselessness of Lawns

A conversation between St Francis and God...

St Francis Explaining Grass to God: Thought you gardeners would enjoy this conversation between God and St. Francis. It's pretty funny because it's so true.

GOD: Frank, you know all about gardens and nature. What in the world is going on down there on the planet? What happened to the dandelions, violets, milkweeds and stuff I started eons ago? I had a perfect no-maintenance garden plan. Those plants grow in any type of soil, withstand drought and multiply with abandon. The nectar from the long-lasting blossoms attracts butterflies, honey bees and flocks of songbirds. I expected to see a vast garden of colours by now. But, all I see are these green rectangles.

ST. FRANCIS: It's the tribes that settled there, Lord. The Suburbanites! They started calling your flowers 'weeds' and went to great lengths to kill them and replace them with grass.

GOD: Grass? But, it's so boring. It's not colourful. It doesn't attract butterflies, birds and bees; only grubs and sod worms. It's sensitive to temperatures. Do these Suburbanites really want all that grass growing there?

ST. FRANCIS: Apparently so, Lord. They go to great pains to grow it and keep it green. They begin each spring by fertilizing grass and poisoning any other plant that crops up in the lawn.

GOD: The spring rains and warm weather probably make grass grow really fast. That must make the Suburbanites happy.

ST. FRANCIS: Apparently not, Lord. As soon as it grows a little, they cut it, sometimes twice a week.

GOD: They cut it? Do they then bale it like hay?

ST. FRANCIS: Not exactly, Lord. Most of them rake it up and put it in bags.

GOD: They bag it? Why? Is it a cash crop? Do they sell it?

ST. FRANCIS: No, Sir, just the opposite. They pay to throw it away.

GOD: Now, let me get this straight. They fertilize grass so it will grow. And, when it does grow, they cut it off and pay to throw it away?

ST. FRANCIS: Yes, Sir.

GOD: These Suburbanites must be relieved in the summer when we cut back on the rain and turn up the heat. That surely slows the growth and saves them a lot of work.

ST. FRANCIS: You aren't going to believe this, Lord. When the grass stops growing so fast, they drag out hoses and pay more money to water it, so they can continue to mow it and pay to get rid of it.

GOD: What nonsense. At least they kept some of the trees. That was a sheer stroke of genius, if I do say so myself. The trees grow leaves in the spring to provide beauty and shade in the summer. In the autumn, they fall to the ground and form a natural blanket to keep moisture in the soil and protect the trees and bushes. It's a natural cycle of life.

ST. FRANCIS: You better sit down, Lord. The Suburbanites have drawn a new circle. As soon as the leaves fall, they rake them into great piles and pay to have them hauled away.

GOD: No!?! What do they do to protect the shrub and tree roots in the winter to keep the soil moist and loose?

ST. FRANCIS: After throwing away the leaves, they go out and buy something which they call mulch. They haul it home and spread it around in place of the leaves.

GOD: And where do they get this mulch?

ST. FRANCIS: They cut down trees and grind them up to make the mulch.

GOD: Enough! I don't want to think about this anymore. St. Catherine, you're in charge of the arts. What movie have you scheduled for us tonight?

ST. CATHERINE: 'Dumb and Dumber', Lord. It's a story about...

GOD: Never mind, I think I just heard the whole story from St. Francis.

Sent in by Roy

Devon Wildlife - Hedgehog

Considered a gardener's best friend, hedgehogs will happily Hoover up insects roaming in vegetable beds. Famously covered in spines, hedgehogs like to eat all sorts of bugs and crunchy beetles. They are most active at night and hibernate through winter.

Habitats: Towns and gardens
Grassland/Farmland/Woodland
Heathland and moorland

About: Category Mammals
Length: 15-30cm/Tail: 1-2cm
Weight: up to 2kg
Average lifespan: 2-3 years

Round, brown & famously covered in spines, the hedgehog is the UK's most familiar wild animal. They can be spotted in parks and gardens where bushes provide the perfect daytime getaway! They love long grass full of insects to feast on once the sun has set.



Hedgehogs eat all kinds of invertebrates, as well as amphibians, birds' eggs and anything else they can catch; they particularly like big, crunchy beetles and earthworms, making them a gardener's best friend. Hedgehogs hibernate over winter, from about November to April, in a nest of leaves or logs called a 'hibernaculum'.

How to identify: A unique and unmistakable animal, the hedgehog is small, brown and round, with yellow-tipped spines over its back, and a fur-covered face. Mostly nocturnal, you may see or hear one snuffling around the garden. Or look out for the signs of hedgehogs, such as medium-sized, black droppings full of insect bits on the lawn.

Distribution: Widespread, found throughout the country in a variety of habitats, though absent from some Scottish Islands. A large proportion of the hedgehogs on Alderney are blonde!

Did you know: Hedgehogs are known for their ability to roll themselves into a ball of spines when threatened. These spines are actually modified hairs and the average hedgehog has about 7000 of them, which can be raised using powerful muscles along their back.



EASTER Bingo

Lots of Chocolate prizes, Dinner and Cash Flyer

2nd April
7.30pm Eyes
Down 8pm

Lewdown
Victory Hall

**Everyone Welcome, proceeds going to the
upkeep of Hall**

Cocktail of the Month 'Daiquiri'

A quick and easy guide to the daiquiri. With white rum, freshly squeezed lime juice...

...and a simple sugar syrup, you are just a few steps away from making this classic at home.

TO MAKE THE SUGAR SYRUP:

- 100g/3½oz caster sugar
- 50ml/2fl oz water

TO MAKE THE COCKTAIL:

- 2 handfuls ice
- 60ml/4 tbsp white rum
- 25ml/1fl oz freshly squeezed lime juice



METHOD:

For the sugar syrup, put the caster sugar in a small non-stick saucepan over a medium heat and pour in the water. Stir and bring to the boil. CAUTION: boiling sugar is extremely hot. Handle very carefully. Use a deep pan to avoid bubbling over.

Once the sugar has dissolved and the liquid is clear, take the pan off the heat and leave to cool. Put a coupette or other glass of your choice into the freezer.

Fill a cocktail shaker with ice. Pour 2 teaspoons of the cooled sugar syrup over the ice in the shaker along with the rum and lime juice.

Shake vigorously for 8-10 seconds to combine all the ingredients, then strain into the chilled coupette using a hawthorne cocktail strainer and a fine mesh strainer. If you don't have a strainer, any kitchen sieve will work just as well.

From the Mountains of Japan

No.20 - Japan's Unique Valentine's Tradition

Rarely does a month pass without some ceremony or special event, and February is no different. Like the western world, Japan has its version of Valentine's Day, although for men in particular, it's not as stressful as it tends to be in many other countries.

In fact, on February 14th, men don't have to do anything at all. This day is for women to present chocolate to the men in their life to express love or gratitude. In the couple of weeks prior, all the shops stock up with boxes of expensive chocolates, the boxes often being as nice as the chocolates themselves. These are presented by women to loved ones (known as honmei-choco) or simply to friends, male work colleagues, or bosses. Working in a school, if one of the higher management happens to be female, I'll often find chocolates in my desk tray. It's also not uncommon to receive chocolate from the students, who will sometimes make what is known as "giri-choco" (obligation chocolate) in cooking classes.

And aside from expressing thanks, we are not required to do anything else.

Not until a month passes, however. Japan has a follow-up holiday known as White Day, on March 14th. This was started by a confectionery company in the 1970s and is now as popular as Valentine's Day. From February 15th onwards, all the shops are filled with return gift ideas. Chocolates and cookies are common, but in general the gifts must have a white theme.

However, there is another concept to consider. This is what is known as "sanbai kaeshi", or three times return. You don't need to worry if you get a single chocolate out of shared box, but if someone targets you specifically then your return (kaeshi) gift should cost roughly three times (sanbai) what the original gift cost.

Another interesting quirk is that you're quite likely to receive cat-themed chocolates. This is because Valentine's is close to Japan's Cat Day, which is February 22nd (it's said that the Japanese word for two "ni" resembles "nyan", the Japanese way of saying "meow").

Considering some of those mini boxes of chocolates can be pretty expensive despite only having a handful of chocolates inside, it doesn't pay to be too popular. It's also a good time to avoid answering the door to all the neighbours who ignore you throughout the rest of the year!

Chris Ward



Lewdown Grouped Parish Council

Coryton, Lewtrenchard, Marystowe and Thrushelton

Abbreviated Minute No 797 of Ordinary Meeting

Held on Monday 26th January 2026 at Lewdown Victory Hall

These minutes are provisional until they signed by the chair at the next meeting of the parish council

Present: Cllrs Yeo (Chair), Alexander, Allison, Andrews, Metherell, Perkins, Southcott, Wilkinson, P. van Delft (clerk).

1. Apologies for absence - Paul Mincher, Caroline Mott (WDBC)
2. Members of the public open forum - 4 members present - Parishioners raised concerns that flooding had again occurred in the vicinity of Coryton Station, whilst measures to divert flood water away from nearby properties had taken place, the continuing problem was now very severe.
This problem was not new and Cllr Perkins informed that several incidents had been reported by councillors to D.H. Parishioners provided details of highway incidents of stranded and flooded vehicles, vehicles driving on wrong side of the road. Recent inspection of the drains appeared that they were blocked and have collapsed. A request to ask the pc for more intervention with D.H. Cllrs Yeo, Perkins, Andrews and Southcott, informed that the pc would take further action and report to D.H. including the DCC councillor James Grainger.
3. PART 2. Meeting to open 7.47pm Motion to open proposed Cllr Andrews, seconded Cllr Alexander, motion carried. No public came back to the meeting on the close of Part 2. Meeting closed 8.18pm motion proposed Cllr Andrews, seconded Cllr Alexander, motion carried.
4. Declarations of Interest - Cllr Alexand Item 11, Cllrs Andrews and Metherell item 8.
5. Minutes of previous meeting 796 being a true reflection of that meeting were approved and signed by the chair. Proposed Cllr Andrews, seconded Cllr Alexander, all in favour.
6. Cllr Mott (WDBC) report - no new news due to Christmas break.
7. Planning app. 3596/25/FUL - Dismantling existing building and erection of a self-build dwelling as alternative to change of use to a dwelling under prior approval Class Q 1518/24PDM, Land at Allerford Farm, Portgate, Lewdown, EX20 4PU
Council decision - Object - proposed Cllr Metherell, seconded Cllr Andrews, all in favour.
8. Grant application - Lewdown Recreation Ground Trust - ground maintenance £230, motion to support proposed by Cllr Southcott, seconded Cllr Perkins, motion carried
Grant application Lewdown Victory Hall - wipeable table cloths £139, motion to support proposed by Cllr Southcott, seconded Cllr Allison, motion carried.
9. Finance:
9.1 Authorise payments for the following; Clerk salary - Dec- Jan £566.50, HMRC - Clerk paye £137.88, West Devon Borough Council - Planning app for the Ramps play area. £147.00. Motion to support proposed by Cllr Metherell, seconded Cllr Andrews, all in favour
9.2 R.F.O. Reported a credit balance after payments £22,356.84 Motion to support proposed by Cllr Alexander, seconded Cllr Andrews, all in favour.
9.3 Approval of Budget & Precept 2026-27. The R.F.O. recommended a budget of £11,622 and a precept of £11,192 would be requested. The budget now included extra funding for the new Ramps play area. Motion to support the budget and precept proposed by Cllr Perkins, seconded Cllr Southcott, all in favour.
10. Cllr reports - Cllr Perkins reported that since the recent weather storms stone debris had come down to Lewtrenchard Manor junction, Cllr Perkins to report to D.H. Cllr Perkins also provided video coverage of the recent flooding in the vicinity of Coryton Station plus all the recorded reports that had been sent to D.H.
Cllr Alexander reported that he had discussions with the head of Lewtrenchard Primary school regarding the existing failing heating system, the oldest boiler has now been condemned and not fit for use. Temporary electric heating has been installed but this was only just moderately heating the school and not a long-term solution. With approval from the head of L.P.S. Cllr Alexander suggested that the pc write to Daras Multi Academy Trust to seek very urgent remedial work to provide a new suitable heating system, Cllr Alexander also suggested that the D.D.C. councillor is also copied in on the correspondence to seek his support. Cllr Alexander proposed the motion to write a letter, seconded Cllr Southcott, all in favour.
Cllr Metherell reported that the collapsed hedging opposite Jethro's had been removed by D.H.
Cllr Southcott provided details of a presentation he had recently attended on the 'Digital Changeover', details of how to mitigate against power-cuts and maintain a working telephone. The existing copper phone network is expected to cease in January 2027.
9.30am - An extension to the meeting was proposed Cllr Yeo, seconded Cllr Perkins, all in favour.
11. Play area updates
11.1 Lease agreement - The lease was signed by an authorised solicitor and sent back to Ashfords. The agreement is now to be countersigned by the Recreation Field Committee, and the Baring Gould Corporation.
11.2 Planning application - Now payment has been authorised it will be submitted asap.
11.3 Play equipment - no new information.
11.4 Section 106 - update - The clerk provided details from recent WDBC correspondence informing of the funding guidelines and provided details how the pc would need to proceed the clerk to respond to WDBC with the councils objectives.
12. Councillor vacancies for Marystow and Thrushelton - no interest yet, it was resolved that another advert goes into the next edition of newslink.
13. Highways - Coryton Station, flooding - see item 10. Cllr Perkins informed she used some grit in Coryton and required a top up, Cllr Metherell informed that stock of grit was still available.
14. Correspondence - including a connectivity forum invitation, parishioner broadband information and thank you messages from organisations that had recently received grants.
15. Emergency plan - update - Cllr Southcott to provide the final update at the next meeting.

Meeting closed 9.58pm. Date, place and time of next meeting Monday 23rd February 2026, Lewdown Victory Hall, 7.30pm

The North Tamar Mission Community



You are warmly invited

to join us for

**A Special Mothering Sunday Service
for Everyone**

older, younger, and everything else in between!

With Fellowship Refreshments and Fun!

***The Parish Church of
St. John the Baptist, Stowford
Sunday 15th March 2026 at 11.15am***



Lewtrenchard WI February Report



Many members came to this meeting and yes, another wet evening to venture out.

Barbara welcomed Kathy who was going to talk to us about Movement for Well Being via tai chi (TMW). Kathy started by talking about how she got into TMW, what motivated her to take it up and why she enjoys it so much. We 'warmed' up by tapping our heads, arms, legs, tummies and chests. We then progressed

to a 12 movement exercise, we actually managed to do 9 exercises out of 12, which was a surprise to Kathy but a great compliment to us all. TMW is a really gentle and relaxing way to exercise, can be done standing up or seated. Kathy runs classes in Tavistock, for more info see: www.tmwtraining.com or contact her on kathymchugo@gmail.com. Everyone thoroughly enjoyed this session. We rounded up the evening with refreshments as usual.

Thursday 12th of February saw 20 of us enjoying Robin Hood the Panto at HATS, oh yes we did. We sent greetings to Bude WI and ended up with a 'sing off', of course, Lewtrenchard won 😊

Date & venue for next meeting: Monday March 9, 19:00, Lewdown Victory Hall

Hairdressing with Paula

Competition time:

We would like to invite members and the community to create a logo for our centenary. Logos may be hand drawn or electronically designed and submitted.

Contact secretary@lewtrenchard-wi.org.uk for more information or to submit.

The winning logo will be published in **newslink** and used for posters, stationary, etcetera. We may adjust colours to conform with NFWI rules.

Closing date: 15/03/2026

Get creative and good luck 😊

Dates for your diary:

9th March Monthly Meeting at 19:00

19th March Coffee morning

25th April Centenary fundraiser 10am - 12pm Lewdown Victory Hall

Walks suspended until further notice



Puzzle Page

Brain Trivia: Name one animal that has Blue Blood?

A boy and a doctor are fishing. The boy is the doctor's son. However the doctor is not the boy's father. Who is the Doctor?

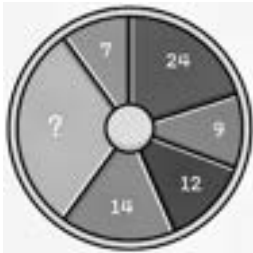
What should the time be?



Find the pig?



Guess the number?



A stone of 2 kg and an iron balance of 2 kg weight are kept on each side of a scale — and immersed in water.
Will the scale remain balanced or will tilt to one of the sides?

Evil Sudoku

				9
2			3	
3	7	5	9	4
4	6	3		
9		7		2
			9	6
7		3	2	4
	6			2
5				

Which glass will fill up first?

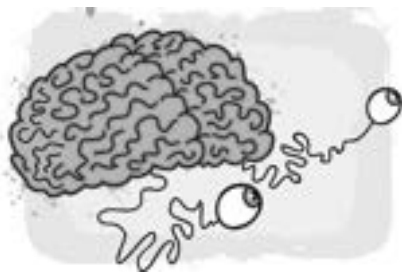


February Answers

The Man in the Lift Puzzle: He's short and can only reach the 7th-floor button unless he uses an umbrella.

The Ball Weighing Puzzle: Divide the balls into three groups of three.

Weigh two groups; if equal, the odd is in the third. Weigh again two balls within that group to identify it. If equal, the heavier ball is the last one remaining.



The 2-sided polygon: Yes, if you draw it on a sphere.

The Colourful Socks Puzzle: Three pulls guarantee a matching pair.

A woman shoots her husband: The woman was a photographer. She shot a picture of her husband, developed it and hung it up to dry.

There is a word in the English language: Heroine

You're escaping a labyrinth: a Exit C. If a lion hasn't eaten in 3 years, it has definitely starved to death.

In 1990: The person



Evil Sudoku

9	4	8	6	2	5	1	3	7
3	6	1	8	9	7	2	4	5
5	7	2	3	4	1	9	6	8
2	9	3	4	7	8	6	5	1
1	8	7	5	6	9	3	2	4
6	5	4	2	1	3	8	7	9
4	3	5	1	8	6	7	9	2
7	1	6	9	5	2	4	8	3
8	2	9	7	3	4	5	1	6

POINT-TO-POINT HORSE RACING

SUNDAY 22 MARCH
Kilworthy, Brentor, Nr Tavistock

First Race
1.00pm



Bar. Bookmakers. Refreshments
Large Screen For Better Viewing
Trade Stands Welcome
Together with Sponsorship

Entry £15 pp
Children u16 Free

Parking For Blue Badge Holders.
Dogs Welcome On Leads


★ 1 FREE ENTRY TO EXETER RACES ON 7 April WITH
EVERY RACECARD BOUGHT at Kilworthy Racing ★

Contact Mrs M Lewis 07975 536930

mariaracing@outlook.com



**MOUNT
KELLY**
CHORAL SOCIETY

 50 YEARS
1976 - 2026

exeter
festival
chorus

Concert

Coronation Anthems - Handel Stabat Mater - Pergolesi

Saturday 25 April 2026 at 19:30

Town Hall | Tavistock | PL19 0AE

Mount Kelly Choral Society

Exeter Festival Chorus

Divertimento Ensemble

Directed by:

Dan Robson & Andrea Brown



Tickets availability is limited. £18 or free for U18s from:
www.ticketsource.co.uk/mount-kelly-choral-society

Exercise of the Month

Toe-ga Yoga for the Toes!

1. Standing upright, PRESS your big toes into the floor and attempt to LIFT the rest of your toes (toes 2-5). Hold for 10-20 seconds.



2. Standing upright, PRESS toes 2-5 into the floor and attempt to LIFT your big toes. Hold for 10-20 sec.



3. Standing on one foot, curl all the toes of your other foot under, heel up, and hold for 10-20 seconds. Repeat on the other foot.



4. Standing on one foot, curl the big toe of your other foot under while rest of toes stay forward facing. Keep your heel up. Hold for 10-20 seconds. Repeat on the other foot.



5. Standing on one foot, curl the 4 smaller toes under while your big toe stays forward facing. Keep your heel up. Hold for 10-20 seconds. Repeat on the other foot.



Jean

Roast Chicken with Rhubarb:

In season this March. Celebrate spring's arrival with this scrummy seasonal recipe. Harness the Spring flavours with this delicious recipe.

Ingredients:

400g rhubarb	½ orange, juiced	1 tbsp grated ginger
40g butter, softened	1 tsp fresh thyme, chopped	1 x 2kg whole chicken
1 chicken stock cube	2 tbsp plain flour	1 tbsp red wine vinegar



Method:

Preheat oven 180°C/fan. Cut 2 rhubarb stalks into 3cm pieces, place in small saucepan with orange juice & ginger over low heat. Cook until completely softened. Sieve over bowl, leave to stand for 15 min. Set aside.

Mix cooled rhubarb with butter & thyme, season to taste.

Lay chicken on baking sheet with a rim and use your fingers to loosen the skin from the breasts. Spread butter under skin. Cut two rhubarb stalks & place in chicken cavity. Roast for 20 min/500g, plus 20 min, baste regularly.

30 min before chicken finished cooking, cut remaining 2 stalks of rhubarb into 3cm pieces and scatter around chicken on tray. Spread remaining 1 tbsp of rhubarb butter over chicken, pour remaining stewed juice over top. Return to oven for 30 min.

Once chicken finished cooking, set aside 20 min, covered. Make 500ml chicken stock in jug. Remove rhubarb from roasting tin, set aside. Add flour to roasting tin, stir to combine with pan juices. Cook over medium heat, stir continuously, for 2 min, add stock gradually preventing lumps. Use sauce whisk to beat out any lumps. Once all stock added, stir in rhubarb from roasting tray & red wine vinegar, cook for 3 min until thickened. Serve with the roast chicken.

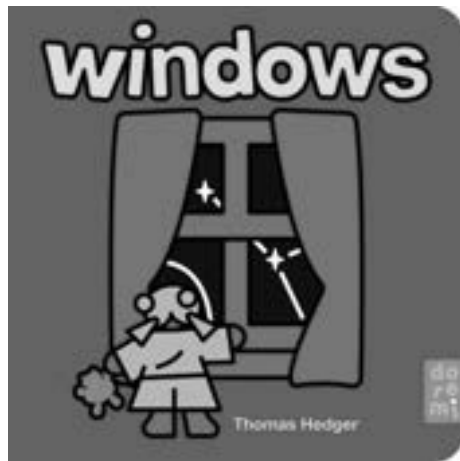
From Sainsbury's

Awaiting publication: Windows by Thomas Hedger

A new Baby Book for the very young

I'm dreaming of a place tonight. My window shows me stars so bright. And I want to see more...

From inside a dragon's lair to flying through the skies above, and from grazing with farm animals to diving deep under the sea, follow a little adventurer as she travels through the windows to the world outside, and even beyond into space, before she comes home to her cosy bed.



This beautiful, robust board book is the perfect bedtime read for babies and toddlers. Children will love peering through the 10 unique die-cut windows and guessing where the little girl's imagination will take us next. Thomas Hedger's bold, high-contrast images will captivate young children as this gently interactive story takes them on a magical journey to settling down to sleep.. .

Publisher: Do Re Mi
ISBN: 9781917933025

Reflections of a Steam Engine Fireman

Following on Monday, it looked like I was to be rostered a week on loan to Nine Elms and the same driver, so Tuesday we had a different engine, a 2-6-2 standard tank, and we were prepared for the carriage washer, windows closed and stood up against the boiler with strong words to the man that was operating the washer, I started to get to know driver Wilton, who convinced me to part with money to become an honorary member of the Bullied Preservation Society.

So imagine my surprise when on Wednesday our turn was changed and we had to meet at Waterloo and relieve the crew on and up West of England train and the engine was one of the locos that my driver had earmarked for preservation a 34023 Blackmore Vale. Driver Wilton was thrilled.

We relieved the crew and I uncoupled from the train and bump the train out of station at departure time, over the top, pass the signalbox and set back onto 12 coaches, couple up again and when the signal was green MW (main Windsor) take to Clapham carriage sidings, we are in reverse to Clapham, on arrival place coaches in sidings uncouple and light engine to Nine Elms, clean the fire, smokebox and ashpan, then top up with water and fill the sanders up if needed, then prepare the engine for return.

On the turntable, turn, and start making the fire up, fill up the back corners and rear firebox till it virtually rolled out of the firehole door, the fire is dull at this point but when it burns through it will be just right for departure time from Waterloo.

Driver oiling round so check that I have everything in order and go to the stores with my oil and paraffin cans, fill up, make the tea and return to engine, just the lamps to do.

When its time to depart under the coal hopper (best coal) then trim the coal on tender so its safe and nothing can fall off, up to the ground, signal and depart when signal is off, pull up to loco junction and wait for ground signal, then reverse to Waterloo, on arrival at home signal is off and reverse back onto train couple up and remove tail lamp and place headcode discs on correct bracket and turn on electric lights, train is going to Exeter, back on the footplate the engine about to lift her safety valve, so injector on to keep quiet .



Exeter crew relieve us top link men, fireman thank me for getting loco right (big smile) we pick up our gear and alight from the engine just as her safety valve starts to blow and it is right away.

Walk down the platform and relieve a crew from Nine Elms top link with a Bournemouth train a Merchant Navy Class and repeat again empties to Clapham carriage sidings

Back to Nine Elms, this time the engine is disposed ready for next duty so clean the fire etc. top up with water and place in the shed.

Walk to our next engine, a West Country rebuilt pacific, and prepare, when time to leave the shed, fill up water and coal and take to Waterloo, this engine is working to Bournemouth, get relief and go home.

A 12 hour day!

Tom

*The Parish Church of
St. Nicholas Broadwoodwider
Building and Fabric Fund*



*The Bestest Wine &
Wisdom Quix Evening*



And even a little Fun



Friday 13th March at 7pm for 7.30

Fantastic super prize for the winning team

Best Ever Raffle with bottles of Whisky, Port,
Champagne and small bale hay already pledged!

Lots of Hot & Cold nibbles Wine & soft drinks available

Bratton Clovelly Parish Hall

Tables of up to Six People - £6 per person

For booking and further details contact:

Phone/text 01566 776758 email marion0428@icloud.com

Please book in advance if you can!



The North Tamar Mission Community



St. Mary the Virgin,
Kelly with Bradstone

St. Mary the Virgin,
Lifton

St. Nicolas,
Broadwoodwidge

St. John the Baptist,
Stowford

St. George,
Thrushelton

St. Peter,
Lewtrenchard

Ministers

Lifton, Broadwoodwidge, Stowford, Lewtrenchard, Thrushelton & Kelly with Bradstone United Benefice

The Revd. Philip Conway, 01566 784462 liftonpriest@yahoo.com
The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice

The Revd. Gill George, 07947 604160 revgillgeorge@gmail.com
The Vicarage, The Parade, Milton Abbot PL19 0NZ

Churchwardens

Lifton - St Mary's

Mrs E Brown 01566 784386 Sarah Chandler

Broadwood - St Nicholas

Mr D Perkin 01566 776758

Stowford - St John the Baptist

Mr C Chick 01566 783223

Lewtrenchard - St Peters

Mrs A Westlake 01566 783909 Mrs R. Dawe 01566 788838

Thrushelton - St George

Mr A J Nash 01566 783274 Mr T Nash 01566 783320

Kelly with Bradstone - St Mary's

Mr W Kelly 01822 870249 Mrs L Hayward 01822 870852

Marystowe - St Mary the Virgin

Amy Harrowell 01822 860181 Joy McSmythurs 01822 860630

Coryton - St Andrews

Mr G. Vicat 01822 820254 Mrs J Whitfield 07989 666427

From the Parish Priest

Dear Friends

One of the phrases I use, probably too much, is that there is no such thing as Ordinary Time in the Church's year, as following Christ is an extraordinarily wonderful thing to do!

It is a play with words, as we have just left a short period of Ordinary Time between Candlemas and Lent, and there is a much longer period of Ordinary Time over the Summer and Autumn. But there is nothing Ordinary about the Christian Life!

Over the next few weeks we will, once again, be taking part in the most exciting time in the Church's Year. as we continue to travel through Lent, acknowledge the love within our families on Mothering Sunday and relive and celebrate the dramatic moments of Jesus' final days, his

death and resurrection during Holy Week and Easter..

The commemorations of Holy Week, that lead into Easter is a reminder to us all of God's understanding of human suffering. We see a great deal of despair, unfairness, hurt and suffering in our world at present. These were all things that Jesus experienced in his lifetime, and by living through them was able to triumph over them. So let us use this time to commend our World to God who loves and cares for his creation so much.

Please do come and join us in our commemorations and celebrations over the next few weeks. They are special times which we prepare for with special effort.

Easter tide is a time for joyous celebration, and we are thrilled to have with us, during Easter Week, an exceptional group of young singers from Germany who specialise in Barbershop singing. The Barberpapas will be performing in St. Mary's Lifton on 9th April at 7pm. The concert is free and is open to everyone of any age. I can assure you that it will be a night to remember!

With love and prayers,

Philip

Service times for March 2026

Any updates will be posted on the Mission Community Website <https://north-tamar-churches.org>

1st March **6pm** **on the eve Saturday 28th February Vigil Eucharist at Kelly**
Lent 2

9.30am **Parish Eucharist at Lifton**
11.15am **Parish Eucharist at Stowford**

8th March **6pm** **on the eve Saturday 7th March Vigil Office at Kelly**
Lent 3

9.30am **Parish Eucharist at Broadwoodwidge**
9.30am **Morning Prayer at Thrushelton**
11.15am **Parish Eucharist at Lewtrenchard**

15th March **6pm** **on the eve Saturday 14th March Vigil Eucharist at Kelly**
Mothering Sunday

9.30am **Mothering Sunday Eucharist at Lifton**
11.15am **Special Mothering Sunday GIFT service at Stowford**
See Separate notice

22nd March **6pm** **on the eve Saturday 21st March Vigil Office at Kelly**
Lent 5

9.30am **Morning Prayer at Broadwoodwidge**
9.30am **Parish Eucharist at Thrushelton**
11.15am **Parish Eucharist at Lewtrenchard**

Wednesday Morning Eucharist: 10.30 at Lifton

There will be some occasions when the Wednesday Morning Service will be a service of Morning Prayer.

Holy Week Services

29th March **Palm Sunday**

11am **Mission Community Palm Sunday Celebration**
at St. The Parish Church of St. John the Baptist, Stowford.
Starting at Stowford Parish Hall (Weather Permitting).
Procession of Palms, Reading of the Passion Gospel and Liturgy
of the Eucharist, followed by Soup and Pasty Lunch.



30th March - 1st April Holy Week Eucharist & Address

7pm Monday St. Mary the Virgin, Lifton
Tuesday St. Peter's Lewtrenchard
Wednesday St Nicholas' Broadwoodwidge

2nd April Maundy Thursday
7.30 pm Mission Community Solemn Liturgy for Maundy Thursday
with the Washing of Feet & Watch of the Passion
at St. Mary the Virgin, Kelly

3rd April Good Friday
10am Ecumenical Procession of Witness & Reflection
Starting at Strawberry Fields. concluding at St. Mary the Virgin, Lifton
2pm Mission Community Liturgy for Good Friday
The Liturgy for Good Friday at St. George, Thrushelton

Easter



4th April Holy Saturday (Easter Eve)
7pm Mission Community Easter Vigil at St. Peter's Lewtrenchard
Vigil of Readings, Lighting of the new Fire & Liturgy of Light,
Renewal of Baptismal Promises & First Eucharist of Easter.

5th April Easter Day
9.30am Festival Eucharist with Baptism
at St. Nicholas, Broadwoodwidge
11.15 Festival Eucharist
at St. Mary the Virgin, Lifton

All services during Holy Week and Easter are Mission Community Services, no matter which building they take place in.
Everyone of all ages is welcome to every service

The Parish Church of St. Mary the Virgin, Lifton

Presents

Award Winning German Ensemble

BARBERPAPAS
ACAPPELLA BARBERSHOP

*A rare chance to hear this
World Class, Internationally renowned
Barbershop Ensemble outside their home country*

Thursday 9th April 2026 at 7pm

Entry free - Donations welcome

All enquiries: liftonpriest@yahoo.com



Bridestowe Methodist Church

Preachers for March 2026

1st	Drop in the ARK	10:30 - 12:30
8th	Local arrangements	11:00
15th	V Penfound	11:00
22nd	Bridestowe Worship Group	11:00
29th	At the CofE for US	10:30

St. Mary the Virgin, Marystowe

1st March	10:30	Holy Communion
15th March	09:30	Breakfast Church

St. Andrew, Coryton

8th March	11:15	Matins
22nd March	16:00	Holy Communion

Please see the church website www.southtamar.church for details about services

Quakers

Meeting for Worship:

Tavistock

Every Sunday 10.00am.

4 Canal Road

Tavistock

Contact: Kay Nicholson

01822 614596

Okehampton

Second Sunday 10.30am.

Fourth Sunday 10.30am

Second Sunday Children's Meeting

Ockment Centre

North Street

Okehampton

Contact: 01837 55805

Roman Catholic Services

Tavistock

Sunday 9.15am

Holy Days 10am

Fr. Greatbatch 01822 612645

(P. Sparling 01822 860355)

Okehampton

Sunday 11.15am

Sunday 5.30pm

Chagford - Saturday 5.30pm

Fr. A. K. Gundabathina 01837 52229

anil.gundabathina@predtr.org.uk

Launceston

Sunday 10.30am

Holy Days 7.30pm

Canon John Deeny 01566 773166

WORLD DAY OF PRAYER

A service for everyone!

Friday 6 March

I will give you rest, come

Nigeria 2026

**St Nicholas Church
Broadwoodwidge**

2.30pm

Everyone Welcome

(practice February 27th 2.30pm)



INFORMED PRAYER PRAYERFUL ACTION

24-7 365 Days a year Prayer movement Ecumenical International Women-led

wwdp.org.uk

Registered Charity Number 233242

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