

**The Area Magazine for Lewdown, Stowford, Thrushelton,
Lewtrenchard, Chillaton, Coryton & Marystow**

August 2025

community newslink

for all that's going on in your area...

50p
donation



Published by the Lewdown Residents Association

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www.lewdowngroupedpc.org.uk

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County Councillor

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Milton Ford Ward
Neil Jory 01822 860342
Bridestowe Ward
Terry Southcott 01566 783079
Caroline Mott 01837 861212
Tamarside Ward
Chris Edmonds 01566 784794

Schools

Lewtrenchard 01566 783273
Lifton 01566 784288
Milton Abbott 01822 870273

Colleges

Tavistock 01822 614231
Okehampton 01837 650910
Launceston 01566 772468

Ring & Ride

Okehampton Area 01837 55000
Tavistock Area 01822 618028

Community Groups

Cricket Club 07847111330
Chillaton Football Club 01822 860476
Lamerton Pony Club 01822 860350
Lewdown Past 01566 783396
Lewdown Residents Assoc. 01566 783320
Lewtrenchard WI 01566 783765
Lifton Benefice Churches
Revd Philip Conway 01566 784462
liftontpriest@yahoo.com
Lifton Surgery 01566 784788
01566 784111
Red Spider Company 01409 221376
Recreation Field 01566 783367
Stowford Hall 01566 783223
Victory Hall 01566 783267
Youth Cricket 07847111330
Young Farmers 07443 461344

Advice Helplines

Citizen's Advice Bureau 08444 111444
West Devon Women's Aid 01837 55228
Age Concern 01752 665424
Health Information Line 0800 665544
Homelessness Trust 01822 615259
Parentline 0800 8002222
Relate 01392 275681
Samaritans 08457 909090
Tavistock Area Support Svcs. 01822 616958
Age UK 01822 616958
Transport to Health 01822 617525
Victim Support 01822 820455
Youthwise Okehampton 01837 54004

Shop & Post Office

Copper's PO & Stores 01566 783218
Lifton PO & Stores 01566 784211

Front Cover Picture

Description

Lewdown Produce Show 2024 - Post Judging.

Photo: Ed.

newslink archive

www.rawrationsplus.co.uk/lraarchive.html

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Thank you for your support

community newslink

Produced by Lewdown Residents Association

A magazine providing news, information & items of interest for the areas of Lewdown, Stowford, Thrushelton, Lewtrenchard, Chillaton, Coryton & Marystowe

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All news, photographs, reports, events, etcetera for NewsLink need to be sent to the Editor by the 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us.

B&W advertising in newslink is free for Charity events in our local areas.

Adverts for events outside of the area and for businesses are priced as follows:

	Black & White	Colour
1/4 page	£4/month or £40/year	£6/month or £60/year
1/2 page	£8/month or £80/year	£12/month or £120/year
Whole page	£12/month or £120/year	£16/month or £160/year

Please note that advertising prices are subject to VAT at 20%

Good evening to you all, and welcome to this month's wonderful waffle.

I hope you are all finding some method of keeping cool , in this rather warm and for some uncomfortable spell of weather we are having at the moment, my preferred method is to keep drinking, and have a cool shower at the end of the day, just before going to bed, but that's a imagine that you probably don't want in your head .

The present Mrs Nash and myself have been very busy picking peas, and Broad beans, to go into the freezer for the winter, and we have started digging potato's, and so far all is going well.

Will close now as it's hopefully cool enough to water up the greenhouse, and then we will sit outside for a few minutes and watch the sun go down , and the first stars appear.

Best wishes to you all, from Tim Nash

P.s

A wife's friend went to a fancy dress party the other night dressed as a Philips screwdriver.

She definitely turned a few heads.

I went to the same party dressed as a globe.

I didn't speak to anyone all evening.

I was in a world of my own.

Who is the coolest doctor in the hospital?, The hip replacement surgeon.

From the Editor

A reminder that the Lewdown Produce Show is on Saturday August 23rd. Doors open for exhibitors 8.30am. Entries can be staged the previous evening from 7-9pm. 10am doors close for judging. 2.30pm official opening. Entry: Adults 50p Children 10p 4pm Presentation of Cups & Prizes. 4.30pm Auction of Produce. Ed.

Soupa Troopers

All welcome to this community event



Wednesday August 13th

From 12.30pm in Lewdown Victory Hall

Soup and a Bread Roll, Tea or Coffee - £4

Followed by conversation & games



Draw Results

July

£15 Andy Heard #66
£5 Jonathon Nash #174
£5 Val Vernon #23

Bratton Clovelly & Area Twinning Association



**We will be visiting Nonant
May 14 - 18, 2026**

Please contact Monique if you would
like to join us: monique@hedger.biz



Stowford Parish Council



Abbreviated minutes of Ordinary meetings held on 8th July 2025

These minutes are provisional until they are signed by the chair at the next meeting of the parish council.
Meeting No 735

Present: Cllrs Leroy St Louis (Chair), Law (Vice chair), Alexander, Chick, Lorna St Louis, Terry.
Cllr Chris Edmonds (WDBC), Peter van Delft (clerk),

1. Members of the public open forum - no members present
2. Dispensations & declarations of interest - none
3. Minutes of previous meeting 734 were signed as a true and accurate record of that meeting. Proposed Cllr Lorna St Louis, seconded Cllr Alexander, all in favour
4. Finance - 4.1 Authorisation and to pay the following invoices - Vision ICT - Email account £16.00, Peter van Delft - clerk salary (May- June) £341.60, HMRC - PAYE for clerk £17.40, I.C.O. - Annual renewal fee (D/D) £47.00. Proposed Cllr Alexander, seconded Cllr Leroy St Louis, all in favour. 4.2 New bank account update - The R.F.O. informed that a new Commercial Instant Access acc. has been opened with Lloyds Bank, the sum of £3000 being transferred from treasurers acc. 4.3 R.F.O. reported a combined credit balance of £4,573.90 after authorised payments. Proposed Cllr Law, seconded Cllr Terry, all in favour.
5. Cllr Edmonds of WDBC reported that he wished to comment on item 12.
6. Planning app. 1767/25/FUL - Retrospective application to regularise installation of a permeable farm track. Sunnybrook Farm, Portgate, Lewdown, EX20 4PZ. Council decision - Object - Proposed Cllr Leroy St Louis, seconded Cllr Lorna St Louis, three councillors supported the application, three councillors objected, the chair having casting vote, voted to object.
7. Reports from Councillors - Cllr Alexander reported that the defibrillator had been used recently, however, he informed that the battery did not appear to be fully charged. The clerk to inform the Stowford Parish Hall committee. Cllr Alexander also informed that a Mabrak meeting had taken place last month, he informed that the proposed changes could have serious ramifications for the parish if a response to the proposal was not thoroughly considered. It was resolved to include the Mabrak proposal at the next meeting. Cllr Chick received an enquiry regarding a planning proposal in the village. The chair informed that W.D.B.C. planning department had a telephone service (chargeable) that could help out with providing the initial guidance but planning advice would still need to be sought by the appropriate authorities. Cllr Terry informed that tree saplings had started to grow in and around the church triangle. The clerk informed that this was a matter for Stowford PCC.
8. Table Tennis - promotion and organisation. The chair reported that he spoke with some parishioners that expressed an interest in helping to run a group. The chair to follow up.
9. Replacement bench located at Stowford Cross Bus stop. The clerk informed that the bench was due to be delivered at the end of July.
10. Parish Questionnaire - draft questions and reply box - A reply box has been erected in the porch of the Stowford Parish Hall. The chair provided a first draft of a questionnaire informing that it was hoped to be of a more engaging but less formal document. The main points being how the community could be better engaged within the parish including community connection, participation and inclusion, fun and fellowship, imagination and future vision. Cllrs to respond to the draft by 16th July.
11. Highways reports - Cllr Leroy St Louis reported that he reported pot-holes on the D.H. website and that the problem was repaired within three days. Cllr Chick reported that a parishioner had complained about an overgrown hedge in the village, Cllr Leroy St Louis also had received a complaint about the same hedge. The chair informed how the complaint could be reported on the W.D.B.C. website or on the Devon Highways website. Cllr Leroy St Louis suggested that councillors and parishioners could 'self-serve' for quicker and accurate reporting, however the parish council was still there to help. The chair suggested that the appropriate procedure to self-serve could be posted on the facebook page and Newslink.
12. Dog fouling, nuisance dog(s), dog(s) of leads - Mobile Liaison Officer report and update. The chair informed that the item is to be discussed under 'Part 2' guidelines.
13. Mobile phone training - Training programme for parishioners. The chair informed that he approached 'Learn Devon' if training was available. Free training was available for a minimum of 6 parishioners, details to follow and promotion to be arranged. It was resolved that the hall costs to be initially paid by the parish council and that it may then be recovered by L.D, proposed Cllr Law, seconded Cllr Terry,

motion carried. The chair to make arrangements.

14. Clerk contact details - contact & new email account. The clerk informed that the parish councils new email account had been set up and that he was working on making it fully available by September. The clerk informed that his digital telephone land line service was not being renewed and enquired if the p.c. wanted a telephone service then it would need to provide a means to do so. It was resolved that a "virtual" telephone service would be provided by the council, motion proposed Cllr Law, seconded Cllr Terry, all in favour. The chair to make arrangements.
15. V.E. Day 75yr commemoration tree - Replacement of existing dead tree. The clerk informed that the second Oak tree had died. An alternative genus would be required to successfully grow. It was resolved that alternatives are provided for the next meeting. The clerk to enquire.
16. Standing Orders - Review & adoption to include new regulations - It was resolved to adopt the new Standing Orders, proposed Cllr Lorna St Louis, seconded Cllr Law, all in favour.
17. Correspondence - The chair informed that he received a complaint regarding a highway's obstruction in Portgate, Cllr Edmonds informed that he was also in contact with the complainant. After much discussion it was considered that the problem was better dealt with by Devon Highways. Cllrs Leroy St Louis and Edmonds to follow up.

Part 2

Public bodies (Admission to Meetings) Act 1960 pursuant to section 1 (2) of the Public Bodies (Admissions to meetings) Act 1960, that because of the confidential nature of the business to be discussed, the public will be excluded from the meeting at this point.

Meeting opened 9.43pm

Present: Cllrs Leroy St Louis (Chair), Cllr Law (vice chair), Chick, Lorna St Louis, Terry.
Cllr Edmonds (WDBC). Peter van Delft (clerk).

12. Dog fouling, nuisance dog(s), dog(s) off leads

Meeting closed 9.46pm

Date time & place of next meeting: 2nd September 2025 - 7.30pm at Stowford Parish Hall

Current Reservoir Levels

Week ending: 6 July 2025

Reservoir	Current level (%)	Current storage (MI)	Net capacity (MI)
Stithians	83	4,133	4,967
Drift	87	1,046	1,200
Argal	82	1,067	1,302
College	100	246	246
Crowdy	91	930	1,022
Colliford	70	19,966	28,540
Siblyback	71	2,258	3,182
Upper Tamar	97	1,431	1,477
Roadford	86	29,9528	34,500
Burrator	74	3,136	4,210
Wistlandpound	62	959	1,550
Meldon	90	2,707	3,020
Wimbleball	69	14,631	21,320
Fernworthy	98	1,724	1,765
Kennick, Tottiford & Trenchford	72	1,453	2,011
Avon	94	1,228	1,313
Venford	92	683	740



“Learn Devon” previously delivered a Digital Training course at Stowford Parish Hall. They **are now delivering some workshops learning about using apps on a mobile phone:**

- Downloading apps on your mobile phone
- Entertainment on your mobile phone - BBC sounds etc
- Accessing the NHS app on your mobile phone
- Using navigational apps like Google on your mobile phone
- Accessing email on your mobile phone

These are free and each workshop lasts about 2 hours. 6 sessions (one per week) are anticipated to start in September 2025 (dates tbc). There are no tests or assessments at the end of the course. Each attendee will need their own Smartphone and it would be advisable for the user to have become familiar with the basic use of their phone before attending the training.

- **Please note there are a limited number of spaces. If you have any queries and/or you are interested in joining the course please contact:**

Leroy St Louis: 07405 472931 or Esther van Delft: 07715434237

This event is sponsored by Devon County Council and Stowford Parish Council





RESULTS:

21st June: Lewdown 1st XI 144/5. Ipplepen 3rd 140/7. **WON**

21st June: Abbotskerwell 3rd 55/2. Lewdown 53/AO. **LOST**

28th June: Lewdown 1st XI 275/4.

Babbacombe 2nd 58 A/O. **WON** Ollie Brown 114 N/O, Tim Shaw 70. Nick Smith 4 wickets for 4 runs, Wilf Mallinson 4 wickets for 2 runs.

28th June: Lewdown 2nd XI 200/3.

Dartington 2nd 204/4. **LOST** Johnny Knight 108 Not Out.

5th July: Lewdown 1st XI 200/7. Chudleigh 2nd 151/AO. **WON** Charlie Hughes 70 Not out. Nick Smith 4 wickets for 31 runs. Jimmy Simmons 4 wickets for 27 runs.

5th July: Lewdown 2nd XI 174/5. Bovey Tracey 4th 143/AO. **WON**

Johnny Knight 70 not out. Rijesh Benans 3 wickets for 12 runs.

12th July: Lewdown 1st XI 215/7. Stoke Gabriel 2nd 106 A/O. **WON**

Keith Maynard 82, Nick Smith 64. Keith Maynard 4 wickets for 8 runs !!

13th July: Lewdown 158 A/O. Ivybridge 4th 161 for 1. **LOST**

HOME FIXTURES: (1.00pm start)

Saturday 26th July – No game (1st XI away to Brixham)

Saturday 2nd August 2nd XI vs Stoke Gabriel

Saturday 9th August 1st XI vs Kingsbridge

Saturday 16th August 2nd XI vs Yelverton Bohemians

Saturday 23rd August 2nd XI vs Abbotskerwell

Saturday 30th August 1st XI vs Babbacombe

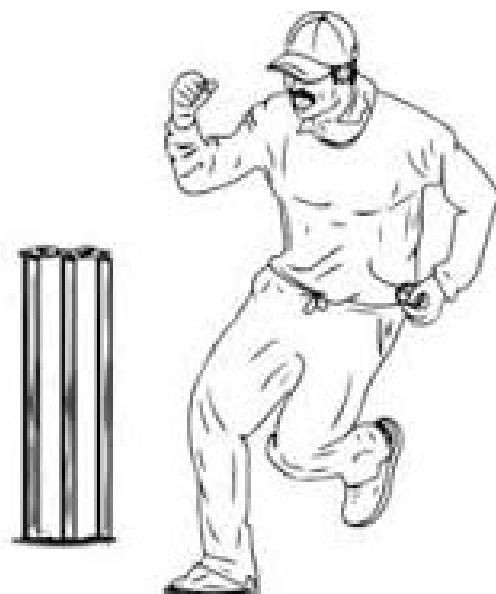
50/50 Draw: Tickets are £5 each. 50% of the money goes in to the prize fund and the other 50% goes towards running the club and investing in facilities and equipment. Tickets will be available at the club and at the Blue Lion. Equally, If you think you can sell some books of 5 tickets please contact us on the numbers below.

Club Contact:

Geraint Williams 07850 786310

Junior Cricket Coordinator:

Mike Maynard 07974 756136



A Lovely Fresh Greek Salad:

Can't wait to go on holiday? Here is a culinary nod to get you summer ready

For the dressing you need:

3 tbsp. red wine vinegar
4 tbsp. olive oil
2 cloves of garlic
Handful of fresh oregano
¼ tsp salt
Some black pepper

In a bowl, mix vinegar and olive oil, press the garlic, chop the oregano, add to the bowl, season with salt and pepper.

Method:

Slice peppers into strips, cut tomatoes into wedges, add to the dressing. Cut gherkins lengthwise into strips, chop onions into rings and mix with the olives. Arrange everything on a plate, crumble up the feta and sprinkle over the salad, garnish with the mint leaves, season and eat.

By Monique

For the salad you need:

1 red pepper
1 yellow pepper
4 tomatoes
10 baby gherkins
3 red onions
100g olives, stoned
200g feta cheese
Handful of fresh mint or oregano
A little pepper



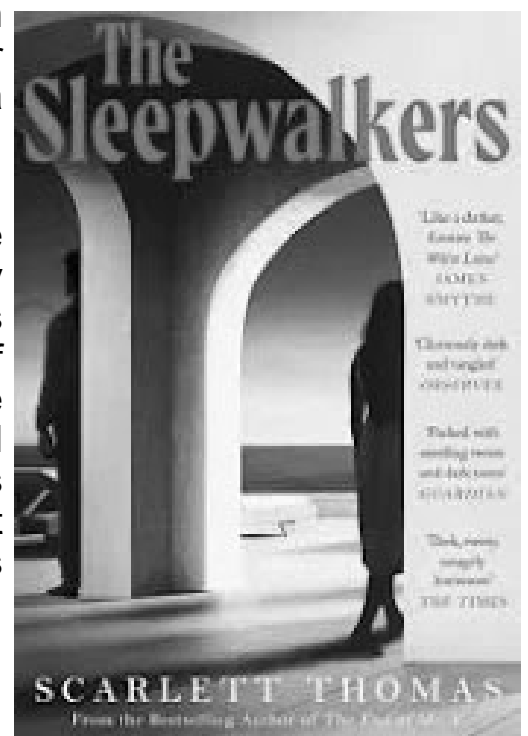
Thriller of the Month: The Sleepwalkers by Scarlett Thomas

Savagely funny and deliciously dark, this enthralling, pitiless novel from the acclaimed author of *The End of Mr Y* follows a couple whose honeymoon in an exclusive Greek island resort metamorphoses into a living nightmare.

Still reeling from the chaos of their wedding, Evelyn and Richard arrive on an idyllic Greek island for their honeymoon. It's the end of the season and out at sea a storm is brewing.

They check in to an exclusive hotel, the Villa Rosa, where the proprietor Isabella — a strangely intense woman of indeterminate accent — flirts outrageously with Richard while treating Evelyn with a rudeness bordering on contempt. Isabella tells them the story of 'the sleepwalkers': a couple who stayed at the hotel the year before and drowned in a tragic and unexplained accident. It starts to feel like the entire island is obsessed with 'the sleepwalkers', but what at first seems like a fun tale to tell before bed quickly evolves into a living nightmare...

Publisher: Simon & Schuster Ltd
ISBN: 9781398528420



STOWFORD COMMUNITY COFFEE MORNING

Come and meet your neighbours for a coffee, cake and catch up!

We meet on the first Tuesday of every month at Stowford Parish Hall.

10am - 12noon. All friends and family welcome.

£3 per person (cash only) which includes a hot drink and homemade cake.

All profits are donated to a charity chosen by villagers.

If you need help with transport, please contact Tracy on 07973 327161



Forgotten Woodland Garden of Lewtrenchard

Summer Barbecue

Sunday 10 August
2.30 - 4.00pm

What could be better than a burger with friends

All Welcome

If weather forecast is poor the event may be postponed so check on our website:
www.forgottengarden.co.uk/category/news



Forgotten Garden of
Lewtrenchard

www.forgottengarden.co.uk

From the Mountains of Japan

No.14 - Car Ownership

If you're from the UK, getting a license and a car is easy. The two countries have an agreement, so if you have a British license, it's as simple as showing up at the local driving centre and taking an eye test. Initial licenses are for one year, with the period extending with each renewal up to about five years in duration. Each time you go to renew, however, you must watch a portion of the dreaded video...

The video is a looping traffic safety documentary of the kind of thing shown in schools. It's very boring, which is why an inspector will walk up and down in the video room, reviving anyone who falls asleep. A guy in front of me nodded off halfway and got woken with a sharp strike from a rolled traffic safety magazine. Usually, you only have to watch about twenty minutes, but if you incur a minor traffic violation, at your next renewal you have to sit through the full 1.5 hours. A stop line infraction last summer means that I'm on the condemned list for early in 2027. I'll be sure to get the coffee in beforehand.



When it comes to buying cars, things can be a little tricky. Anyone can buy a car, but there is a bunch of seemingly pointless paperwork involved. You'll need a personal stamp, a form proving the stamp is yours, proof of address, proof of employment, and proof of

a parking space. None of these are ever found in the same building, meaning multiple trips around town to acquire them. The quirkiest is the parking space document, which requires you to get a photocopy of an aerial map showing your house from the city library, on which you then draw your spot in pencil.

Once this is all submitted, you're good to go. And a fine car it will be too. There's no such thing as a banger in Japan. Every two years, cars are required to pass a strict examination called a "shaken" (literally "car-test") which checks everything from wiper blades to alignment of headlights. There are also hefty inclusive taxes to be paid, so you'll pay upwards of 500 quid even if your car is problem-free. When there is something major to be fixed, it's often cheaper to simply buy a new car. As a result, it's extremely rare to see a car broken down by the side of the road. Twenty-one years in Japan and I've never seen one.

Another quirk of Japan is that car insurance isn't compulsory. You'd be a fool not to have it, though. Referring back to the no bangers thing, if you run into a posh Lexus, you don't want to be paying for the damage out of your pocket.

Chris Ward

Cocktail of the Month 'English Garden'

This charming and whimsical creation finds its roots in the lush landscapes of the British Isles...

...Born from the marriage of classic English ingredients, this captivating concoction pays homage to the idyllic gardens that grace England's countryside.

Sipping on an English Garden is like taking a leisurely stroll through a fragrant English meadow.

YOU WILL NEED:

- 50ml gin
- 25ml Elderflower liqueur
- 25ml freshly squeezed lime juice
- 100ml apple juice
- Mint sprig and cucumber slice for garnish

METHOD:

Add the gin, elderflower liqueur, lime juice, and apple juice. Fill the shaker with ice and shake well. Strain into a chilled glass filled with ice, and garnish with a mint sprig and cucumber slice. Voilà, your very own English Garden!

Lewdown Grouped Parish Council
Coryton, Lewtrenchard, Marystowe and Thrushelton
Abbreviated minutes Minute No 789 Monday 30th June 2025
of Ordinary Meeting held at Lewdown Victory Hall

These minutes are provisional until they signed by the chair at the next meeting of the parish council

Present: Cllrs Yeo (Chair), Mincher (Vice Chair), Alexander, Andrews, Metherell, Perkins, Southcott, Wilkinson. Cllr Mott (WDBC), P. van Delft (clerk).

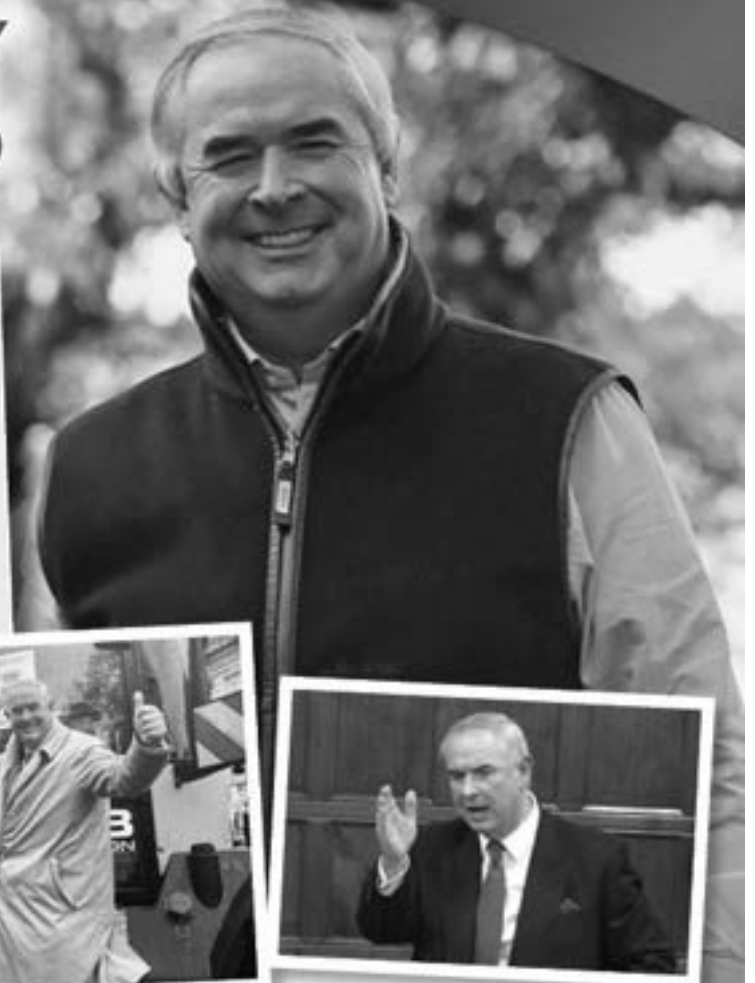
The chair opened the meeting thanking the previous chairman Cllr Andrews for all the work he had done over the past 3 years.

1. Apologies for absence - Cllr McSmythurs
2. Members of the public open forum - none present
3. Declarations of Interest - Cllr Alexander Item 6 planning app. 1415/25/TPO and item 10.
4. Minutes of previous meeting 788 being a true reflection of that meeting was approved and signed by the chair. Proposed Cllr Southcott, seconded Cllr Alexander motion carried
5. Cllr Mott (WDBC) had provided reports and various updates since the last meeting.
6. Planning app. 1415/25/TPO - TPO Ref 1015; T2: Crown reduction by approximately 3 metres, property in close proximity, limited public amenity value. Henerys Garden, Lewdown, EX20 4BS
Council decision - Support - proposed Cllr Yeo, seconded Cllr Andrews, motion carried
Planning app. 1767/25/FUL - Retrospective application to regularise installation of a permeable farm track. Sunnybrook Farm, Portgate, Lewdown, EX20 4PZ,
Council decision - Object - Proposed Cllr Mincher, seconded Cllr Southcott, motion carried.
7. Finance - Payments were authorised for the following; Dean Elliott - grass cutting - May £120.00, Dean Elliott - grass cutting - June £120.00, Vision ICT - New email account £24.00, I.C.O. - Annual subscription £47.00
Proposed Cllr Alexander, seconded Cllr Perkins, motion carried.
8. New Councillors - vacant seats for Coryton and Marystow - no new interest received, it was resolved to place an advert in the Newslink again.
9. Cllr Reports - Cllr Southcott reported that the Speedwatch team needed more volunteer team members to help with the initiative, Cllr Mincher offered his services, training will be provided. Cllr Southcott provided bar charts of the results from the V.A.S, the data will be offered to the police.
10. Play area updates - Draft lease agreement, planning application, protection from cricket balls, inclusion on insurance policy. Cllr Perkins provided a draft response of the draft lease agreement. It was resolved that councillors needed time to consider the contents. It was also resolved that an extraordinary meeting is held asap to consider all the suggestions relating to the lease agreement. Cllr Mincher suggested that other matters relating to the play area that do not involve the lease agreement, planning and S106 are dealt with after all those main issues have been addressed.
11. Highways - Cllr Andrews wished to thank the contractor for the excellent work recently done on the grass verges through the parish's on the West Devon Driveway. Cllr Metherell enquired if the contractor would be prepared to do some additional work to provide even better safety for road and pavement users, the existing grounds contractor also to be contacted if interested in the work, clerk to obtain contact details. Cllr Wilkinson informed that Lewdown and Lifton no longer had central white lines on its highways because it was a safety policy set by D.C.C. Cllr Wilkinson also informed that the recent diversion signage from Chillaton to Tavistock was poorly set out. Cllr Mincher & Cllr Andrews informed that the 'STOP' sign at the crossroads had been promptly repaired by D.H.
12. Lewdown Post Office - Unfortunately the service is now closed. Council thought it to be a great loss to the community causing great inconvenience to all previous users of the Post Office.
13. MABRAKE - Feedback from meeting held on 27th June - Cllrs Andrews, Alexander, Southcott and Yeo attended the meeting. It was reiterated that our Parish Council did not support the latest initiative set out by Mabrake. It was felt that the basis of the meeting did not provide any significant benefit for the Parish Council and was lacking in supportive documentation.
14. Clerk contact details - new email account, and telephone - The clerk informed that the Parish Council has a new email address, when all the new contacts have been uploaded the new address will become live. The old email address will continue to be monitored for a suitable period of time. The clerk informed that he was changing his broadband provider and that the digital telephone number would no longer be available, however a telephone number could be provided if the council thought that a telephone service would be useful, this service could be provided at cost for the council. It was resolved that a telephone service for the clerk was no longer required, motion proposed Cllr Perkins, seconded Cllr Andrews all in favour. Members of the public can still contact the clerk via email or via their parish councillors.
15. Standing Orders - Review & adoption to include new regulations. A motion to approve the new Standing Orders was proposed by Cllr Southcott, seconded Cllr Alexander, all in favour.
16. Correspondence - ElanCity (V.A.S) extension warranty offer. It was resolved that the extended warranty did not provide value for money, motion to not to proceed proposed by Cllr Mincher, seconded Cllr Metherell, all in favour.

Date, place and time of next meeting - Monday 28th July at Lewdown Victory Hall, 7.30pm

SIR GEOFFREY COX KC MP

OPEN SURGERY
LEWDOWN
VICTORY HALL



CONTACT GEOFFREY

Constituency Office
The Rt Hon
Sir Geoffrey Cox KC MP
Lockyer House • Paddons
Row • Tavistock • PL19 0HF

Westminster Office
House of Commons
London SW1A 0AA



TELEPHONE 01822 612925
WEBSITE geoffreycox.co.uk
EMAIL tellgeoffrey@geoffreycox.co.uk
FACEBOOK [GeoffreyCox4TT](https://www.facebook.com/GeoffreyCox4TT)
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Promoted by Mark Slater on behalf of Sir Geoffrey Cox both of Lockyer House, Paddons Row, Tavistock, PL19 0HF.
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*Come and
see me on*
**THURSDAY
7 AUGUST**
11.30AM - 12.30PM

Reflections of a Steam Fireman

We've just had a Train Drivers reunion at Newton St Cyres on July the 3rd, we tried to make it near to July 9th when steam finished, a good turn out, of the six cleaners that started in the summer of 1963. Five of us are still with us, including myself, Roger was unable to attend he left the railway and became an inspector on the buses, we have nicknamed him Blakey, (from on the buses tv series), Ray who ended up at Plymouth on cross country trains, Geoff and Bernie who made up the six applicants that were successful out of two hundred for Eurostar.



I left after Twelve years as a Driver/Secondman, and Nick left at the end of steam to study art at Brighton obtaining First Class Honours, he has Sadly passed away.

When we obtained our privilege passes, six free travel passes, Nick and I caught the train to the Isle of Wight, the ferry was free (then owned by British Rail) and we travelled to the Ryde St John engine shed and asked the Shedmaster if it was possible to look around, when he found out we were from Guilford Loco he gave us a guided tour, including the works, explaining what repairs were undertaken to keep their fleet of engines in good order, tea and biscuit followed, after we thanked him for his kindness and he suggested we travel to Newport, Cowes and Medina coal wharf, a very enjoyable day out.

The 0806 from Woking to Salisbury was changed to relieve Nine elms crew at the station the 0718 from Waterloo this consisted of five coaches and three to five large vans, the locomotive was a Bulleid Pacifics or sometime a standard class 4-6-0 5mt, stop all station to Salisbury now bulleid pacifics are very difficult to pull away without slipping it requires a technique and John my driver was

very capable he explained to me how this was achieved and let me have a go on a flat station, Fleet for instance, we were rostered all week on this turn, relief at Salisbury and return with a stone train to Woking.



On the Friday we had a request from a Fireman to travel with us, he was from Stratford loco North London where steam had finished, I explained to him about the west country engine we had that day and how to fire to the firebox, and said would he like to have a go and I would maintain the water in the boiler. I have never seen someone so pleased to do a dirty job in my life. We said goodbye to him at Salisbury as he travelled on to Exeter.

Tom

Young Farmers: July has been another busy month for the club, as we started off the month with a game of rounders with Tavistock YFC, followed by pizza which was an enjoyable evening for all. Next up the first Saturday of July our mixed cheerleading team with Clawton YFC headed up to Staffordshire county show ground for the national competition



finals alongside lots of other Devon teams who were competing in various speaking, dance, farm skills & sports competitions. Our cheerleading team unfortunately weren't placed in the top 3 but this doesn't take away the great honour to represent Devon and the South West Area at the National finals. For most of the team this is their second cheerleading national finals which is a huge achievement for them all and the clubs, so a massive well done to all those involved- Charlie

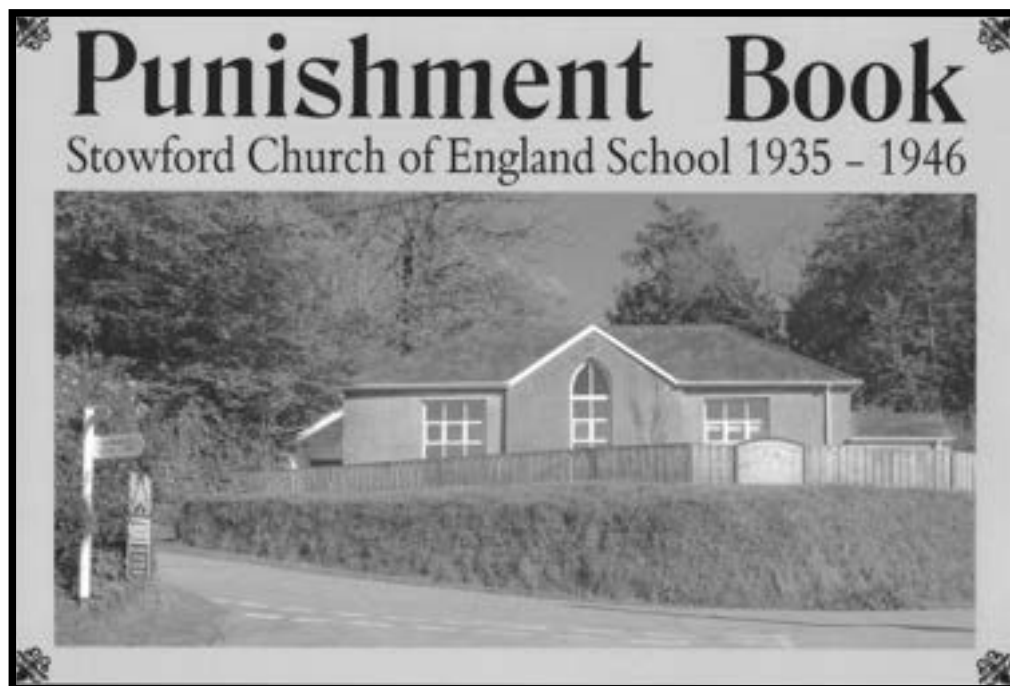


Crocker, Thomas Martin, Phoebe Ogborne, Evie Pitts from Lewdown YFC & Charlotte Moys, Lauren & Jaz Moon and Ryan Hawkins from Clawton YFC.

On the 9th July members joined up with Tarka YFC Group to visit Halse South West based near Exeter, one of the largest machinery firms in the South West. Members learnt about the history of the business and looked around their current purpose built premises followed by Pizza and drinks. A big thank you to Phillip Halse and team for showing us around and the kind hospitality.

Members are looking forward to Tarka group rally at the end of July, kindly being hosted by Buckland Brewer YFC this year. Last year we achieved 3rd place, so can we do better this year?! Results in the next newsletter...





This the tenth and final in this series of excerpts from **Stowford's School Book of Punishments.**

The last entry was on 29th November 1946, the following entries relate to those children who transferred to Lewtrenchard School after Stowford School

had closed. I am not sure of the exact date of closure, however, the school was registered as a deed on 25th July 1923 and that the school property was permitted by an act of parliament to be sold or let to on 31st March 1950. On 29th November 1950 Stowford Parish Council became the new owners of the property for the sum of £275, the chairman at the time was William Davey.

May I take this opportunity to thank Julie Chick for loaning the book so that it could be serialised and also thanks to Simon Hedger for helping to put this series together for publishing.

Peter van Delft

Date	Name of Child	Age	Offence	Amount of Punishment
1952 December 1 st	Kenneth Bettea	10 13	Stealing an orange	Smacking on seat
1972 December 5 th	Peter Earle Graham Perkins	10 11	Fighting one another with an exercise book	Two smacks on seat each
1974 May 8 th	Roger Jones	8	After being told to leave old lobby, trying to re-enter by violently rattling door handle	One smack on seat.
1974 May 21 st	Lomse O'Hara	6	Sticking a needle into the top of David Bridgemans head.	Two smacks on legs
1975 November 6th	David Monks	6	Pushing the headmaster in the stomach and saying "hello mate" after several warnings.	One smack on bottom.

Farming Report

Well what a dry and hot start to July we had! Although we think it's bad down here, up country have got it 10x worse with no substantial rain in months with all the fields burnt up and I know of many farmers who have only 30-40% silage for the winter of what they would normally have. On the farm we have been busy moving cattle around to fresh fields, and fertilising & topping off the fields they moved from for regrowth. We've also been putting in new water troughs in fields as many of them are too small for the amount of cattle in the



field and with the increasingly hot summers they are no longer fit for purpose.

With the one day summer shows not long to go we've been halter training the team for this season. I've decided to take a cow and calf, our stock bull and a yearling heifer, luckily the cow and bull are already halter trained from previous years. Our first show is Woolsery on Monday 28th July followed by Launceston on the Thursday after. Fingers crossed for good weather!!

Becky Dennis

Lewdown Produce Show

August 23, Lewdown Victory Hall 2.30pm

The show schedule is available to pick up in Copper's Stores

There are plenty of classes for everyone to enter



Photography:

The Bird Table

Sunset

A Doorway

Handicraft:

An Item Made with toilet rolls

A homemade Birthday Card

An Item of Knitting, Crochet, Needle Felting or Tapestry

A Decorated Wooden Spoon

An Animal Made from Fruit or Vegetables

Produce:

Please refer to schedule - Classes List Page 24-26

If anyone has any cups or trophies that have been won in past years at the Lewdown Produce Show then please return them to Sarah or Andy Nash. Thank you!

Gardening Jobs For August

We certainly had plenty of sunshine in July! This month plays host to a number of local village shows, with the Lewdown village show on Saturday 23rd being the crowning glory on what is sure to be a great month.

Top tips for the shows:

Last year I shared a few top tips for getting ready for the shows, and this year I've got a few more which I hope will come in handy:

- Plan and prepare your transport in advance. While most vegetables can simply be transported in trays, flower displays and vases of cut flowers need more care. I tend to use old buckets to transport a few vases in each, as the tall sides reduce the chances of the contents falling over.
- Start selecting your entries early, you can use coloured ribbon or string to mark things like runner beans, tomato vines and cucumbers while they continue to grow on the plant. This way you won't accidentally snip off a potential prize winner before it's time to pick them.
- It may sound silly, but take a photo of your entry form before handing it in. That way you won't spend the evening before the show scratching your head trying to remember exactly what classes you entered, and won't waste time preparing for classes you didn't actually enter.
- At the village shows, bigger doesn't always mean better, unless the class is heaviest potato. In most of the classes the judges are looking for a nice uniform set, which have been well grown and well presented.
- The more entries the better, so give as many classes as possible a go and who knows you might have yourself a winner. At the end of the day, the local shows aren't about winning and are all about supporting a great local event!



Other jobs for this month:

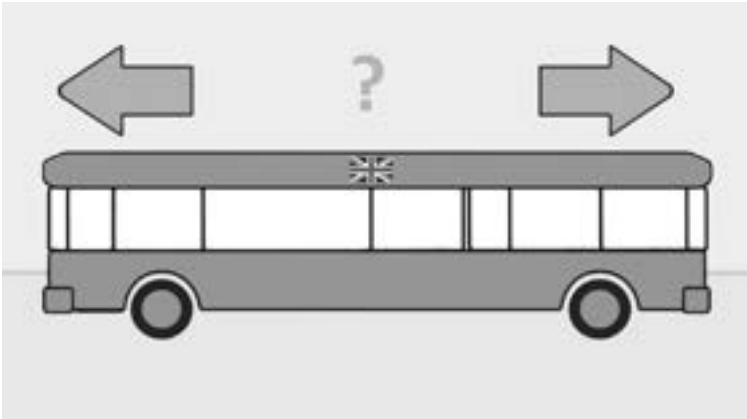
- As your onion tops start to yellow and fall over, dig them up and lay them somewhere dry to cure. This can be on the soil (if the forecast is good) or they can be hung up in a shed or a greenhouse out of the rain.
- Keep on picking flowers such as dahlias, and then, can you not only enjoy vases of cut flowers in the house, but the blooms will continue all summer long.

May the weather be with you!

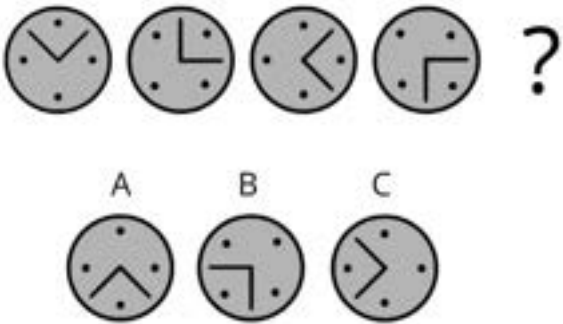
Liam

Puzzle Page

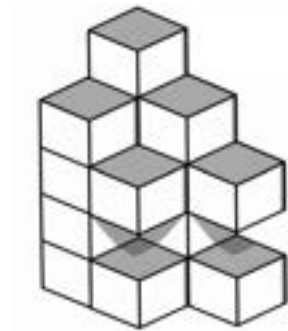
Which direction is he bus moving in:



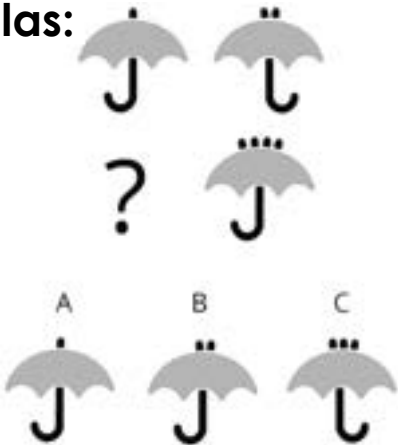
Typical IQ test puzzle with clocks:



How many cubes can you count?



Another IQ test puzzle, now with umbrellas:



August's Evil Sudoku

6		1					4	
2	5					1	6	
	9		3					
9				2	5			1
	1	4						
				9		3		
	8			3			9	2
						4		
		2					3	8

Morse code visual riddle:
Decipher like a pro:



July Answers

Strike:

Answer: 13, 39, and 48

This one is tricky because it doesn't tell you how many pins you need to knock over, so it could be any combination of the pins. But that's the only combo that adds up to exactly 100!

Do the maths:

6	×	3	÷	9	=	2
-		+		-		
5	+	1	-	4	=	2
×		÷		+		
7	×	2	+	8	=	22
=		=		=		
7		2		13		

Riddles:

Q: Throw away the outside and cook the inside, then eat the outside and throw away the inside. What is it?

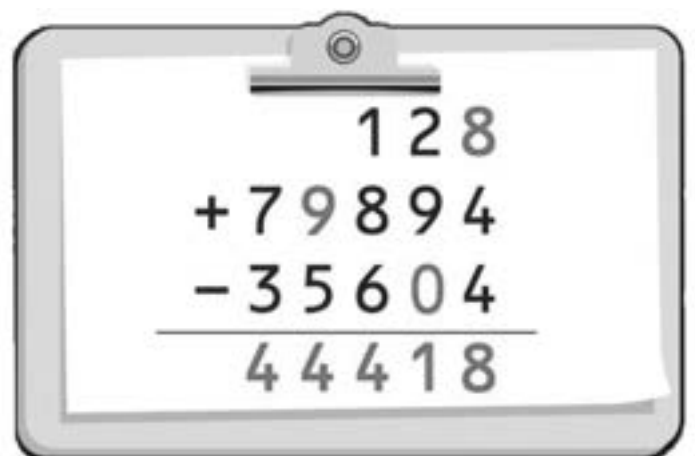
A: Corn on the cob.

Q: What is always in front of you, but can't be seen?

A: The future.
Q: You'll find me in Mercury, Earth, Mars, Jupiter, Saturn and Uranus. But never Neptune, or Venus. What am I?

A: The letter "R".

Maximize:



Evil Sudoku

4	2	7	6	5	8	1	3	9
9	1	5	4	3	2	8	7	6
6	8	3	9	1	7	5	4	2
1	3	2	8	6	5	7	9	4
7	6	4	1	2	9	3	8	5
5	9	8	3	7	4	6	2	1
2	5	6	7	4	3	9	1	8
3	4	9	5	8	1	2	6	7
8	7	1	2	9	6	4	5	3

Lewtrenchard WI July Report

Seven members and one husband decided to ignore the dark clouds in Lewdown and headed for, hopefully, sunny Postbridge. We've been thinking about having a picnic meeting for some time now, why not make the most of summer.

We met at Ruth's at 10:30 despite the short rain shower just beforehand and decided to go ahead with the picnic.



We arrived at Postbridge where we found a nice picnic table in the sun, started our meeting when more rain set in, so we moved to a sheltered spot and continued with business. We had a good and productive meeting.

The sun came out and we headed for the nearest

picnic table where we enjoyed our picnic lunch and some delicious biscuits made by Susanne. Rain came down yet again, so we headed for the visitor centre and we had a good nose round. It was an interactive and interesting place. Some of us got a bit chilly and craved a cup of coffee so we all decamped to the Two Bridges Hotel where we enjoyed warm drinks and a chat. Everyone agreed that despite the rain it was a nice way to have a meeting.



Date and venue for next meeting: Tuesday August 12 - Afternoon Tea Event from 3pm

Dates for your diary:

12th August Tuesday Afternoon Tea Event

21st August Thursday Coffee morning - Alder Vineyard

25th August Monday Walk, contact Mary E/Lynn

Lewdown Produce Show Classes

There is something for everyone to have a go at. Go on have a go... come along and support the show 😊

Section A

1. Garden News Top Tray (See rules enclosed)
2. Three Salad Items on a Plate
3. Three Carrots
4. Three Onions (Sets)
5. Three Onions (Seeds, untrimmed)
6. Three Beetroot (Round)
7. Six Runner Beans
8. Three Potatoes (White-Round or Oval)
9. Three Potatoes (White-Long or Kidney)
10. Three Potatoes (Coloured-Round or Oval)
11. Three Potatoes (Coloured-Long or Kidney)
12. The Heaviest Potato (One entry per exhibitor) (1 prize only)
13. One Marrow
14. A bunch of mixed herbs in a jam jar
15. Pair of Courgettes
16. Six Shallots (Any variety)
17. One Cucumber (Greenhouse)
18. Six French Beans
19. Cherry Tomatoes on the Vine
20. One Summer Cabbage
21. Longest Runner Bean (1st prize only)
22. Four tomatoes
23. Any Vegetable not in any of the above classes
24. Two Peppers (any colour)
25. Four Plums
26. Four Apples (Dessert)
27. Four Apples (Cooking)
28. Six Soft Fruit in a Dish

Section B

29. Five Dahlias (Pom-Pom, under 2")
30. Three Dahlias (Cacti)
31. Three Dahlias (Decorative or Ball)
32. One Dahlia
33. One Rose (any variety)
34. Six French Marigold Heads
35. Five Stems of Annuals
36. Five Stems of Outdoor Perennials
37. Six Sweet Peas (Mixed)
38. Four Sweet Peas (One Colour)
39. Three Gladioli (Mixed Colour)
40. One Gladioli
41. Five Rudbeckia Stems
42. Three Stems of Hydrangea
43. Six Fuchsia Heads
44. Any flowering pot plant (Max 8" Pot)
45. Potted Orchid
46. Potted Foliage plant (Max 8" Pot)

Section C- Cookery

47. Jar Blackcurrant Jam
48. Jar Jam (Any other Variety)
49. Jar Fruit Jelly (Any Variety)
50. Small pot of Curd (Any Flavour, Cellophane Cover)
51. Jar Chutney or pickle Mature (Any Variety, at least 2 months old)
52. Pineapple Upside Down Cake
53. Victoria Sandwich (3 egg mix, jam filled, caster sugar dusting)
54. Sultana and Cherry Cake (Set Recipe)
55. Three Cookies
56. Four Cheese Scones
57. Four pieces of No bake Traybake
58. Four pieces of Flapjack

- 59. MEN ONLY- Lemon Drizzle Cake (Set recipe)
- 60. MEN ONLY- Three piece of Chocolate Brownie
- 61. Jar of Marmalade
- 62. Bottle of Fruit Cordial

Section D- Handicraft

- 63. WI Members only- Flower arrangement in a garden hand trowel (Monica Horn Trophy)
- 64. An Item Made with toilet rolls
- 65. A homemade Birthday Card
- 66. An Item of Knitting, Crochet, Needle Felting or Tapestry
- 67. An Edible Necklace
- 68. A Decorated Wooden Spoon
- 69. An Animal Made from Fruit or Vegetables

Photography (6" x 4" unframed)

- 70. The Bird Table Photo
- 71. Sunset Photo
- 72. A Doorway Photo

Section F- Floral Art

- 73. A Basket Arrangement containing Fruit and Flowers (45x45cm)
- 74. An Arrangement in a Cup and Saucer
- 75. A Flower Arrangement in an unusual container (nte 6"x6")
- 76. A Garden in a Seed Tray
- 77. Victory Hall Top Vase
- 78. Tallest sunflower
- 79. Largest Sunflower Head

Children's Classes under 11yrs old

- 80. A Face on a Paper Plate
- 81. 3 Decorated biscuits, decoration only to be judged

All classes can be entered by children and adults

The North Tamar Mission Community



St. Mary the Virgin,
Kelly with Bradstone

St. Mary the Virgin,
Lifton

St. Nicolas,
Broadwoodwidge

St. John the Baptist,
Stowford

St. George,
Thrushelton

St. Peter,
Lewtrenchard

Ministers

Lifton, Broadwoodwidge, Stowford, Lewtrenchard, Thrushelton & Kelly with Bradstone United Benefice

The Revd. Philip Conway, 01566 784462 liftonpriest@yahoo.com
The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice

The Revd. Andy Atkins, 01822 870298 andya4jc@gmail.com
The Vicarage, The Parade, Milton Abbot PL19 0NZ

Churchwardens

Lifton - St Mary's

Mrs E Brown 01566 784386

Sarah Chandler

Broadwood - St Nicholas

Mr D Perkin 01566 776758

Stowford - St John the Baptist

Mr C Chick 01566 783223

Lewtrenchard - St Peters

Mrs A Westlake 01566 783909

Mrs R. Dawe 01566 788838

Thrushelton - St George

Mr A J Nash 01566 783274

Mr T Nash 01566 783320

Kelly with Bradstone - St Mary's

Mr W Kelly 01822 870393

Marystowe - St Mary the Virgin

Amy Harrowell 01822 860181

Joy McSmythurs 01822 860630

Coryton - St Andrews

Mr G. Vicat 01822 820254

Mrs J Whitfield 07989 666427

From the Parish Priest

Dear friends,

As I write this Thousands of people are packing up their tents and attempting to start the journey home after attending Glastonbury. NO doubt many of them are looking forward to a long-awaited shower!!

There are many great music festivals taking place over the summer, which people either attend, or enjoy in the privacy of their own environs thanks to the broadcast media, but for me, there is only one, and that is the two month's musical extravaganza we call The BBC Proms!

Everyone knows about the famous last night party, but not everyone is aware of the importance of the Proms to the international Music scene, the encouragement of new composers, the commissioning of new works, and the availability of affordable live music.

The Proms now, are very different from the first season in the Queens Hall in 1895, but they are the same Proms. They have grown and developed, they have become more diverse, both in music performed and in those who perform, able to attend and listen, and they are, arguably, internationally the most important classical Music event in the calendar.

What happens in the church of God now is very different to what happened with the apostles, in the Celtic church, at the reformation, or in the “great days of the Victorian era”, but we are the same church. We grow, develop and evolve, building on what has happened in the past to be the very best version of the church that we can be.

Sir Henry Wood, the founder of the Proms was passionate about introducing new, and often controversial, pieces to the audiences. Many of these were met with derision but are now firm favourites in the hearts and minds of many radio listener and concert goer.

As the church continues to evolve, under the guidance of the Holy Spirit, we engage with new ideas and new concepts, many of which will at first seem foreign or strange, but which end up being eternally treasured. After all, Harvest Festival was at first Parson Hawker’s bright idea! I look forward very much to hearing a mixture of old favourites and new challenging music in this year’s Proms, and equally looking forward to some reassurance, challenges and growth in our church life.

With love and prayers

Philip

Service times for August 2025

Any updates will be posted on the Mission Community Website <https://north-tamar-churches.org>

3rd August	6pm	on the eve Saturday 2nd August Vigil Eucharist at Kelly
		Trinity 7
	9.30am	Parish Eucharist at Lifton
	11.15am	Parish Eucharist at Stowford
10th August	6pm	on the eve Saturday 9th August Vigil Office at Kelly
		Trinity 8
	9.30am	Parish Eucharist at Broadwoodwidger
		Morning Prayer at Thrushelton
	11.15am	Parish Eucharist at Lewtrenchard
17th August	6pm	on the eve Saturday 16th August Vigil Eucharist at Kelly
		Trinity 9
	9.30am	Parish Eucharist at Lifton
	11.15am	GIFT service at Stowford
		<i>A service for the very young and those who care for them.</i>
24th August	6pm	on the eve Saturday 23rd August Vigil Office at Kelly
		St. Bartholomew the Apostle
	9.30am	Parish Eucharist at Thrushelton
	11.15am	Parish Eucharist at Lewtrenchard
6.30pm		Flower Festival Service at Broadwoodwidger <i>See separate notice</i>
	31st August	Trinity 11
11am		Summer Celebration and Barbecue at Kelly House Gardens
		<i>See separate notice</i>

Wednesday Morning Eucharist: 10.30 at Lifton

There will be some occasions when the Wednesday Morning Service will be a service of Morning Prayer.

Bridestowe Methodist Church

Preachers for August 2025

3rdh	Drop in the Ark	10:30 - 12:30
10th	A Bandfeld S	11:00
17th	US at CofE	09:30
24th	Local Arrangements	11:00
31st	J Hill	11:00

St. Mary the Virgin, Marystowe

Please see the church website www.southtamar.church for details about services.

Services are also available online from 6pm on Sundays.

Quakers

Meeting for Worship:

Tavistock

Every Sunday 10.00am.

4 Canal Road

Tavistock

Contact: Kay Nicholson
01822 614596

Okehampton

Second Sunday 10.30am.

Fourth Sunday 10.30am

Second Sunday Children's Meeting

Ockment Centre

North Street

Okehampton

Contact: 01837 55805

Roman Catholic Services

Tavistock

Sunday 9.15am

Holy Days 10am

Fr. Greatbatch 01822 612645

(P. Sparling 01822 860355)

Okehampton

Sunday 11.15am

Sunday 5.30pm

Chagford - Saturday 5.30pm

Fr. A. K. Gundabathina 01837 52229

anil.gundabathina@prcdtr.org.uk

Launceston

Sunday 10.30am

Holy Days 7.30pm

Canon John Deeny 01566 773166



The North Tamar Mission Community

Come and join us for our

Summer Celebration Eucharist and Barbecue



At



The Gardens of Kelly House, Kelly

(in St. Mary's Church, if wet)

Sunday 31st August 2025 at 11am

Please bring seating or blankets

Everyone, and dogs on leads, Warmly Welcome!

*The Parish Church of
St. Nicholas, Broadwoodwider*



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23rd to 25th August 2025

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Sunday 24th August At 6.30pm.

A Warm Welcome to Everyone.



Milton Abbot Grouped Parish Council

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas, along with a list of the local Parish Councillors

www.magpc.co.uk

**Stowford
Parish Hall**



For bookings and enquiries contact Julie Chick Tel: 01566 783223

Email: stowfordparishhall@gmail.com

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Bingo ~ Bake sale ~ summer/winter fair ~ raffles ~
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8am to 8.40 am breakfast club £2 per session

3.15pm to 5.15pm (4.15pm Fridays) after school care including snacks.

For more information, contact the school office on
01566 783273

www.lewtrenchard.devon.sch.uk

Email lewtrenchard@andaras.org



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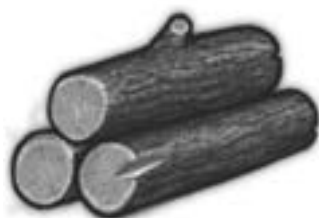
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