

THE AREA MAGAZINE FOR LEWDOWN, CHILLATON, CORYTON,
STOWFORD, MARYSTOWE, THRUSHELTON, LEWTRENCHARD

May 2024

The magazine for all that's going on in your area

50p
donation

Community



Newslink

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Okehampton 01837 650910
Launceston 01566 772468
01566 773918

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Tavistock Area 01822 618028

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Chillaton Football Club 01822 860476
Lamerton Pony Club 01822 860350
Lewdown Past 01566 783396
Lewdown Residents Assoc. 01566 783320
Lewtrenchard WI 01566 783779
Lifton Benefice Churches
Revd Philip Conway 01566 784462
liftonpriest@yahoo.com
Lifton Surgery 01566 784788
01566 784111
Red Spider Company 01566 783505
Recreation Field 01566 783367
Stowford Hall 01566 783223
Victory Hall 01566 783267
Youth Cricket 07847111330
Young Farmers 07443 461344

Advice Helplines

Citizen's Advice Bureau 08444 111444
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Age Concern 01752 665424
Health Information Line 0800 665544
Homelessness Trust 01822 615259
Parentline 0800 8002222
Relate 01392 275681
Samaritans 08457 909090
Tavistock Area Support Svcs. 01822 616958
Age UK 01822 616958
Transport to Health 01822 617525
Victim Support 01822 820455
Youthwise Okehampton 01837 54004

Shop & Post Office

Copper's PO & Stores 01566 783218
Lifton PO & Stores 01566 784211

Front Cover Picture

*A hedgehog at Cheriton Bishop Hedgehog Hospital. Photo: **Genevieve Tomlinson***

NewsLink Archive

www.rawrationsplus.co.uk/lraarchive.html

For us to be able to print and distribute the Community NewsLink it costs approximately £500 a month.

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Thank you for your support

The Community NewsLink

Produced by Lewdown Residents Association

A monthly magazine providing news, information & items of interest for the areas of Lewdown, Chillaton, Coryton, Stowford, Marystowe, Thrushelton & Lewtrenchard

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All news, photographs, reports, events, etcetera for NewsLink need to be sent to the Editor by the 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us.

Advertising in the NewsLink is free for Charity events in our local areas.

Adverts for events outside of the area and for businesses are priced as follows:

	Black & White	Colour
1/4 page	£4/month or £40/year	£6/month or £60/year
1/2 page	£8/month or £80/year	£12/month or £120/year
Whole page	£12/month or £120/year	£16/month or £160/year
Please note that advertising prices are subject to VAT at 20%		

Good evening Dear Readers, it is time again for your intelligence to be assaulted again by my ramblings

Well the good news is it's not raining at the moment, (9th of April), as I look out of the kitchen window, but I am still waiting for a window of opportunity to plant my potatoes, everything else can wait for a while, the ground needs to warm up first.

You will be pleased to know, that the Nash family came to us on Easter Saturday and shared in the first barbecue of the year. For once it didn't rain, although it was rather chilly, so we all were inside.

Big news, grandchild two who has now reached the ripe old age of 6 months, is a fully fledged stapler. He has not one, but two teeth, he will have more than me soon.

Last week Nicky and myself went with other members of her family to Cricket St Thomas in Somerset to be with her parents to celebrate their diamond wedding anniversary on the 4th of April. A marvellous time was had by all, to help celebrate with them this wonderful milestone.

Will close now as the cat is giving me the evil killer vibes as I have not feed it yet. She hasn't worked out the change in the clocks last weekend.

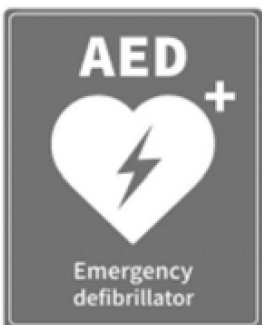
Best wishes to all of you from Tim Nash, Chairperson.

Ps. The other day my son asked me what I knew about Galileo. I said that I only knew he was a poor boy from a poor family.

*Did you hear about the two silk worms who had a race?
It ended in a tie.*

*Why haven't aliens ever visited our solar system?
They looked at the reviews and saw only one star ★*

Lewdown



The Lewdown defibrillator was non-functional and has been removed from the roadside porch of the Blue Lion, a replacement is being sought urgently.

Chillaton

Located in the Village Square on the wall of No. 1 Barn Cottages, PL16 0HS. The 999 operator will be able to give directions for its use.

The Ark

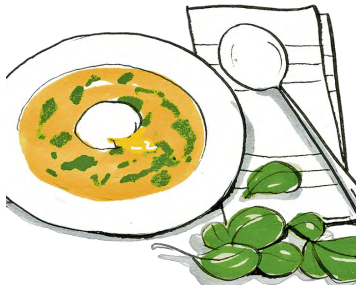


AT BRIDESTOWE METHODIST CHURCH

Is open for teas and coffee and a chat on
Tuesdays From 10am to 12 noon And 2.00pm to 4.00pm
Thursdays From 10.00am to 12 noon
Do come and join us, you will be made most welcome.
You will find us on **Launceston** Road, Bridestowe.

Soupa Troopers

All welcome to this community event



Wednesday May 8th
From 12.30pm in Lewdown Victory Hall
Soup and a Bread Roll, Tea or Coffee - £4
Followed by conversation & games

Monday to Friday
8.45am to 3.15pm
2-5 year olds

Led by Lisa Broadbridge
Early Years Teacher

Please phone for availability
Early Years Foundation Unit with plenty
of safe outdoor space.

We accept 2gether funding for 2 year
olds and Early Years Education Funding
for 3 year olds.

Respect
Kindness
Responsibility

FLS

Friends of Low Trenchard C of E Primary School

We have an amazing team that
fundraise to enhance our children's
learning journey. Please see our FLS
Facebook page, school website and
local adverts to support our fantastic
school.

Bingo ~ Bake sale ~ summer/winter fair ~ raffles ~
jumble sale ~ sponsored activities and much more!

Wrap around care

Available for 3-11 year olds

£2 per hour (1/2 hour bookings available)

8am to 8.40 am breakfast club £2 per session

3.15pm to 5.15pm (4.15pm Fridays) after school care including snacks.

For more information, contact the school office on
01566 783273

www.lewtrenchard.devon.sch.uk

Email lewtrenchard@andaras.org



Lewdown Grouped Parish Council

Coryton, Lewtrenchard, Marystowe and Thrushelton

Abbreviated minutes No 771 of ordinary meeting held on 7th March 2024 at LVH

Present: Cllrs Andrews (chair), Southcott (vice chair), McSmythurs, Mincher, Metherell, Wilkinson, Yeo, Cllr Mott - (WDBC), P van Delft (clerk)

1. The chair welcomed all those present and promptly invited Cllr Mincher to make a statement; Cllr Mincher informed that he had for a limited period a thermal camera to help with the identification of energy heat loss from buildings, some readings have already been made identifying where heat loss is taking place. Energy savings can be made. Cllr Alexander will continue to take readings in the short term when requested. Results from the readings to be available at the next meeting.
2. Apologies for absence - Cllrs Alexander and Perkins
3. Members of the public open forum - 5 parishioners present - A request from a parishioner asking for action to make restricted parking on Stoney Lane in the vicinity of her property because medical services were not able to gain vehicle access to her neighbours' property. The police were asked to intervene so that the medical services could carry out their duties. The parishioner stated that if the Fire brigade were involved then parked vehicles in that area would seriously hinder their assistance. Cllrs Andrews, Southcott, Mincher and McSmythurs would look into the matter.
A parishioner raised issues relating to planning app. 0255/24/ARM including water related issues, a possible contamination issue, security, lighting, noise abatement and phase two of the development site made no mention of waste water removal measures. The chair thanked the parishioner and would consider those issues when determining the application.
A parishioner thanked the council for the prompt response to his correspondence relating to the pot-holes in Stoney Lane.
4. Declarations of Interest - Cllr Yeo relating to planning application 0065/24/FUL
5. Minutes of previous meeting 770 being a true reflection of that meeting was approved and signed by the chair. Proposed Cllr Southcott, seconded Cllr McSmythurs, motion carried.
6. Planning app. Ref:- 0065/24/FUL - Demolition of existing dwelling & 1 x proposed new build dwelling to be constructed on same site including driveway and garage, including refurbishment of corrugated metal shed, gardens and orchard area (resubmission of 2013/23/FUL) Wheatley Cottage, Lewdown, EX20 4QW Council decision - Support - Proposed Cllr Metherell, seconded Cllr Mincher, motion carried. Cllr Yeo asked to be excused from the decision process for this application.
Planning app. Ref:- 0255/24/ARM - Application for revised matters submission in respect of appearance, landscaping, layout & scale following outline consent 1666/20/OPA for the erection of 30 dwellings. Jethros Coach House, Lewdown, EX20 4DS. Council decision - Object - Proposed Cllr McSmythurs, seconded Cllr Mincher, motion carried Cllr Southcott abstained
7. Finance - Payments were authorised for the following; Lewdown Cricket Club - Donation £215, Community Newslink - Donation £200.00, Peter van Delft - admin sundries £64.83, Mat Electrics - Air Ambulance lights service £137.45, Vison ICT - Annual website support £ 161.26. Proposed Cllr Southcott, seconded Cllr McSmythurs, motion carried.
8. Outcome from meeting with South West Water at the Lewdown treatment works. Cllr Andrews reported that several council members attended the site meeting that

was hosted by SWW representatives. It was reported that outflow data was not yet available for 2023, councillors were shown the existing reed beds that could be used for the filtration of water prior to final discharge. Concern was raised from councillors about storm tank storage but SWW informed that the existing capacity was sufficient. S.W.W did not address the questions that were raised by the council prior to the meeting, the clerk was asked to seek a response for those questions. Cllr Yeo thanked S.W.W. for the site visit.

9. Cross-roads development - No update for outstanding issues are available.
 10. Defibrillator - Repair/renew - Cllrs Mincher and Southcott provided grant information that could help with the purchase of a replacement. The clerk to enquire further.
- Date, place and time of next meeting Monday 25th March, Lewdown Victory Hall, 7.30pm

Lewdown Grouped Parish Council

Coryton, Lewtrenchard, Marystowe and Thrushelton

Abbreviated minutes No 771 of ordinary meeting held on 25th March 2024 at LVH
These minutes are provisional until they signed by the chair at the next meeting of the parish council

1. Apologies for absence: Cllrs Wilkinson & Cllr Mott (WDBC)
2. Members of the public open forum - Seven members were present - Concern was raised with regard to planning application 4164/23/OPA, this included drainage from site and the impact on neighbouring properties, ecological survey inconsistencies, not in keeping with surround area, also the travel and employment statement. The chair thanked those attending for all their comments and said that those concerns would be considered when determining the application.
3. Declarations of Interest - Cllr Southcott item 9.1
4. Minutes of previous meeting 771 being a true reflection of that meeting was approved and signed by the chair. Proposed Cllr McSmythurs, seconded Cllr Metherell, motion carried.
5. Cllr Mott (WDBC) report - A monthly report had been circulated to all councillors.
6. Housing survey WDBC response. Cllr McSmythurs asked for the item to be held over to the next meeting.
7. Planning app. Ref:- 0439/24/HHO - Householder application for proposed extension to existing property. The Bungalow, Road from Huddispitt Cross to Cross Roads, EX20 4DR - Council decision - Support - proposed Cllr McSmythurs, seconded Cllr Metherell, motion carried.
Planning app. Ref:- 0704/24/FUL - Erection of an agricultural storage building and formation of an agricultural access track (retrospective). Higher Widdacombe Farm, Lewdown, EX20 4EA - Council decision - support - proposed Cllr McSmythurs, seconded Cllr Metherell, motion carried.
Planning app. Ref:- 4164/23/OPA - Proposed development of 13 No light industrial units with new access road, parking and external works. Land at SX458 868, Lewdown.- Council decision - Object - proposed Cllr Mincher, seconded Cllr McSmythurs, motion carried.
Planning app. Ref:- 0820/24/FUL - Application to extend the garden of Thrushel View, Thrushel View, Lewdown, EX20 4QP- Council decision - proposed Cllr McSmythurs, seconded Cllr Mincher, motion carried.
8. Finance
8.1 Payments were authorised for the following; Cllr Southcott - Refund for VAS

equipment parts £180.92, Peter van Delft - Salary (Feb- March) £527.25, HMRC - Clerk paye £90.60. Proposed Cllr Alexander, seconded Cllr Mincher, motion carried, Cllr Southcott did not vote.

8.2 Caroline Harris - The contract with the Annual payroll provider was renewed, proposed Cllr Yeo, seconded Cllr McSmythurs, motion carried.

8.3 R.F.O. reported a credit balance after payments £19,883.95 proposed Cllr Alexander, seconded Cllr McSmythurs, motion carried

9. New Councillors - vacant seats for Coryton and Marystow, no new councillors.
10. Cllr Reports - Cllr Alexander reported that the highway from Lewtrenchard to Bratton Clovelly has many pot holes and much of the highway is in poor condition. Cllr Yeo reported that the resurfacing work at Sourton Cross was a great improvement.
11. Play area update - Cllr McSmythurs reported that he held a conversation with a planning officer, subject to the actual planning application it was thought that WDBC was supportive of a proposal. Cllr Perkins obtained 3 quotations, Dragon Play, Caledonia Play and Sovereign. Caledonia Play is a local company and has supplied equipment at the Lydford play area. After considered deliberation Cllr Mincher proposed to use Caledonia Play, seconded Cllr Metherell motion carried. Cllrs Perkins and McSmythurs can now proceed further with the draft planning application. The clerk reminded councillors of the time limitation for Section 106 money to use for the scheme.
12. Energy efficiency - Cllrs Mincher and Alexander undertook several house surveys unfortunately the warm weather conditions made the exercise a little more challenging than had it been cooler, from the readings taken at some properties some simple heat-saving measures could be taken so significant savings can be made.
13. Correspondence - Lamerton P.C. Questionnaire - The chair reported that he conversed with LPC and informed that LGPC did not have a Neighbourhood plan. Website security - a Parishioner informed that the website had a contradiction regarding security, the clerk would look into the matter. Message of appreciation for donations received from the Lewdown Residents Association. A card and messages of appreciation was received from a parishioner for the work done by the councillors for the temporary signs erected to help keep clear a small section of Stoney Lane. Cllr McSmythurs reported that he held a conversation with the parishioner regarding the parking problem in Stoney Lane, the advice he received was for the parishioner to contact the local police directly who will look into the matter further. Correspondence was received from a concerned parishioner regarding the council statement on its website, the clerk will action the change required.
14. Defibrillator replacement update - The clerk to be provided details of the equipment that is required so that a quotation and possible grants can be obtained.
9.20pm The meeting went into Part 2 - members of the public were asked to exit the meeting proposed Cllr McSmythurs seconded Cllr Alexander, motion carried.
15. Clerk employment contract update - It was resolved to support the amended contract that reflects the clerks current duties. Proposed Cllr McSmythurs, seconded Cllr Alexander, motion carried.

Meeting closed 9.22pm

Date, place and time of next meeting Monday 29th April, Lewdown Victory Hall, 7.30pm

This is the Annual 4 parish's meeting and will be followed by an ordinary meeting, tea and refreshments will be available.

Lewtrenchard WI April Report

We met on April 08 at Lewdown Victory Hall. Margaret welcomed 19 members Mary (a potential new member), Naomi and our speaker Genevieve. Jerusalem was sung.

Our speaker Genevieve from the Hog Hospital: a trained veterinary nurse, the vet's Genevieve worked for received many ill and injured hedgehogs, as no one had much time she took them under her wing, this spiralled out of control and grew into a hedgehog hospital at her home in Cheriton Bishop. Our hedgehogs are the European type, they come in lots of colours: silver, brown, blond. They have a 6-year lifespan and can weigh up to 1kg. Their closest relatives are moles and shrews, they are unique having no fight or flight instinct, have been around for more than 15 million years, current UK count is ~250,000. They can travel 5 miles in a night, a map of hedgehogs fitted with trackers was



Map shows hedgehogs in EX20 area

of bonfire wood are great for hibernating but check for habitation before lighting. For more info see: <https://bighedgehogmap.org>. Genevieve nurses about 200 hedgehogs a year with an amazing 80% success rate. The Hog Hospital self-funds, it receives many food donations from members of the public. Spread the word: one saved hedgehog could multiply by 400 a year. Helping them to survive helps us with climate change. Genevieve is clearly very passionate about these cute animals; her talk was interesting, informative and inspiring.



**Date and venue for next meeting: Monday May 13, 2024 at 7.30pm, Lewdown Victory Hall
Annual Meeting Members Only**

May dates for your diary:

16 - Coffee morning at Roadford Lake

27 - Monday Walk to Meldon - bring sturdy boots and a walking stick

**The Gin Appreciation Society
Invites you to
The First Annual Gin Tasting Meeting**

*On June 14th 7.30PM
at
Stowford Village Hall*

*For Queries and bookings please call
Peter VanDelft - 07973 359050*

*Further Information to be released
Next Month*

Bridestowe Methodist Church

Preachers for May 2024

5th	Drop in the Ark	10:30 - 12:30
12th	D Madders	11:00
19th	US at C of E	09:30
26th	A Morgan	11:00

St. Mary the Virgin, Marystowe

Please see the church website www.southtamar.church for details about services.

Services are also available online from 6pm on Sundays.

Quakers

Meeting for Worship:

Tavistock

Every Sunday 10.00am.

4 Canal Road

Tavistock

Contact: Kay Nicholson
01822 614596

Okehampton

Second Sunday 10.30am.

Fourth Sunday 10.30am

Second Sunday Children's Meeting

Ockment Centre

North Street

Okehampton

Contact: 01837 55805

Roman Catholic Services

Tavistock

Sunday 9.15am

Holy Days 10am

Fr. Greatbatch 01822 612645

(P. Sparling 01822 860355)

Okehampton

Saturday 6pm

Sunday 11am

Chagford - Sunday 9.00am

Fr. A. K. Gundabathina 01837 52229

anil.gundabatina@prcdtr.org.uk

Launceston

Sunday 10.30am

Holy Days 7.30pm

Canon John Deeny 01566 773166



CHURCH NEWSLETTER

Ministers

United Benefice of Lifton, Broadwood, Stowford,
Lewtrenchard with Thrushelton & Kelly with Bradstone

The Revd. Philip Conway, 01566 784462

liftonpriest@yahoo.com

The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice

The Revd. Andy Atkins, 01822 870298

andya4jc@gmail.com

The Vicarage, The Parade, Milton Abbot PL19 0NZ

Churchwardens

Lifton - St Mary's

Mrs E Brown 01566 784386

Sarah Chandler

Broadwood - St Nicholas

Mr D Perkin 01566 776758

Kelly with Bradstone - St Mary's

Mr W Kelly 01822 870393

Marystowe - St Mary the Virgin

Amy Harrowell 01822 860181

Joy McSmythurs 01822 860630

Coryton - St Andrews

Mr G. Vicat 01822 820254

Mr R. Searight 01822 860148

Stowford - St John the Baptist

Mr C Chick 01566 783223

Lewtrenchard - St Peters

Mrs A Westlake 01566 783909

Mrs R. Dawe 01566 783127

Thrushelton - St George

Mr A J Nash 01566 783274

Mr T Nash 01566 783320

Service times for May 2024

Any updates will be posted on the Mission Community Website north-tamar-churches.org.

5th May Sixth Sunday of Easter

8am Eucharist at Stowford

9.30am Parish Eucharist at Lifton

11.15am Parish Eucharist at Kelly

9th May The Feast of The Ascension Of Our Lord

7pm Festival Eucharist & Party at Orchard Barton

See separate notice

12th May Seventh Sunday of Easter

9.30am Parish Eucharist at Broadwoodwidge

9.30am Morning Prayer at Thrushelton

11.15am Parish Eucharist at Lewtrenchard

4pm Evensong at Lifton

19th May The Feast of Pentecost

9.30am Parish Eucharist at Thrushelton

Morning Prayer at Broadwoodwidge

11.15am Parish Eucharist at Lewtrenchard

3pm SBG Festival of Marriage & Family Life at Lewtrenchard

See separate notice

26th May Trinity Sunday

9.30am Morning Prayer at Broadwoodwidge

Parish Eucharist at Thrushelton

11.15am Parish Eucharist at Lewtrenchard

Wednesday Morning Eucharist: 10.30 at Lifton

There will be some occasions when the Wednesday Morning Service will be a service of Morning Prayer.

From the Parish Priest

Dear friends,

This year, because of the date of Easter, May is a month full of celebrations!

There have been some wonderful celebrations in our churches recently. Our commemorations of our Lord's Passion Death and resurrection were appropriately solemn and joyful, and our gathering at Broadwoodwidge for our confirmation service was indeed a very special occasion. Huge thanks to everyone who contributed to our church life and worship for these occasions.

The celebrations continue, with Ascension Day on the 9th May. This is a Principal Feast: as important as Christmas and Easter, but often forgotten about. Do please come and join us as we celebrate the triumph of Christ ascending into Heaven. This is one of those occasions when we are taking Church out of the building, this time to the lovely Barn at Orchard Barton. Where we will celebrate both with worship and with food and Fun!

The feast of Pentecost follows on the 19th, and this year coincides with one of our Baring-Gould Celebrations at Lewtrenchard: celebrating his marriage and family life. This should be a lovely celebration, and everyone is welcome.

Finally, on the 26th there is the Feast of the Most Holy and Undivided Trinity! The day to contemplate the very nature of God.

We celebrate the love of God in the context of a world that seems to have forgotten what love is. The news from the Holy Land, Ukraine, and many other places is both deeply saddening and frightening. But we are taught that there is no situation, and no person, or group of people, that are beyond the reach of God's love.

As we celebrate the truths of our faith, we should not rest in prayer and action to work for the Love of God in heaven to be demonstrated by his people on earth.

With love and prayers,

Philip



STOWFORD COMMUNITY COFFEE MORNING

Support this new venture and come and meet your neighbours for a coffee, cake and catch up!

When?

10am-12 noon on the first Tuesday of every month.

Where?

Stowford Parish Hall.

Cost?

£3 per person (cash only) which includes a hot drink and cake.

Profits will be donated to a charity chosen by SCCM.

All friends and family welcome.

If you need help with transport, please contact Sarah on 07801106702 or Tracy on 07973327161



Red Spider Youth Theatre News

👶 New Members Welcome 👶

An opportunity for children to delve into the wonderful world of drama and performance!

Red Spider Youth Theatre encourages imagination, creativity and confidence.

Led by professional Drama Practitioner and Director, Di Ffitch (BA Hons, PGCE), the fortnightly sessions include a wide range of drama based activities, with participants aged 8-18, working as individuals, in small groups and as a team. Regular sessions: 1st, 3rd & 5th Saturdays of the month. Lewdown Victory Hall from 2-3.30pm. Next performance: 30th June 2024.

Email: RSYTheatre@gmail.com **to enrol**

Red Spider News

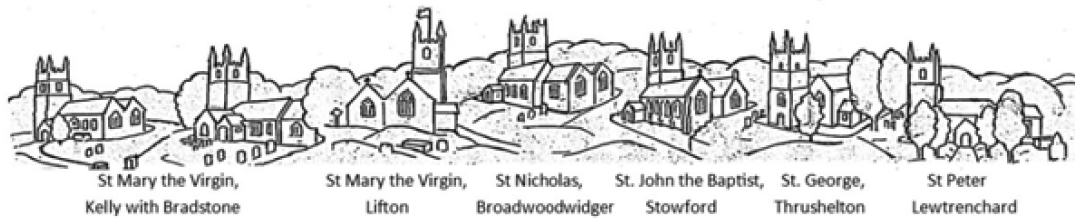
Social playreading: 21st May - 7pm - Lewdown Victory Hall. We will be reading Kindertransport by Diane Samuels. The play tells the story of 9 year old Eva, a German Jewish girl, who is sent by her parents to start a new life with an English foster family.

Martin Perry 01409 221376 (**membership**)

www.redspidercompany.co.uk



The North Tamar Mission Community



The Christian Faith is about **Challenge**

as well as Consolation.

*Come and Join us to face
the Challenge of the Gospel*



Begin Lent in Prayer at our

Ash Wednesday Eucharist

**The Parish Church of
St. Mary the Virgin, Kelly
Ash Wednesday**

14th February 2024 At 7pm.

Everyone Warmly Welcome.

The Parish Church of St. Peter Lewtrenchard



***You are invited to join us for a
celebration of
Christian Marriage and Family Life***

*As part of our commemorations of the centenary of the
death of Sabine Baring-Gould on the Sunday before the
156th anniversary of his marriage to Grace.*

Sunday 19th May 2024 at 3pm.

Followed by a celebration Tea

*You are welcome to bring photos and
memorabilia of your wedding,
wherever it took place!,*

Any enquiries to: revdsbg100@yahoo.com

Or 01566 784462

Mothers' UNION



PLCC SUMMER WALK JUNE 2024 AND TEA PARTY AT MOTHECOMBE HOUSE GARDENS

PL Charity Club (PLCC) offers grants of up to £500 to children and young people living in Plymouth and the PL postcode areas to nurture potential, build confidence, or just help make life a little bit easier. www.PLCC.org.uk. The strain of the cost of living has increased the demand for grants, which make a huge difference to individuals and groups.

Our PLCC June '140' Challenge circular walk will cover 140 miles around PL postcodes in Devon and Cornwall. 14 walks in 14 days throughout June will follow national walking trails including the SW Coast Path from Plymouth to Mothecombe, traverse Dartmoor on the Two Moors Way, High Moor Link and Abbotts Way to Lifton, then follow the Tamara Coast to Coast Way returning to Plymouth, Royal William Yard on Sunday June 23rd.

Walks in your area:

Friday June 7th: Ivybridge Brewery, 9 am to Holne (13 miles)

Saturday June 8th: Holne, 10 am to Dartmeet (6 miles)

Sunday June 9th: Dartmeet, 10 am to Princetown (6 miles)

Thursday June 13th: Princetown, 10 am to Tavistock (10 miles)

Friday June 14th: Tavistock, 10 am to Lydford (9 miles)

Saturday June 15th: Lydford, 10 am to Lewdown (9 miles)

Sunday June 16th: Lewdown, 10 am to Lifton (6 miles)

How you can support

- Join us for one or more sections of the walk. For further details about all the walks and to reserve a place please email us at plcc140challenge@gmail.com
- Join us for our Tea Party in the Garden at Mothecombe House

Mothecombe House Tea Party in the Garden

Sunday 2nd June, 2.00-5.00 pm

Entry tickets £10 adults (£5 children) to the glorious beachside gardens includes parking, pasty, scones, tea, soft drinks and fun for all the family!

Tickets from: plcc140challenge@gmail.com

Thank you to Mothecombe House, all the pubs, cafes, brewery and organisations along the route who have kindly committed to support this event

FUN FRIENDSHIP FUNDRAISING
AWARENESS

Chris Chapman's Dartmoor Photographs

Visit to an exhibition at Providence Chapel nr. Throwleigh

**Meet at the War Memorial
at 6pm on Tuesday 21st May**



Chris Chapman has been photographing Dartmoor scenes for almost 50 years, capturing the essence of the landscape and the traditional skills and customs of people who live there. A similar event last year was highly recommended by one of our members. The exhibition will also support the upkeep of this Grade II listed chapel, one of the oldest on the circuit.

The exhibition is open to the public from 1200 to 1800 every 2nd Saturday, from May to October (inclusive), but we would like to arrange a private visit, for which a minimum of 10 is required. Therefore: **Please register your intention to join us by 7th May, with a contact number (in case of cancellation or change of plan). Please also let us know whether you can give, or would like, a lift:** phone Esther on 01566 783023.

If you cannot commit this early, you are welcome to contact us after 7th May, to check the visit is going ahead, and to register your interest.

The Chapel is beyond Throwleigh, along some narrow lanes, and directions will be given or you can follow another car. It is about 20 miles each way and car-sharing will be encouraged. Visitors are very welcome: in lieu of our usual fee, please donate generously to the chapel.

Beauty

What is this thing? This beauty that we see.
Is it something we can touch or feel?
And does it mean the same to you or me?
How do we know for sure that it is real?

For I find beauty that is all around
It's there if only you have eyes to see
The barn owl, nightly hunts with scarce a sound
And sits, with turning head upon his lonely tree

There's beauty in the face of a little child
And in a lost but not forgotten face
Who remembered for the way she smiled
For you no one could ever take her place.

Swallows sit, chattering on telephone wires
Ready to leave us for another year
Winters cold and a burning log fire
Then spring soon arrives with skies so clear.

Dewey cobwebs, jewelled by a morning sun
Summer scents of roses, May and sweet briar
Golden colours of the autumn and conker fun
And the smell of fallen leaves upon the fire

The butterfly sips nectar from a buddleia flower
And spreads its wings towards the sun
The smell of earth kissed by a summer shower
That special feeling of a job well done

The clamour of the flighting geese at dawn
Their heavenly voices salute the coming day
Shortening days and the thrill of a frosty morn
As summer, her tenure at last gives way

An evening sky of orange, pink and red
Of stars that almost one can touch and feel
As moonlight comes to put the world to bed
And shadows slowly o'er the meadows steal.

All these things and Oh so many more
Are beautiful in their particular way
To be enjoyed and in your memory stored
And be remembered, come another day

F H Rolfe

From the Mountains of Japan

No.2 - Japan's Terrifying New Year's Eve Visitor

Japan is a land rich in local traditions and folklore, and one of the most interesting comes from the remote Oga Peninsula, which juts out of northern Akita Prefecture into the Japan Sea.

Oga is the home of the Namahage ("Na-ma-ha-geh"), a mountain deity demonic in appearance with straw-covered bodies, which visit every household on the peninsula on New Year's Eve to meet with the head of each family, consult them on the year's harvest and chastise them for any laziness within the family.

The tradition is fairly ritualistic. On New Year's Eve, two or three local men, dressed in horrifying masks and wearing straw clothing, with come crashing into a house, slamming doors, shouting and hollering. The head of the household will then offer them a pre-prepared meal, and a glass of local sake ("sa-keh" – Japanese rice wine), while the Namahage ask about the year's harvest, then begin questioning about any supposedly lazy members of the family.

At this point the Namahage will put on a show of anger, threatening to carry away any lazy children to the mountains (TV news reports of the yearly even show children literally screaming in terror as the Namahage make a show of stealing them away from their parents or putting them into rice sacks (not unlike the Krampus legends of Germany), before they are placated with more sake and Japanese rice cake.



According to the guide at the informative Namahage Cultural Museum, the word "Namahage" originates from a Japanese expression that mean "warming one's feet by the fire", and indeed, one of the items a Namahage carries is a knife for cutting the fire-warmed skin off of lazy people.

The tradition dates back to the Edo Period (1603-1868), and as a public school teacher of many lazy kids, is one I would be happy to see "enjoyed" more widely!

Chris Ward

Scrambled Cities

LION JOB ENDING
TOOK MY ORE
CRIMSON ELBOW
RAPID DISARM

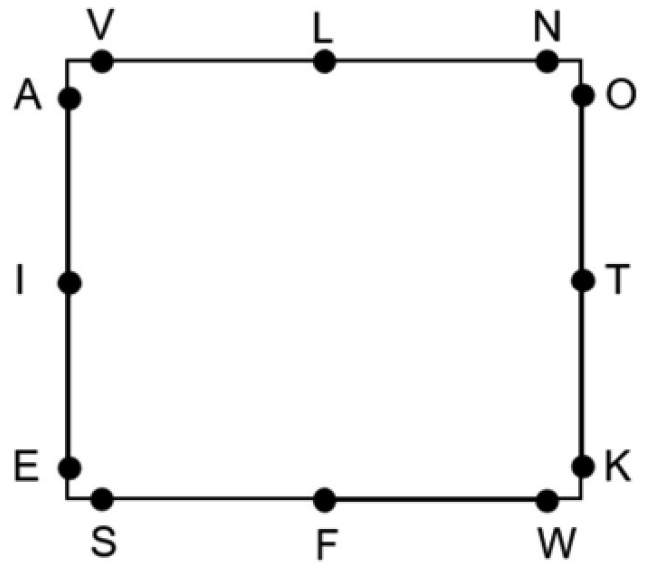
These seemingly random phrases hide the names of eight capital cities around the world. Each phrase contains the name of two cities. Can you unscramble them and figure out what they are? This isn't a trick question! The answer is staring you in the face.

Email your answer to the editor - first to submit wins the kudos of a mention next month!

When my dad was unemployed, he used to hide money in the bushes in our garden. He went on to become a successful hedge-fund manager.

Who's the genius that decided to call it "emotional baggage" and not "grief case"?

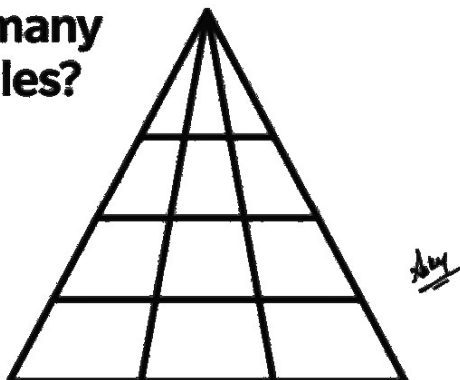
Letter Boxed



- Connect all the letters using 4 or less words
- Word 2 must start with last letter of word 1 and so on
- You cannot use letters from the same side in a row (i.e. SWOLLEN)
- There is more than one solution

Answer next month

How many triangles?



Answer:

The truly "correct" answer is 25. The 25th triangle is hidden in the "A" in the artist's signature. An even more nit-picking user noted there was another triangle in the image if you count the word "triangles."

World's First Crossword Puzzle Solution



8-11 Competition

Write a Poem or Limerick of no more than 5 lines.

Send your entry to the editor by the 15th of May. The winner will be announced in the June edition.

Don't forget to give us your name and age.

Good luck 😊

NewsLink Articles Required

We are looking for articles for our magazine so if you have an interesting hobby, pastime or favourite sport please write about it, take a photo and email over to the editor for consideration.

Thank you, Ed.

Steam

I started my career on the Railway at Guildford Steam Shed 70c, it had ten classes of engine U, N, Q, Q1, S15 Class 3, 4 & 5 standards and standard tank Class 4 & 3 plus the Shed Pilot called Little Jim a USA Tank.

The shed was a half roundhouse which was used for repairs, cleaning, washout, etc. The running shed had seven roads of which No. 2 was for engines that could not fit on the turntable - they drove straight over. As cleaners, we cleaned engines, helped the fitters, boiler washers, boiler smiths, unloaded the store wagon and assisted the storeman. If a duty was changed, we had

to take a call note of change of duty to the drivers and firemen. Also if there was a derailment then the steam crane would be made ready and we rushed out and called the fitters in.

All shed staff were encouraged to further their knowledge, so a driver might ask you if were interested in going with him and ride light engine to Woking and back.

I remember 1963 being very cold, the shed pilot would bring a wagon of coke on No. 7 road, we would unload, then go round riddling the braziers and topping up, to stop the engines from freezing.

In 1964 I passed out from firing school and was put into the old mans gang. No nights, earliest turn 6am, latest 2pm. My driver was Frank Cox who was aged 64. Drivers over 60 could finish their career in this gang.

Next was a move to the running links, the driver was John Carter and he let me drive every other day. I was 17 years old. This was providing I got the engine ready, oiled up, etc.

Unfortunately, he was a part time running foreman so when he was required to do this duty, I was sent on loan to Nine Elms, Felpham or Basingstoke.



I had a week on the table gang at Nine Elms preparing and disposing of engines and placing them in the running shed. Towards the end of the week the foreman asked me to get the 5.30 Bournemouth engine ready, a merchant navy class, I said I would be prepared to go, I was only 17 - let me on that big engine!

I met the driver and he told me to fill the firebox up until it was rolling out of the door then went under the hopper for the best coal and off to Waterloo, back onto the train 12 coaches, put the correct headcode on, plus

electric lights. 5.30pm and we have the right away. 40mph to Clapham, then 60mph to New Malden, then double regulator and she flew, as we approached Surbiton steam was falling, luckily we had to go on the main local at Hampton Court junction, 60mph, my driver turned to look at my fire and said I was firing like a U class, he said two shovels each corner and two in the door and repeat, nothing in the down front - it will shake down there. We turned back onto the main line at Weybridge, next stop Southampton.

It is something quite wonderful when an engine is working flat out and, when steaming freely, the exhaust sucks the fire and you are continually shovelling.

Relief at Southampton and then back to Clapham with a van train standard 5. When we arrived at Clapham I thought I had a night out because my last train had left Waterloo, unbeknown to me control had stopped the train at Clapham to pick me up because I was 17 and not allowed to work nights.

Tom



Recipe of the Month - Asparagus Soup

It's Asparagus time! We could still have more cold & wet weather so here is a recipe for a warming Asparagus soup.

Did you know that Asparagus can help with: Weight Loss, prevent UTIs.

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Ingredients:

2 shallots

500g asparagus

1 tbsp oil

800ml water

200ml single cream

Method:

Peeled and chopped into small pieces

Remove woody end and chop into pieces

Heat in a pan, add the shallots and asparagus and gently fry for 5 minutes

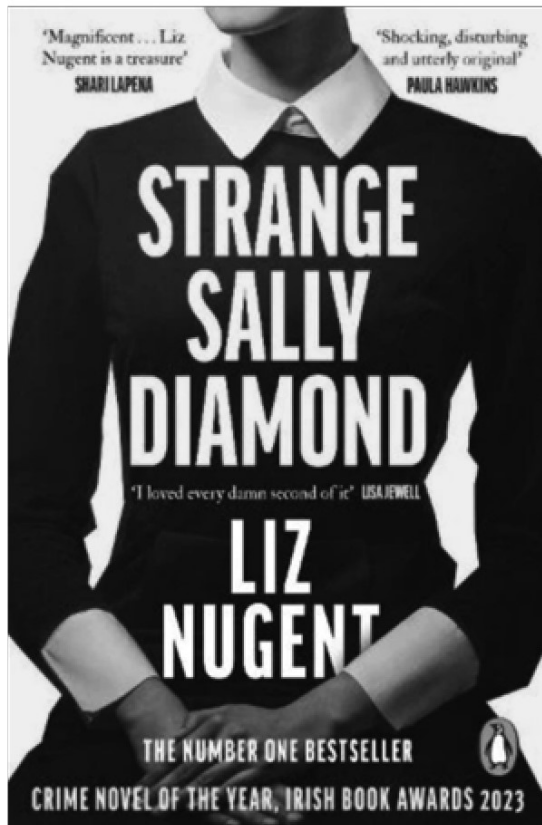
Add water to the shallots and asparagus

Add half of the cream to the mix, bring to a boil, season with salt & pepper, reduce heat and simmer for 15 minutes or until the asparagus are tender, purée and serve with a swirl of the remaining cream



Thriller of the Month for May 2024

Strange Sally Diamond by Liz Nugent



Sally Diamond cannot understand why what she did was so strange. She was only doing what her father told her to do, to put him out with the rubbish when he died. Now Sally is the centre of attention, not only from the hungry media and police detectives, but also a sinister voice from a past she cannot remember. As she begins to discover the horrors of her childhood, Sally steps into the world for the first time, making new friends and big decisions, and learning that people don't always mean what they say.

But who is the man observing Sally from the other side of the world? And why does her neighbour seem to be obsessed with her? Sally's trust issues are about to be severely challenged.

Publisher: Penguin Books Ltd
ISBN: 9780241993576

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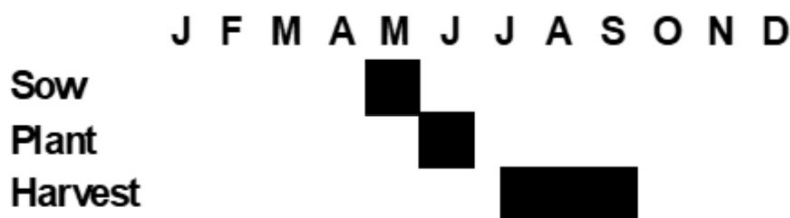
Tickets: Charles Chick - 01566 783223 | Sharon Adams - 01566 783030

Gardening Jobs For May

Don't rush

There is still plenty of time during May to sow lots of 'summer' vegetables, like runner beans, french beans and courgettes, regardless of what the seed packets might say.

These warmth loving plants don't take long to get going, and there is still plenty of time to sow them now, before planting out in June.



Keep on top of weeds

Whilst the warmer weather is great for our plants, it's also great for weeds.. which can so easily get out of control if you don't stay on top of them.

Whilst hoeing is a good option for dealing with small annual weeds (and where there is room between plants), for larger or perennial weeds such as couch grass you'll need to weed them by hand – I find a small knife does the job.

Sow parsnips (and radish)

As the soil warms up, it's a great time to sow your parsnips, and I like to sow radish in between the rows (see below diagram) for two good reasons:

1. The radish act as a sort of 'sacrificial' crop which will hopefully draw slugs away from your precious parsnip seedlings
2. Parsnips take a long time to germinate (often 3 to 4 weeks) and so the quick to emerge radish help mark out the rows, and then utilise the space between the parsnip rows which would otherwise be wasted

	x		x		x	
	x		x		x	
	x		x		x	
	x		x		x	
	x		x		x	

| = Row of parsnips

x = Row of radish

Happy gardening!

Liam



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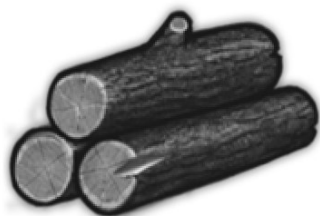
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